

City of Auburn Hills Community Center Spring Gym Schedule—April & May 2026 Subject to Change

Monday			
	Open Walking 8:00A-9:30A Open 55+ Pickleball <u>Ends May 20th</u> 9:30A-12:30P	Exercise with Amanda 1:00P-2:00P	Open Basketball 5:00P-8:30P
Tuesday			
	Open Walking 8:00A-9:30A Chair Yoga 11:30A-12:30P	Pickleball for Beginners Volunteers may be available to teach 1:30P-4:00P	Open 18+ Pickleball 5:30-8:30p <u>Starts May 5th</u>
Wednesday			
	Open Walking 8:00A-9:30A Open 55+ Pickleball <u>Ends May 20th</u> 9:30A-12:30P	Exercise with Amanda 1:00P-2:00P	
Thursday			
	Open Walking 8:00A-9:30A Open Parent/Tot Gym 10:00A-12:00P	Drumming with Amanda 1:00pm—2:00pm	Open Badminton 5:00P-8:30P
Friday			
	Open Walking 8:00A-9:30A Open 55+ Pickleball <u>Ends May 20th</u> 9:30A-12:30P	Exercise with Amanda 1:00P-2:00P	Open Basketball 5:00P-8:30P
Saturday			
	Open Pickleball—ALL AGES 8:30A-12:00P	Open Basketball 1:00P-4:30P	Open Badminton 5:00P-8:30P

City of Auburn Hills Community Center Spring Studio Schedule—2026

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Monday			
		Open Ping Pong 1:00– 6:00pm	Zumba 7:00P-8:00P
Tuesday			
	Zumba Gold 9:30am—10:30am		Core & Toning 5:45P-6:45P Japanese Swords 7:30P-8:30P
Wednesday			
			Pound Class 7:00P-8:00P
Thursday			
			Japanese Swords 7:30P-8:30P
Friday			
	Zumba Gold 9:30A -10:30A	Open Ping Pong 1:30P-4:00P	
Saturday			
		Open Ping Pong 11:30A-8:30P	

City of Auburn Hills Community Center
3350 E. Seyburn Rd. (248)370-9353