

City of Auburn Hills Community Center
Fall Gym Schedule January-March 2026
 Subject to Change

Monday			
	Open Walking 8:00am-9:30am 55+ Pickleball 9:30am-12:30pm	Exercise with Amanda 1:00pm-2:00pm	Open Basketball 5:00pm-8:30pm
Tuesday			
	Open Walking 8:00am-9:30am Chair Yoga 11:30-12:30 (2nd and 4th Tues)	Instructional Pickleball (volunteer instructor may be available to teach) 1:30pm-4:00pm	Basketball Rental 6:00pm-7:30pm
Wednesday			
	Open Walking 8:00am-9:30am 55+ Pickleball 9:30am-12:30pm	Exercise with Amanda 1:00pm-2:00pm	Basketball Rental 5:30-6:30pm Basketball Rental 7:00pm-8:30pm
Thursday			
	Open Walking 8:00am-9:30am Parent/Tot Gym Time 10:00am-12:00pm	Drumming with Amanda 1:00pm-2:00pm	Open Badminton 5:00pm-8:30pm
Friday			
	Open Walking 8:00am-9:30am 55+ Pickleball 9:30am-12:30pm	Exercise with Amanda 1:00pm-2:00pm	Open Basketball 5:00pm-8:30pm
Saturday			
Rentals may affect Saturday activities. Please call to confirm.	<u>Pickleball– ALL AGES</u> 8:30am-12:00pm (1/3,1/17,1/31) <u>Woman's Self Defense</u> (1/10,1/24) 8:30am-11:00am <u>Month of February– Youth Bball</u> 10:30am-Noon <u>Month of March– Youth Soccer</u> 11:00am-Noon	Open Basketball 1:00pm-5:00pm Parents Day out 1:00-5:00pm (1/17,2/21,3/21)	Open Badminton 6:00pm-8:30pm

City of Auburn Hills Community Center Studio Schedule

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Monday			
	Ping Pong 10:30am-12:30pm		Zumba 7:00pm-8:00pm
Tuesday			
	Zumba Gold 9:30am-10:30am		Core & Toning 5:45pm-6:45pm Japanese Swords 7:30pm-8:30pm
Wednesday			
	Ping Pong 10:30am-12:30pm		Pound Class 7:00pm-8:00pm
Thursday			
	Ping Pong 10:30am-12:30pm		Japanese Swords 7:30pm-8:30pm
Friday			
	Zumba Gold 9:30am-10:30am		
Saturday			
	Ping Pong 9:30am-8:00pm		

City of Auburn Hills Community Center
3350 E. Seyburn Rd. (248)370-9353