

City of Auburn Hills Community Center

Fall Gym Schedule September-December 2025

Subject to Change

Monday			
	Open Walking 8:00am-9:30am 55+ Pickleball 9:30am-12:30pm	Exercise with Amanda 1:00pm-2:00pm	Open Basketball 5:00pm-8:30pm
Tuesday			
	Open Walking 8:00am-9:30am Chair Yoga 11:30-12:30 (first Tues)	Instructional Pickleball (volunteer instructor may be available to teach) 1:30pm-4:00pm	Basketball Rental 6:00pm-7:30pm
Wednesday			
	Open Walking 8:00am-9:30am 55+ Pickleball 9:30am-12:30pm	Exercise with Amanda 1:00pm-2:00pm	Basketball Rental 7:00pm-8:30pm
Thursday			
	Open Walking 8:00am-9:30am Parent/Tot Gym Time 10:00am-12:00pm	Drumming with Amanda 1:00pm-2:00pm	Closed 5-9pm
Friday			
	Open Walking 8:00am-9:30am 55+ Pickleball 9:30am-12:30pm	Exercise with Amanda 1:00pm-2:00pm	Open Basketball 5:00pm-8:30pm
Saturday			
Rentals may affect Saturday activities. Please call to confirm.	Pickleball– ALL AGES 8:30am-12:00pm Woman's Self Defense 8:30am-11:30am(9/27, 10/11, 11/15)	Open Basketball 1:00pm-5:00pm Backup for Football and tennis camps 12-3pm (9/6-10/11)	Closed 5-9pm

City of Auburn Hills Community Center Studio Schedule

September—December 2024 -Subject to Change

Monday			
	Ping Pong 10:30am-12:30pm		Zumba 7:00pm-8:00pm
Tuesday			
	Zumba Gold 9:30am-10:30am Ping Pong 11:00am-2:00pm		Core & Toning 5:45pm-6:45pm Japanese Swords 7:30pm-8:30pm
Wednesday			
	Ping Pong 10:30am-12:30pm		Pound Class 7:00pm-8:00pm
Thursday			
	Ping Pong 10:30am-12:30pm		Japanese Swords 7:30pm-8:30pm
Friday			
	Zumba Gold 9:30am-10:30am	Ping Pong 1:30pm-4:00pm	
Saturday			
	Ping Pong 9:30am-8:00pm		

City of Auburn Hills Community Center
3350 E. Seyburn Rd. (248)370-9353