## THE CITY OF AUBURNHILLS WINTER 2023

## AUBURN HILLS

WINTER 2022-2023 · VOLUME 32

# FROM THE **MAYOR**



Holiday Greetings! I hope everyone enjoyed the fall season. It was wonderful to see so many of you enjoy the beautiful weather and community at our fall events, SeptemBEER Fest, Fall Festival, Diwali and Spooktacular.

Congratulations to City Councilmember and Mayor Pro-Tem, Bob Kittle, on his

retirement from City Council. Mr. Kittle served on the City Council for twenty years. He will be dearly missed, and the City thanks him for his service. Mr. Kittle's retirement created an opening on City Council and congratulations go out to Eric Cionka on his appointment to City Council. We look forward to Mr. Cionka joining the City Council and for the contributions he will make as a member. Congratulations are also in order for Tim Carrier who will serve as your Mayor Pro-Tem. Together, everyone on City Council looks forward to working with our talented and dedicated staff to continue our progress making Auburn Hills a great city to live, work, and raise a family.

As your City Council begins planning for 2023, I would encourage you to stop by a City Council meeting, visit our website and blog, or follow us on social media for updates on projects and events. Next year promises to be even more successful and exciting with our further growth in our business community, the expansion of our downtown, and even more city events offered to our community.

From all of us here at the City, we wish you a Merry Christmas and holiday season filled with joy, peace and good health.

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## WINTER HAPPENINGS

#### SEMI-ANNUAL AMERICAN RED CROSS BLOOD DRIVE 1:00 - 7:00 PM COMMUNITY CENTER

Start the New Year out right by donating the gift of life. Donate blood so someone else's New Year will be better! Through your generosity, someone's life will be changed and there is no better feeling than knowing you helped someone. All it will cost you is an hour or so of your time. Please call 1-800-733-2767 or go to <u>redcrossblood.org</u> and enter sponsor code: auburnhills to make an appointment.

#### MARTIN LUTHER KING, JR.

8:30 AM | COMMUNITY CENTER

FRI

1/6

1/16

1/26

Join us for a community-wide celebration in honor of Dr. Martin Luther King, Jr. and Operation Cover Me for MON Grace Centers of Hope. Our theme for 2023 is "HOPE." "We must accept finite disappointment but never lose infinite HOPE!" -Martin Luther King, Jr. We need donations of fleece material (minimum of 1.5 yards) to make tie fleece blankets for Operation Cover Me. New this year, we will be collecting new and gently used winter coats of all sizes to be donated to Beyond Basics, an agency that promotes literacy.

#### STATE OF THE COMMUNITY

#### 8:30 AM | OAKLAND UNIVERSITY | \$65 REGISTER AT AUBURNHILLSCHAMBER.COM

THURS Hosted by the Auburn Hills Chamber of Commerce, State of the Community is a great way to meet with community leaders and business professionals. Keynote speaker, the City of Auburn Hills Mayor will provide a look at accomplishments from 2022 and exciting upcoming initiatives rolling out in 2023 for one of the state's most dynamic cities.

#### 7<sup>TH</sup> ANNUAL BRUCE HOWELL MEMORIAL FREETHROW CONTEST

2:00 PM COMMUNITY CENTER GYM

Players of all ages and abilities are invited to compete in this exciting contest. Bruce was one of the greatest SAT and kindest custodians to work at the Community Center. He had a special way with the kids in the gym playing basketball - welcoming everyone, giving them tips, and showing them the way. In his honor, we'll 2/18 gather and have a fun time in the gym and give out prizes in a few age groups. The event is free, but we'll be taking donations for the American Cancer Society to aid in the fight to end cancer. See you in the gym! The Teen Council is also selling concessions during the fun!

#### **32<sup>ND</sup> ANNUAL EASTER EGG HUNT**

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SAT
           12:00 - 2:00 PM | CIVIC CENTER PARK | $2 PER CHILD
            Children of all ages are invited to hunt for Easter treats and have their pictures taken with the Easter Bunny!
4/8
            Adults- don't forget to enter the traditional "Egg Toss"!
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## PUBLIC SAFETY

**POLICE DEPARTMENT** 1899 N. SQUIRREL ROAD AUBURN HILLS 48326

NON-EMERGENCY DISPATCH 248-370-9444

**POLICE RECORDS** 248-370-9460

CHIEF OF POLICE RYAN GAGNON FIRE DEPARTMENT 1899 N. SQUIRREL ROAD AUBURN HILLS 48326

**NON-EMERGENCY** 248-370-9461

FIRE CHIEF ADAM MASSINGILL

## A MESSAGE FROM OUR **FIRE CHIEF**

On behalf of the Auburn Hills Fire Department, Happy Holidays Everyone!

As we wrap-up another year of service to our city, I wanted to share information about the key pieces in our service delivery puzzle: the skilled men and women that make up your Auburn Hills Fire Department.

The department employs nineteen full-time firefighters split into three shifts. Each shift works a 24-hour schedule beginning at 7 am and concluding the next day at 7 am. Each shift is led by a Captain and Lieutenant tasked with coordinating the firefighting and emergency service efforts during their shift. In addition to the full-time firefighters, the department employs twelve part-time firefighters to supplement the full-time staff.

Providing for the health, safety, and welfare of our 24,000+ residents along with the thousands more workers and visitors in our city each day is no small task. Our Auburn Hills Firefighters respond to over 4,500 calls for service each year and are expected to perform at the highest level every time they are called for help. Whether responding to a fire or providing advanced level emergency care for sick or injured citizens, our firefighters work very hard to meet your needs in a safe and efficient manner.

In addition to addressing emergencies, our dedicated firefighters spend hundreds of hours each year training to handle building fires, emergency medical incidents, hazardous materials accidents, or technical rescue emergencies. You may often see firefighters in the community training at various buildings or teaching new firefighters how to operate the vehicles and equipment.

Our firefighters also spend much of their time caring for the vehicles, tools, and equipment necessary to perform their jobs. Our residents have entrusted us with millions of dollars in the best firefighting and emergency medical equipment available. We take great pride in caring for the equipment to make sure each piece works well in an emergency.

Once again, thank you for the opportunity to serve you in our 80th year of providing fire protection to our community. We look forward to building on our great tradition as we move into 2023.



PUBLIC SAFETY · PAGE 4

## COMMUNITY DEVELOPMENT

COMMUNITY DEVELOPMENT 1827 N. SQUIRREL RD. | AUBURN HILLS 48326

**PHONE 248-364-6900** FAX 248-364-6939

BUSINESS HOURS MONDAY - FRIDAY | 8:00 AM - 5:00 PM

## PREVENT WATER POLLUTION

Winter brings many fun activities, such as sledding, ice hockey, ice skating, and skiing. However, winter also means mounds of snow to shovel and layers of ice to remove from our sidewalks and driveways. We often make the job easier by applying deicers like salt. Besides sodium chloride, many deicers also contain chemicals that dissolve and flow into street drains, which lead directly to our rivers and endanger aquatic life. You can help protect our aquatic ecosystems by following these tips to reduce salt use and prevent water pollution.

#### **REMOVE THE ELEMENTS**

Remove as much snow and ice as possible before applying any deicing material. Use a shovel to remove snow and break up the ice before adding more material.

#### **EXPLORE ALTERNATIVES**

Calcium magnesium acetate (CMA) was developed as a deicing alternative because it has fewer adverse environmental impacts, and doesn't cause corrosion.

#### LIMIT ACCESS

You can also reduce salt use by limiting access to your home through one entrance. For every doorway that is not used, there will be less salt running into the catch basin in your street.

#### **REDUCE SALT USE**

By limiting the amount of salt we use on sidewalks and driveways, we reduce the amount of polluted stormwater washing into our waterways.

#### **REPORT POLLUTION**

To report pollution, please call the City of Auburn Hills, Community Development Department at 248-364-6900.

## BE NICE CLEAR THE SNOW AND ICE

## The Auburn Hills Code of Ordinances requires that property owners and occupants maintain walkways.

If your property borders a sidewalk, you are responsible for clearing the walkway: 1) within 12 hours - if the snow or ice falls during daylight hours; or 2) by 6:00 PM the following day - if the snow or ice falls during the night. Please note that these rules apply to both sidewalks and pathways in the Downtown Walkway Snow Clearance District. If you have any questions regarding the City's walkway snow removal requirements, contact Auburn Hills Code Enforcement at 248-364-6900.

If you have physical limitations and need help, you may qualify for a City assistance program. Contact our Community Center at 248-370-9353 for more information.

Timely snow removal is essential as it makes life easier and safer for the elderly, kids walking to the bus stop or school, emergency personnel, and delivery people. Thank you for being a good neighbor and doing your part to help to make Auburn Hills safer for people of all ages and abilities.

## BUSINESSES, STUDENTS AND OUTDOOR ENTHUSIASTS STEP UP TO **KEEP OUR WATERS CLEAN**

On the cool Saturday morning of September 17<sup>th</sup>, ten employees and family members from Martinrea International and 12 super-students, their teacher, and parents from Van Hoosen Middle School worked together to clean up a one-half mile stretch of the Clinton River, River Woods Park, and the City's Skate Park. Their two hours of dedicated work that day resulted in the removal of over 25 bags of trash, one chair, a foam mattress, a car tire, PCV pipes, and other large items from the river, riverbank, and parks.

One month later, on October 22<sup>nd</sup>, 17 volunteers from Trout Unlimited's Vanguard Chapter and Challenge Chapter donned their waders and entered the waters at River Woods Park to remove trash and other debris that accumulated in the river. Their efforts resulted in the removal of 15 bags of garbage, one garden hose, five shopping carts, and an assortment of other debris from the river.

The commitment made by these community-minded stewards of our watershed not only helps keep our river clean for all to enjoy but also protects wildlife and wildlife habitat for this generation and generations to come. This is important because an increasing number of people that live, work, or drive through Auburn Hills now realize the beautiful river system that exists right here in Auburn Hills for their fishing, kayaking, and viewing pleasure.

The City of Auburn Hills would like to thank all the volunteers who participated in this year's clean-up efforts.

To learn what you can do to improve the quality of our local rivers, lakes, and streams, please visit the Community Development Department's Stormwater webpage at www.auburnhills.org/stormwater.php. or the Clinton River Watershed Council's website at www.crwc.org.

To learn more about Trout Unlimited and all the good work they do in our watershed, please visit www.vanguardtu.org and www.challengechapter.org



Martinrea International



Van Hoosen Middle School



Trout Unlimited

## DEPARTMENT OF PUBLIC WORKS

**DEPARTMENT OF PUBLIC WORKS** 1500 BROWN ROAD | AUBURN HILLS 48326

**PHONE 248-391-3777** FAX 248-391-4895 EMAIL DPW@AUBURNHILLS.ORG

BUSINESS HOURS MONDAY - FRIDAY | 8:00 AM - 5:00 PM

## MOVING ON TO SECTION 4 IN THE CROSS CONNECTION PROGRAM

The DPW will be continuing the implementation of the residential portion of its cross-connection program in 2023. We are moving into the 4th year of the program used to capture any outstanding residential dwellings that need to have backflow assemblies tested. These devices are required with certain water uses to keep yourself and your neighbors safe from water contamination. We will be sending out surveys to all residential properties in Section 4 of the map. These surveys are important in updating our records and aiding us in keeping the water supply safe in the City. Keep in mind that there is NO cost to you as a resident/customer for surveys or possible inspections of your property.

The response rates from our residents in recent years have been the following:

- 2020 76%
- 2021 70%
- 2022 68%

Many communities have struggled with cooperation with this program, but our residents continue to do a great job. The completed surveys help us update our records and stay in compliance with the State of Michigan (EGLE) and The Safe Drinking Water Act. Please visit our website at auburnhills.org/backflowprevention or contact us by email at backflowprevention@auburnhills.org for more information regarding this program. Thanks for taking the time to help us and keep the water supply safe for all.



# PARKS & RECREATION



**OUR MISSION** To improve the quality of life in Auburn Hills by providing quality parks and recreation opportunities with a variety of year-round programs, special events, and facilities for people of all ages and abilities.



**SCHOLARSHIPS** We offer scholarships to Auburn Hills youth to help with program fees. Please call with your confidential inquiry.

#### PARKS & RECREATION DEPARTMENT 3350 E. SEYBURN DR. AUBURN HILLS 48326

PHONE 248-370-9353

HOURS OF OPERATION MONDAY - FRIDAY | 8:00 AM - 9:00 PM SATURDAY | 8:30 AM - 9:00 PM



#### YOUR IDEAS NEEDED

We're always looking for new recreation ideas to offer to our residents. If you have any suggestions or are considering sharing your talents with others as an instructor, please contact us.

#### COMMUNITY CENTER CARD

Stop by the Community Center to receive a "Community Center Card" or renew your current Community Center card. Proof of residency required. Cards are renewed annually. Cardholders can participate in a variety of city-sponsored programs, special events and other programs. Your FREE Community Center Card may be obtained only at the Community Center.

#### HOW TO REGISTER

#### ONLINE

Go to **auburnhills.org**, select DEPARTMENTS and in the dropdown menu, click on PARKS & RECREATION then click "Register Now!" and follow the quick easy instructions.

#### IN PERSON

Register in person at the Community Center during hours of operation. We accept cash, check, Visa and Mastercard.



**PLEASE NOTE:** The City of Auburn Hills takes photos at some of our events and programs. By registering for and participating in any City of Auburn Hills sponsored event or activity, you agree to allow the City to utilize these photos for advertising purposes.



#### VOLUNTEER

Get involved with your community and volunteer for Parks and Recreation events, service projects and programs! We are proud to serve our community, and would love to have you on our team to enhance the lives of our community members. For more information, call the Auburn Hills Community Center, or email Carrie Younker at cyounker@auburnhills.org!

#### TEEN PROGRAMS

#### TEEN COUNCIL (Ages 13-18)

Learn Leadership skills by designing and planning fun activities, have access to special events and earn valuable community service hours. Join the Remind group to get updates on meetings and more by texting @2483709353 to 81010. Students must be in grades 8 - 12 in order to join. Stop by the Community Center or check out our website for an application. Meetings will coincide with the school year with the first meeting in September. Pizza will be served at all meetings!

Advisor	Vasha Nama, vnama@auburnhills.org
Location	Community Center Wesson Room
Fee	Free
Date	Meetings 2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday of each month during the school year
Time	6:30-7:30 PM

#### TEEN VOLUNTEERS (Ages 13-18)

Get involved with your community. Learn Skills that translate directly to work experience and earn valuable community service hours while having fun with our team at special events and day camp! Contact the Community Center, or email Varsha Nama at vnama@auburnhills.org to get your application to join the fun!

#### BE FIT! (Ages 13-17)

You can stay fit and begin your life-long journey of leading a healthy lifestyle using our Fitness Room and equipment. Equipment includes treadmills, elliptical machines, a multi-station strength machine, hand weights, balance and medicine balls, a stationary bike and more. Must be signed up by a parent or legal guardian.

Location	Community Center Fitness Room
Fee	Free Resident w/Community Center Card
	\$100 Regular
Date	Year-round
Time	Monday - Friday 8:00 АМ - 8:30 РМ
	Saturdays 9:00 AM - 8:30 PM

#### AUBURN HILLS TEEN COUNCIL SOCK DRIVE

Support Auburn Hills Teen Council and the community by participating in their Annual Sock Drive throughout the month of January! All socks that are donated must be NEW and will be collected at the Auburn Hills Community Center. All donations will be given to local homeless shelters to support those who need them during the chilly winter months. Keep an eye out on our social media pages for the official start. Thank you for your support!

#### BULLET JOURNAL WORKSHOP (Ages 13 - 18)

Start off the New Year on the right foot! Just like most of the population, sticking to your New Year's Resolutions can be tough, especially when it comes to being more organized. Join us at the Auburn Hills Community Center to join in a fun bullet journal workshop, where you will be able to design and take home your own journal to use through the new year. We will have fun pens, stickers and washi tape to help you get started! Be sure to register for this event so there are enough materials for each participant. **Registration Required TWO DAYS in advance.** 

Location	Community Center Wesson Room		
Day	Date	Time	Reg. No.
Friday	1/20	4:30 - 6:30 PM	#113004

#### TEEN TRIVIA NIGHT (Ages 13 - 18)

Come on over to the Den for a fun night of trivia! Bring your friends and test your knowledge in two separate rounds: Music By Genre and All Things Michigan. Snacks and refreshments will be provided, and the winning teams will receive special prizes! **No Registration Needed** 

Location	The DEN	
Day	Date	Time
Friday	2/10	4:30 - 6:30 PM

#### **YOUTH ATHLETICS**

#### BASKETBALL LEAGUE

Auburn Hills Parks and Recreation and Avondale Basketball are partnering again to present this instructional basketball league that focuses on fundamentals, sportsmanship, teamwork, equal playing time and fun! Boys and Girls will develop their basketball skills through practices and weekly games. Each team will have one practice a week. Grades 1-4 will practice on Mondays or Wednesdays depending on their team assignments. Grades 5-8 will practice on Saturdays, an hour prior to their game. All games will be played on Saturdays. The first two weeks will focus on player skill development and the formation of balanced, competitive teams. Volunteer coaches are needed!

Location	Comm	unity	Center	Wesson	Room
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**Date** 1/30 - 3/19 (Register by 1/22)

Fee \$75 Resident / \$85 Regular

Division	Reg. No.
Ages 4 - 5	#111006A
Ages 6 - 7	#111006B
Ages 8 - 9	#111006C
Ages 10 - 11	#111006D
Ages 12 - 14 Boys	#111006E
Ages 12 - 14 Girls	#111006F



#### DAY CAMPS

#### MID-WINTER BREAK CAMP

Children in grades K-8 are welcome to spend their Mid-Winter Break engaging in a variety of age-appropriate recreational activities designed to create a lifetime of memories. Activities will include crafts, sports, cooperative games, gym games, library visits, nature and more! Bring a water bottle and nut-free snack (non-refrigerated) each day. **This program runs during mid-winter break based on Avondale School District.** 

Location	Community Center	
Fee	\$36 Resident / \$47 Regular (two days)	
Date	Time	Reg. No.

#### SPRING BREAK CAMP

Children in grades K-8 are welcome to spend their Spring Break engaging in a variety of age-appropriate recreational activities designed to create a lifetime of memories. Activities will include crafts, sports, cooperative games, gym games, library visits, nature and more! Bring a water bottle and nut-free snack (non-refrigerated) each day. **This program runs during spring break based on Avondale School District.** 

Location	Community Center	
Fee	\$84 Resident / \$178 Regu	ular (five days)
Date	Time	Reg. No.
3/27 - 3/31	9:00 AM - 4:00 PM	#117003A

#### PLAN AHEAD FOR SUMMER CAMP

Children in grades 1-8 (2022/2023 school year) can experience the great outdoors with a variety of ageappropriate recreational activities designed to create a lifetime of memories. Activities will include crafts, sports, cooperative games, gym games, library visits, nature and more! Camp T-shirt provided. Bring a water bottle and nutfree lunch and snack (non-refrigerated) each day.

Location	Community Center
Week	Dates
Week 1	6/26 - 6/30
Week 2	7/5 - 7/7
Week 3	7/10 - 7/14
Week 4	7/17 - 7/21
Week 5	7/24 - 7/28
Week 6	7/31 - 8/4

#### PRESCHOOL SUMMER CAMP

For preschoolers ages 3 – 5, this half-day camp will include a variety of recreational activities including crafts, games, stories, and more!

Location	Community Center
Week	Dates
Week 1	8/7 - 8/11
Week 2	8/14 - 8/18

#### VARIETY

#### PARENT TOT GYM TIME (Ages 3-5)

We have a variety of recreational equipment set up in the gym for parents and tots to utilize. This is a drop-in program without an instructor. Come on in and enjoy meeting other parents and watch the children play with the parachute, balance beam, scooters, playground balls and more!

Location	Community Center Gym		
Fee	Free Resident / \$5 Regular Drop-in		
Days	Dates	Time	

#### **TABLE TENNIS**

Stop by the front desk to sign in and sign out the equipment.

Location	Community Center
Fee	Free Resident / \$5 Regular Drop-in

#### **FITNESS ROOM**

Residents of Auburn Hills with a Community Center Card can use the Fitness Room at the Community Center FREE OF CHARGE. Locker room with showers available. Bring your own lock/shower supplies. Call for an appointment.

Location	Aub	urn	HIIIS	Comr	nun	ity (	ent	er

Fee	Residents: Free for Residents
	Non-Residents: \$250 Individual / \$400 Family

Days	Time
Monday - Fridays	8:00 AM - 9:00 PM
Saturdays	9:00 AM - 9:00 PM





## BRUCE HOWELL MEMORIAL FREE THROW CONTEST

#### SATURDAY, FEBRUARY 18 • 2:00 PM COMMUNITY CENTER GYMNASIUM



#### ADULT PROGRAMS

#### FITNESS CLASSES

There are no cancellation refunds for enrolled fitness classes once the class has begun.

#### **CORE & TONING**

An intense workout for your midsection, this class focuses on toning and strengthening the body's core abdominal and back muscles. Mat required for class.

5:45-6:45 PM

#112007B

Instructor	Carrie Scoville (Fitness Rx)		
Location	Community Center Studio		
Fee	\$80 Resident / \$95 Regular (8 sessions) \$12 Drop-in		essions)
Day	Date	Time	Reg. No.
Tuesdays	1/10 - 2/28	5:45-6:45 PM	#112007A

3/7 - 4/25

#### ZUMBA

Would you like to have FUN while you work out? If yes, this may be the class for you! Zumba classes consist of dancing, music, good energy, and exciting routines! Zumba routines incorporate interval training – alternating fast and slow rhythms – to help improve cardiovascular fitness.

Location	Community	Center Studio	
Fee	\$42 Resident / \$55 Regular (11 sessions) \$10 Drop-in		
Day	Date	Time	Reg. No.
Mondays	1/9 - 3/20	7:00-8:00 PM	#112008A
Saturdays	1/14 - 3/25	8:45-9:45 AM	#112008B

#### JAPANESE SWORDSMANSHIP (Ages 14+)

Learn traditional Toyama Ryu Iaido swordsmanship taught by Rick Brady Sensei. Classes focus on martial arts principles, self-discipline, balance and control.

Location	Community Center Studio		
Fee	\$40 Resident / \$50 Regular (10 sessions)		
Day	Date	Time	Reg. No.
Tuesdays	1/10 - 3/14	7:30-8:30 PM	#118003A
Thursdays	1/12 - 3/16	7:30-8:30 PM	#118003B

#### YOGA WITH LISA

Improve your strength and flexibility, alignment, balance, and self-confidence, as you decrease muscle tension and learn to relax. All levels of experience are welcome. Wear loose, comfortable clothing and bring a yoga mat. Poses can be modified as needed.

Instructor	Lisa Calice		
Location	Community Center Seyburn B		
Fee	\$72 Resident \$10 Drop-in	: / \$82 Regular (11 s	sessions)
Day	Date	Time	Reg. No.
Mondays	1/9 - 3/27	6:30-7:30 PM	#112009

#### POUND

Get ready to channel your inner rock star with this full body cardio-jam session inspired by the infectious, energizing, and sweat-dripping fun of playing the drums. Join instructor Candace Hayden on Wednesday evenings to pump up your workout routine!

Instructor	Candace Hayo	len	
Location	Community Center Gym		
Fee	\$42 Resident / \$55 Regular (11 sessions) \$10 Drop-in		essions)
Day	Date	Time	Reg. No.
Wednesdays	1/11 - 3/22	7:00-8:00 PM	#112010

#### PARKS & RECREATION · PAGE 11

#### MARTIAL ARTS (AGES 5-ADULT)

Classes emphasize self-discipline, focus, awareness of one's environment, along with studying basic movements and the theory of defending oneself. Beginner and Advanced Beginner are ages 5-12 and Intermediate and advanced classes are all ages based on belt rank. Ages 13+ just beginning will start with the intermediate class.

Instructor	Master Kirk Re	ehn		
Location	Community C	Community Center		
Fee	\$40 Resident /	<sup>/</sup> \$50 Regular (1	0 sessions)	
Level	Intermediate (	Intermediate (orange/blue belt)		
Day	Date	Time	Reg. No.	
Wednesdays	1/11 - 3/15	6:15-7:05 PM	#118004A	
	Advanced (red/purple/green belt)			
Level	Advanced (red	l/purple/green	belt)	
Level Day	Advanced (rec <b>Date</b>	l/purple/green <b>Time</b>	belt) <b>Reg. No.</b>	
	Date			
Day	<b>Date</b> 1/11 - 3/15	Time	<b>Reg. No.</b> #118004B	
<b>Day</b> Wednesdays	<b>Date</b> 1/11 - 3/15	<b>Time</b> 7:15-8:05 PM	<b>Reg. No.</b> #118004B	

#### MAKERS CLASSES

#### **SPINNERS FROLIC**

Do you have an interest in learning to spin fluff into usable yarn for needlework or weaving projects? Spinners Frolic is a group of passionate fiber artists that love teaching and learning the ancient art of spinning. No experience needed. No equipment needed. A light dinner is provided but bring your own non-alcoholic beverage.

**Location** Community Center Wesson Room

Date	Time
2 <sup>nd</sup> Thursday of the month	6:00-9:00 PM

#### **OPEN STUDIO TIME**

Use our pottery wheel or tables to create with your own clay. Once your piece is complete you can have it fired by us on scheduled days.

Location	Community Center Makers Studio
Fee	Free Resident / \$5 Regular per visit
Days	Time
Tuesdays	9.70 AM 9.00 DM

luesdays	8:30 AM - 8:00 PM
Saturdays	4:30 PM - 8:00 PM
Note: No Open Studio duriu	na scheduled classes

Note: No Open Studio during scheduled classes

#### OPEN WOODSHOP

The Woodshop will be open for your small repairs and projects.

Prerequisite Woodshop Safety Certification

Location	Community Center Makers Studio	
Days		Time
Thursdays and	l Fridays	8:30 AM - 8:00 PM
Saturdays		8:30 AM - 4:00 PM

Note: No Open Woodshop during scheduled classes

#### WOODSHOP SAFETY CERTIFICATION

Attend this training class and become certified to use our woodshop. You will get trained on all of the equipment in our woodshop. Class includes safety certification so you can come back and use the wood shop for your future projects. Limited to 5 students. All woodshop classes require a woodshop safety certification.

Location	Community Center Makers Studio			
Fee	\$5 Resid	\$5 Resident / \$10 Regular		
Day	Date	Time	Reg. No.	
Thursday	1/19	2:00-3:30 PM	#114005A	
Thursday	1/19	6:30-8:00 PM	#114005B	
Thursday	2/16	2:00-3:30 PM	#114005C	
Thursday	2/16	6:30-8:00 PM	#114005D	
Thursday	3/16	2:00-3:30 PM	#114005E	
Thursday	3/16	6:30-8:00 PM	#114005F	

#### MAKE YOUR OWN ICE CREAM SCOOP

Instructor Robin Bruening will walk you through all the steps to turn your own ice cream scoop using the lathe. By the end of the class you'll have a nice handmade ice cream scoop that's ready to use or share as a gift.

Prerequisite	Woodshop Safety (	Certification
Location	Community Center Makers Studio	
Fee	\$20 Resident / \$24 Regular	
Date	Time	Reg. No.
1/21	1:00-4:00 PM	#114006

#### MAKE YOUR OWN CUTTING BOARD

Learn to make a cutting board to use at home or give to a loved one! The instructor will walk you through each step and all supplies are provided. Limited to 3 per class. Participants must attend both workshop days.

Prerequisite	Woodshop Safety (	Woodshop Safety Certification		
Location	Community Center Makers Studio			
Fee	\$20 Resident / \$30 Regular			
Date	Time Reg. No.			
2/21 - 2/22	6:00-8:00 PM	#114007A		

#### **CUTTING BOARD 2.0**

Learn to make a cutting board using multiple small pieces. Student will learn how to use a table saw cross cut sled and a glue up clamping jig.

Prerequisite	Woodshop Safety (	Certification and	
	Make Your Own Cu	utting Board	
Location	Community Center	· Makers Studio	
Fee	\$20 Resident / \$30 Regular		
Date	Time	Reg. No.	
1/17 - 1/18	6:00-8:00 PM	#114008A	
3/21 - 3/22	6:00-8:00 PM	#114008B	

#### **GLOWFORGE SAFETY TRAINING CLASS**

Glowforge is the iconic 3D Laser Printer that will take your crafts to the next level with cutting and engraving. Attend this training class to become certified to use our glowforge on your own for your future projects. Please bring your own Wi-Fi enabled device for set-up. Limited to 5 per class.

Prerequisite	Woodshop Safety Certification			
Location	Commur	Community Center Makers Studio		
Fee	\$5 Reside	\$5 Resident / \$10 Regular		
Day	Date	Time	Reg. No.	
Tuesday	1/10	6:00-8:00 PM	#114009A	
Tuesday	2/14	6:00-8:00 PM	#114009B	
Tuesday	3/14	6:00-8:00 PM	#114009H	

#### 4X4 SLATE GLOWFORGE CLASS

Learn to laser engrave slate coasters with your own personal artwork. Slate is an excellent medium for laser engraving and produces a very nice contrast when engraved. Bring a couple of designs to the class to personalize your coasters.

Prerequisite	Woodshop Safety Certification and	
	Glowforge Safety Certification	
Location	Community Center Makers Studio	
Fee	\$10 Resident / \$20 Regular	
Date	Time Reg. No.	
1/31	6:00-8:00 PM	#114010A

#### **CRICUT CERTIFICATION COURSE**

The Cricut machine is a precision cutting machine that can cut paper, vinyl, iron-on, fabric, leather, and more. You can create greeting cards, vinyl decals, iron-ons, felt flowers and much more. Learn the Cricut basics in this class and become certified to use the Cricut Maker 3 and Heat Press.

Location	Community Center Makers Studio		
Fee	\$5 Resident / \$10 Regular		
Day	Date	Time	Reg. No.
Thursday	1/12	6:00-7:30 PM	#114011A
Thursday	3/23	6:00-7:30 PM	#114011B



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auburnhills.org



#### OUTDOOR EDUCATION AND NATURE PROGRAMS

#### WINTER HIKE

Take a guided hike in the woods noticing all the seasonal changes and signs of animals. End the hike with a cup of hot chocolate! All ages are welcome, children must be accompanied by an adult.

Location	Hawk Woods Lodge		
Day	Date	Time	Reg. No.
Saturday	2/11	1:00-2:00 PM	#116019

#### LITTLE HIKERS (Ages 5 and under)

This program is designed for parents to take a guided walk with their child, learn about the outdoors and learn ways to introduce children to the natural world around them. Up to age 6 with adult.

Location	Hawk Woods Lodge		
Fee	Residents Free / \$3 Regular		
Day	Date	Time	Reg. No.
Friday	1/6	10:00-11:00 AM	#116020A
Friday	2/3	10:00-11:00 AM	#116020B
Friday	3/3	10:00-11:00 AM	#116020C



#### NATURE STORY TIME (Ages 3-5)

Come spend an hour learning about nature! The hour will include a story, craft, time outdoors and other age-appropriate activities. Story Hour will be located at the Community Center during winter months. Up to age 6 with adult.

Location	Communit	y Center	
Fee	Residents	Free / \$3 Regular	
Day	Date	Time	Reg. No.
Thursday	1/26	10:00-11:00 AM	#116021A

#### Thursday 2/23 #116021B 10:00-11:00 AM Thursday 3/23 #116021C 10:00-11:00 AM

#### **GEOCACHING SERIES CHALLENGE**

Complete our Geocaching Series Challenge and stop by the Community Center for a special prize! Call for more information about how to complete the challenge!



#### CIVIC CENTER PARK

1827 N. SQUIRREL ROAD

Nature Trails, fishing pond, ball-diamond, multi-sport athletic field, nine hole disc golf course, tennis courts, play structures and swings, covered picnic pavilions, gaga pit, barbeque grills, picnic tables, restrooms (in season).

#### **RIVERSIDE PARK | 3311 PARKWAYS BLVD.**

Located on the banks of the Clinton River, river path, splash pad, play structure with swings, canoe launch, covered picnic pavilions, amphitheater, barbecue grills, picnic tables, and restrooms.

#### RIVER WOODS PARK | 300 RIVER WOODS DR.

Located along the Clinton River, covered picnic pavilion, heated restrooms, paved pathway system, play structure with swings and climbers, basketball court, picnic areas with barbecue grills, open spaces.

#### MANITOBA PARK | 4220 MANITOBA ROAD

Play structure, sand volleyball court, benches, covered shaded pavilion, open space.

#### E. DALE FISK HAWK WOODS PARK & CAMPGROUND **3799 BALD MOUNTAIN ROAD**

Groomed nature trails, heated restroom/shower facility, and covered picnic pavilions. Six overnight camping cabins and event lodge for rent.

#### SKATE PARK | 202 N. SQUIRREL RD.

Free - Public welcome, unsupervised park for use by skateboarders, inline skaters, and BMX bikes.

#### **DENNIS DEARING JR. MEMORIAL PARK**

#### 2058 PHILLIPS RD.

A neighborhood park including a fireman-themed tot-lot, swings, picnic tables, open play space.

#### COMMUNITY CENTER | 1827 N. SQUIRREL RD.

#### **CLINTON RIVER TRAIL**

The trail in Auburn Hills is 2.1 miles in length and runs east-west between Adams and Opdyke. The trail is part of a larger 16-mile trail planned to connect to the West Bloomfield trail near Sylvan Lake and the Paint Creek trail in Rochester.

#### HERBALISM CLASSES WITH GWEN ADOMAITIS

**NEW!** Herbalist Gwen Adomaitis invites you to join her in a seasonal exploration of herbs. This series of three classes will build nicely upon each other, but each class is designed to stand alone. Please join us for one, two, or all three as you are able. Gwen has been studying and learning from herbs for 20 years, and she loves to talk plants with people who are just getting started on their learning journey, as well as people who have been learning for much longer. She has taught classes to groups of all ages, and she especially enjoys helping beginners feel comfortable and confident exploring the world of herbs.

The information provided in these workshops is not intended to be a substitute for medical treatment. Please consult your medical care provider before ingesting herbs, particularly if you have a known medical condition or if you are pregnant or nursing. Any person ingesting an herbal remedy at a demonstration/workshop and/or any person trying to recreate and/or preparing a remedy on their own and then ingesting it, accepts all risks associated with ingesting it and agrees to release the City and its officials, employees and agents from any liability with respect thereto.

## THE SLEEPING LAND - EXPLORING MICHIGAN HERBS IN WINTER (Ages 13+)

When we think of winter, we typically do not think of local Michigan herbs. But there are plenty of plants alive and ready to get to know. In this indoor class, we will learn about several of these plants - including what type of habitats they prefer and how to use them in our homes and with our families. We will use all our senses as we touch and taste preparations of these plants, so bring a willingness to explore. Participants will leave with a new knowledge of local winter plants, information on ethical harvesting, and a handout with information on the plants discussed in class.

Location	Hawk Woods	Hawk Woods Lodge		
Fee	Free			
Day	Date	Time	Reg. No.	

## THE COZIEST HERBS - MAKING AND USING HERBAL INFUSIONS (Ages 13+)

During the winter, we are often looking for ways to feel warm and cozy. One of the best ways to warm up inside and out is with herbal infusions, also known as herbal teas. Our exploration will include learning about how to prepare infusions, discussing what makes a good blend, including why some herbs may have benefits beyond taste, and tasting a couple of different infusions. Participants will take home samples of a couple blends, recipes and information about herbs for making infusions at home, and a tea ball to use while making their infusions.

Location	Hawk Woods Lodge				
Fee	\$5 Resident / \$10 Regular				
Day	Date Time Reg. No.				

## KITCHEN CUPBOARD HERBALISM - LEARNING TO USE WHAT WE HAVE (Ages 13+)

Our kitchen cupboards are often an unexpected source of medicinal herbs. Come join us in a fun and hands-on class where we will explore how to use common kitchen herbs and other items from the kitchen to help aid our bodies when we are congested. We will learn about using a steam preparation that is easy to prepare and is invaluable for both allergies and illnesses. Participants will leave this class ready to make their own herbal steams – complete with a written recipe and instructions, as well as a starter steam kit to use at home.

Location	Hawk Woods Lodge			
Fee	\$5 Resident / \$10 Regular			
Day	Date Time Reg. No.			
Saturday	3/25	1:00-3:00 PM	#116022C	_



## AUBURN HILLS PUBLIC LIBRARY

#### AUBURN HILLS PUBLIC LIBRARY

3400 E. SEYBURN DR. | AUBURN HILLS 48326

PHONE 248-370-9466 WEBSITE WWW.AHPLIBRARY.ORG

#### **BUSINESS HOURS**

MONDAY - THURSDAY | 9:00 AM - 8:00 PM FRIDAY - SATURDAY | 10:00 AM - 5:00 PM SUNDAY | 1:00 - 5:00 PM



#### HOME CONNECTIONS

Are you homebound and unable to come to the Library? Let us bring the Library to you! Auburn Hills Public Library Home Connections service provides free delivery of library materials to Auburn Hills residents who are physically unable to come to the Library due to disability, injury or long-term illness. Visit ahpl.org/home-connections/ for more information or Contact us at 248.370.9466.

#### YOUTH

#### WINTER READING CHALLENGE

#### January 28 - February 28

It's too cold to be outside, so curl up inside with a new book! Try to get a bingo by reading new types of books and completing literacy activities. Earning a bingo will qualify you for a prize!

#### 1,000 BOOKS BEFORE KINDERGARTEN

Get your child ready to read by sharing books together! 1,000 Books before Kindergarten is an easy way to get your child ready to learn and read by sharing books together and earning fun prizes along the way! Sign up for our 1,000 Books before Kindergarten Program at the Library or on Beanstack.

#### **STORYTIMES**

Preschool Storytime Tuesday | 10:30 am & Thursday | 7:00 РМ | Ages 3-6

Toddler Time Wednesday | 10:30 am | Ages 18-35 months

Rock N Rhyme Thursday | 9:30 am | Ages 0-18 months

#### LITTLE EXPLORERS

Fridays | 2/3, 3/3 | 10:30 AM | Ages 2-5

What do you get when you combine a story, free play, and sensory activity stations? A sensory sensation! We'll have lots of fun as we explore, create, and meet new friends! Sensory stations may be messy, so dress accordingly. This program is for parent and child to enjoy together! **REGISTRATION IS REQUIRED.** 

#### SENSORY STORYTIME

#### Saturday, April 22 | 2:00 PM

Fun, interactive storytime designed for children with autism and/or sensory challenges. We will share books, songs, and movement activities. **REGISTRATION IS REQUIRED.** 

#### READ WITH MERLEN THE THERAPY DOG

#### Saturday, January 14 | 2:00 PM

It's reading time with our friend Merlen, the Therapy Dog! Bring your own book, choose one at the library, or simply stop in to say hello and give Merlen some love. Kids can also ask Merlen to perform one of his 20 tricks!

#### COCOA CLUB

#### Wednesdays | 1/11, 1/18, 1/25 | 6:30 PM

For kids and families with children 5+. Come in your jammies and bring a mug--we will have hot cocoa and a chapter book storytime. In January, Miss Candie will be reading "Haven" by Megan Wagner Lloyd. **REGISTRATION IS REQUIRED.** 

#### **LEGO CLUB**

#### Saturdays | 1/7, 2/4, 3/4, 4/1, 5/6 | 2:00 PM

Do you love LEGO?! Come get creative with LEGO at the Auburn Hills Public Library. This is an all-ages program on the first Saturday of every month. We'll feature a building challenge every month to inspire all of our master builders.

#### **AUTHORS VIP CLUB**

Mondays | 1/30, 2/6, 2/13, 2/20, 2/27 | 5:00 PM

Are you an aspiring author in grades 2-5? Join our virtual Authors VIP Club to create a shared story together. This five week program will allow participants to collaborate developing characters and storyline, illustrate the cover, and create an author bio for the first four sessions. It also includes live interviews with local published authors each week for inspiration. The fifth week is our authors reception, including our family and friends. To avoid the winter weather, this program will meet online via Google Meets until the author reception. **REGISTRATION IS REQUIRED.** 

#### **CREATE-A-CARD FOR VALENTINE'S DAY**

#### Sundays | 2/5, 2/12 | 1:00 PM

Students in grades K-5 can make a unique Valentine's Day card for someone special. Registrants can pick up their kits any time during the week to create at home, or they can create them in the library. **REGISTRATION IS REQUIRED.** 

#### **CREATE-A-CARD FOR EASTER**

#### Sundays | 3/5, 3/12 | 1:00 PM

Students in grades K-5 can make a unique Easter card for someone special. Registrants can pick up their kits any time during the week and create at home, or they can create them in the library. **REGISTRATION IS REQUIRED.** 

#### **YOUTH BOOK BINGO**

#### Saturday. March 18 | 2:00 PM

For ages 5+ with an adult. Celebrate the last few days of WINTER by MARCHing on over to AHPL for BOOKS and BINGO. Every bingo earns you a free book to take home and every person guaranteed to be a WINNER. Cheer up, SPRING is almost here! **REGISTRATION IS REQUIRED.** 

#### ADOPT-A-PET

#### Friday, April 14 | 10:30 AM | AGES 3-6

Learn about responsible pet care and choose your own pet to take home! Design a shirt and collar, complete an adoption certificate and more! **REGISTRATION IS REQUIRED.** 

#### CREATE-A-CARD FOR MOTHER'S DAY

#### Sundays | 4/16, 4/23 | 1:00 PM

Students in grades K-5 can make a unique Mother's Day card for someone special. Registrants can pick up their kits any time April 16-23 to create at home, or they can create them in the library. REGISTRATION IS REQUIRED.

#### STUFFED ANIMAL CHECK-UP

#### Saturday, April 29 | 10:30 AM

Does your favorite stuffed animal have an ouchie or need some extra TLC? Be your pet's vet for the day to celebrate National Pet First Aid Awareness Month! Bring your stuffed animal into the library for a check-up and crafts. This is a drop in program open to all ages.



## SPRING BOOK SALE

Thursday, May 4 10 AM - 7:30 PM

Friday. May 5 10 AM - 4:30 PM

Saturday, May 6 10 AM - 4 PM

#### **TWEEN: GRADES 6-8**

#### DO IT YOUR OWN TWEEN SELF (DIYOTS):

Tuesdays | 1/10, 2/14, 3/14, 4/11, 5/9 | 6:30 РМ | Grades 5-8 Five monthly crafting programs = Five chances to create something as unique as Y.O.U. Sign up for each meeting separately.

January: Shrinky Dinks Custom keychain designs.

February: You ROCK! Motivational rock painting.

March: Make Your Own Poster. Design your own poster and we will print it out.

April: The Great Frame Up. Bring a 5x7 picture, printout, poem, or motivational saying. You can create a custom frame and mat for your display.

May: Metal Jewelry Making. Put your own unique STAMP on a metal plate that can be made into a necklace or bracelet.

#### **BATTLE OF THE BOOKS**

Open to students in grades 4 & 5 who attend an Avondale school, an Auburn Hills school, or live in Auburn Hills. Teams of 3-6 read from their grade's reading list and compete against other teams in their grade to see who can remember the most about the books they've read. Registration opens December 1. Visit ahpl.org/BoB2023 for more information.

#### **TEEN: GRADES 9-12**

#### **TWEEN/TEEN LEARN TO DRAW YOKAI**

#### Tuesday, February 21 | 6:00 PM

Artist Lance Red will be here to teach us about Yokai, creatures from Japanese folklore. He will also provide stepby-step instruction on how to draw a Yokai. Supplies provided. **REGISTRATION IS REQUIRED.** 

#### **TEEN VOLUNTEER NIGHTS**

#### Tuesdays| 1/31, 2/28, 3/21, 4/25 | 6:30 PM

Need volunteer hours? Want to help the library? Then come by the library and help us with craft prep and other tasks as needed. New volunteers should fill out a volunteer form, which can be found at applibrary.org.

#### FIRST AID AND CPR FOR TWEENS AND TEENS

Saturday, February 11 | 2:00 - 3:00 PM

Oakland University will offer a First Aid and CPR training class to Tweens and Teens. Participants will learn the basics of these life saving techniques. **REGISTRATION IS REQUIRED.** 

#### **ADULT: AGES 18+**

#### SPRING AFTERNOON TEA

#### Saturday, March 25 | 12:30 PM

We are welcoming in spring with a delightful afternoon tea party. We'll be serving tea and treats as we listen to a guest speaker. This event is for our adult patrons only. **REGISTRATION** IS REQUIRED.

#### **CREATIVE CRAFTING**

#### Mondays | 2/6, 3/6, 4/3, 5/1 | 6 pm

Are you crafty and enjoy creating? Then please join us as we make great seasonal craft projects together. This fun program is for our adult patrons and requires adult crafting skills. **REGISTRATION IS REQUIRED.** 

#### **KEEP CALM & CARRY YARN**

#### Thursdays | 1/26, 2/23, 3/23, 4/27, 5/25 | 6:30 PM

Keep Calm & Carry Yarn is a fiber arts craft group that meets once a month to get together, chat, and make yarn or threadbased creations! Bring a project and enjoy socializing with other crafty people! **REGISTER TO RECEIVE UPDATES.** 

#### CHARM CLUB: JEWELRY TOOL BASICS

Saturday, January 21 | 11:00 AM, 1:00 PM, or 2:00 PM Charms are a creative and stylish way to express your interests. Learn how to use jewelry tools in Charm Club! **REGISTRATION IS REQUIRED.** 

#### LUCKY CHARM BRACELET

Saturday, February 25 | 11:00 AM, 1:00 PM, or 2:00 PM Make your own luck with these fun charm bracelets! We'll be making and baking our own polymer clay charms and then attaching them to bracelets using jewelry tools. **REGISTRATION** IS REQUIRED.

#### **BOOK BINGO**

#### Wednesday, March 8 | 2:00 PM

Back by popular demand, join us for some Bingo fun, and compete to be the first to yell "Bingo!" Space is limited. **REGISTRATION IS REQUIRED.** 

#### **BLACKOUT POETRY**

Thursday, April 13 | 6:00 PM

Help us celebrate National Poetry Month. Create your own unique poem by repurposing old pages and redacting unwanted words. **REGISTRATION IS REQUIRED.** 

#### CHARM CLUB: COLOR & SHRINK PLASTIC CHARMS

Saturday, April 22 | 11:00 AM, 1:00 PM, or 2:00 PM Charms are a creative and stylish way to express your interests. Make your own shrink plastic charms in Charm Club! REGISTRATION IS REQUIRED.



Then consider attending a meeting of the AHHS to see if you might be interested in learning about and becoming involved with the history of Auburn Hills. AHHS meetings are open to the public.

Meetings are held in person at 7:00 PM in the Auburn Hills Public Library. Meetings also may be attended virtually via Zoom by sending an email to auburnhillshistory@yahoo.com to register for the Zoom meeting link.

- Monday, January 2
- Monday, February 6
- Monday, March 6
- Monday, April 3
- Monday, May 1
- Monday, June 5
- Wednesday, July 5
- Monday, August 7
- Tuesday, September 5
- Monday, October 2
- Monday, November 6
- December No Meeting

#### LIBRARY · PAGE 18

# AMERICAN RED CROSS

FRIDAY, JANUARY 6, 2023 1-7 PM AUBURN HILLS COMMUNITY CENTER

Please call 1-800-733-2767 or go to <u>redcrossblood.org</u> and enter sponsor code: auburnhills to make an appointment.



# MLKDAY CELEBRATION

#### JANUARY 16, 2023 8:30 AM AUBURN HILLS COMMUNITY CENTER

We must accept finite disappointment, but never lose infinite HOPE!

– Dr. Martin Luther King Jr.

## SENIOR SERVICES

#### SENIOR SERVICES DEPARTMENT

3350 E. SEYBURN DR. AUBURN HILLS 48326

PHONE 248-370-9353

**BUSINESS HOURS** MONDAY - FRIDAY | 8:00 AM - 9:00 PM SATURDAY | 8:30 AM - 9:00PM



**OUR MISSION** The mission of the Senior Services Department is to enhance the Quality of Life of adults 55+



**OUR VISION** Connect adults 55+ to health, wellness, enrichment and supportive services, programs, and resources



**OUR VALUES** Respectful • Caring & Committed • Engaged • Accountable • Diversity

#### SEASONAL **ANNOUNCEMENTS**

#### **INCLEMENT WEATHER NOTICE**

Winter in Michigan means weather can change quickly. A couple of program and service notes:

- The Senior Services Department reserves the right to cancel bus transportation if deemed unsafe for buses or riders.
- Senior Meals on Wheels will make every effort to deliver meals; however, if it is determined to be too dangerous for our volunteer drivers, we will cancel meals. If this occurs, we make every possible attempt to notify Meals on Wheels participants. If meals are not delivered due to the weather, participants are encouraged to use their survival meal packets.

#### **INCOME TAX PREPARATION APPOINTMENTS**

AARP's Tax-Aide Program will provide IRS Certified Preparation Specialists for the 2022 Tax Year beginning in February 2023 at the Auburn Hills Community Center. The program is intended for low to moderate income taxpayers in our area with special attention given to seniors. The returns cannot be complex. Call for more information after 1/18/2023. **Note**: Some programs, classes and trips are added after the publication of the newsletter. For the most current information please visit our website or stop by the Community Center.

#### TRANSPORTATION

Transportation available for senior city residents age 60 and older and/or disabled city residents. Transportation is for medical appointments (non-emergency or surgical), business appointments, shopping days and visits to the Community Center for luncheon activities. Not available for work-related transportation. Fee is \$2.00 each way. For information call: 248-370-9353. Must call two days before (call Thursday for Monday); same-day service is not available.

#### COMMUNITY CENTER CARD

Stop by the Community Center to receive a Community Center Card or renew your current Community Center card. Proof of residency required. Cards are renewed annually.

#### **FITNESS OPPORTUNITY**

Residents of Auburn Hills with a Community Center Card can use the Fitness Room at the Community Center FREE OF CHARGE. Non-resident: Individual \$250.00 /Family \$400.00 Locker room with showers available. Bring your own lock/ shower supplies.

Monday- Friday, 8:00 AM – 9:00 PM Saturdays, 8:30 AM - 9:00 PM Fitness Room check-in no later than 8:30 PM

#### **INSTRUCTORS WANTED**

Do you have a special talent, hobby or fitness program that you would like to teach? Stop by the Community Center to pick up an Instructor Manual.

#### **IDEAS & SUGGESTIONS WELCOME**

We are always searching out new ideas for our programs and services. If you have an idea or suggestion please drop us a line or call us. Better yet, stop by for coffee and let us know what you are thinking.

#### **REGISTRATION IS EASY**

#### ONLINE

Go to auburnhills.org., select Departments, and in the dropdown menu click on the Senior Services button then click "Register Now" and follow quick easy instructions.

#### IN PERSON

Stop by the Community Center during hours of operation. We accept cash, check, Visa and Mastercard.

#### **REGISTER ON TIME**

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Ever wonder why good trips and programs get canceled? Nothing kills a good trip or program faster than everyone waiting until the last minute to register. Registration deadlines are very important for planning purposes for Community Center staff and for the travel companies, instructors or speakers. If there are not enough registered participants by the deadline, the class or trip will have to be canceled. So please... **register on time!** 



**PLEASE NOTE:** The City of Auburn Hills takes photos at some of our events and programs. By registering for and participating in any City of Auburn Hills sponsored event or activity, you agree to allow the City to utilize these photos for advertising purposes.

#### NUTRITION PROGRAMS

#### CARRY OUT MEALS

Carry out meals must be reserved by 9:00 AM the day before (for a Monday lunch call the Friday before). Monthly menus (subject to change) available at the Community Center or online. Suggested donation ages 60 and over is \$3.00. Under 60: \$5.00. Call 248-370-9353 to reserve a meal. Meals can be picked up between 11:30am and noon.

#### NOON LUNCH

Lunch is served Monday - Friday at noon. Must reserve a meal by 9:00 AM the day before (for a Monday lunch call the Friday before). Monthly menus (subject to change) available at the Community Center or online. Suggested donation ages 60 and over is \$3.00. Under 60: \$5.00. Call 248-370-9353 to reserve a meal.

#### MEALS ON WHEELS

Nutritious meals are delivered five days a week to homebound seniors. \$3.00 per meal donation. Call the Older Persons Commission 248-608-0264 to participate or for more information.

The OPC Senior Center in Rochester provides nutrition services to the City of Auburn Hills through a grant with the Area Agency on Aging 1B. Additional funding support from the City of Auburn Hills and through donations.

#### YARD SERVICE PROGRAMS

#### AUBURN HILLS SPRING & FALL RAKE & RUN PROGRAMS

Are you finding it more difficult to get out and rake your yard to get it ready for spring or rake up the leaves in the fall? If you are a senior citizen or disabled homeowner who needs help in raking leaves we may be able to help. Volunteers will clean and rake yards for eligible residents. Call 248-370-9353 to have your name placed on an interest list. Please keep in mind we can only do as many yards as we have volunteers.

## YARD SERVICES FOR SENIORS & PERSONS WITH DISABILITIES

The City offers two yard maintenance programs for income and age eligible homeowners; one for lawn mowing and one for snow removal. These programs are funded by Community Development Block Grant (CDBG) funds and offered to lowincome senior citizens and disabled adults. Call 248-370-9353 for details.

#### ACADEMY OF LEARNING LECTURE SERIES

**NEW!** The Academy of Learning Lecture Series offers a variety of health, wellness, informative and interesting lectures throughout the month. Some lectures may be hybrid (virtual & on site). Dates, times, and fees if applicable are in the individual descriptions. Registration is required. For your enjoyment a noon lunch is offered by calling by 9am the day before. Lunch donation: \$ 3.00 62+ and \$5.00 under 62. Transportation available for eligible residents. Call 248-370-9353 for details or to register. **Note**: Some programs have a different phone number to register and the number is included in program description.

#### WALTONWOOD HEALTH SERIES



#### BEFORE DISCHARGE FROM HOSPITAL – WHAT TO EXPECT

Navigating the Hospital Health Care System is not easy. Learn about the pathways and your options when discharging from the hospital. Your case manager is an excellent source of information and you and him/ her together will "Create a Plan of Care." Learn about insurance and the role it plays in your discharge options. A Zoom link will be provided at time of registration.

Presenter	Dana Rizzo, RN BSN, RN-ACM				
Location	Hybrid/Zoom				
Registration Deadline 2/8					
Day	Date	Time	Reg. No.		
Wednesday	2/15	10:30-11:30 AM	#154115		

#### SENIOR NUTRITION AND INFLAMMATION

Learn about the differences between Acute and Chronic Inflammation. Chronic inflammation is often an inflammatory response that has become overstimulated. Chronic inflammation is often the key that triggers many health issues and diseases. Learn ways to reduce chronic inflammation and improve your quality of life.

Day	Date	Time	Reg. No.		
<b>Registration</b> D	eadline	3/22			
Location	Auburn Hills Community Center				
Presenter	Dana Rizzo, RN BSN, RN-ACM				

10:30-11:30 AM

#154116

3/29

Wednesday

## HEALTH LECTURES



ASCENSION PROVIDENCE ROCHESTER

To attend a lecture in the Ascension Providence series, please register online at ascension.org/events or call 248-844-4540. Select #1 and leave your name and number. You will receive a return call confirming registration.

#### LUNG CANCER – SCREENING AND TREATMENT

Lung Cancer is the most common cancer diagnosed in the United States, with over 236,000 people diagnosed each year in the United States with the disease. Most of us know someone affected by lung cancer or lung diseases such as COPD, emphysema, or asthma. Over the past 10 years, there have been many advances in diagnosing lung cancer at early stages and in treating and curing lung cancer. This talk will review who is eligible for lung cancer screening and how to get screened, the advances in lung cancer care, as well as ways to improve your overall lung health. There will also be an interactive opportunity to ask any questions you may have about lung cancer, lung cancer screening, and overall lung health.

Presenter	Dr. Christian Glen			
Location	Auburn Hills Community Center			
Registration Deadline 3/1				
Day	Date	Time	Fee	
Wednesday	3/8	10:30-11:30 AM	None	

## TODAY'S POPULAR DIETS, THE RESEARCH & BENEFITS

Join us as physicians from Rochester Academic Family Medicine review the basics of some of today's most popular healthy diets. You'll get a brief overview of the Mediterranean Diet, the Plant-Based Diet, DASH Diet and the diets for diabetes from four local family doctors. You will hear about the research that propagated these diets and their utility as a part of a well-balanced life. Afterwards you will have the opportunity to have your blood-pressure checked and reviewed by one of these physicians.

#### Location Auburn Hills Community Center

Registration Deadline	4/20	
Registration Deadline	4/20	

Day	Date	Time	Fee
Thursday	4/27	6:00-7:00 PM	None

#### AUBURN HILLS SENIOR GUARDIAN PROGRAM SERIES

The Auburn Hills Senior Guardian Program is a program developed by the Auburn Hills Police Department. Over the years the AHPD identified a need for increased education and engagement within our senior population. Classes will be offered quarterly on a variety of topics.



#### PERSONAL SAFETY

Join us as a representative from AHPD talks about how to keep yourself safe when you're out and about. Learn key points about being aware of your surroundings, how to protect yourself if approached by someone you are unfamiliar with, and your gut feeling tells you something is wrong.

Sponsored by	Auburn Hills Police Department				
Fee	Free				
Day	Date	Time	Reg. No.		

#### LEISURE ACTIVITIES

#### MONDAY BUSINESS BINGO

Business Bingo is back and bigger than before! Business Bingo is every Monday EXCEPT the Second Monday of the month.

Join us for a fun filled afternoon of Bingo sponsored by a local business. No Bingo January 2, and January 16, 2023.

Location	Community Center	
Time	12:30 PM	
Date	Sponsor	
1 <sup>st</sup> Monday	Medicare Choices with Sandra	
3 <sup>rd</sup> Monday	American House-Stone	
4 <sup>th</sup> Monday	The Medical Team	
5 <sup>th</sup> Monday	Lockwood of Waterford	



#### HEALTH-WELLNESS-FITNESS PROGRAMS

Senior Fitness programs are open to adults age 55 and up. Some programs allow participants under age 55. See program descriptions or call to inquire. Registration and residency requirements for some programs unless otherwise noted. **Drop-ins available after minimum class registration is met.** Knowing and understanding there are certain risks involved in your voluntary decision to participate in these activities; we recommend that you consult your doctor before starting any exercise program. Warming up and cooling down are a vital part of a safe and effective exercise class. Please arrive on time to participate in the warm up for each class and remain through completion of the cool down period.

Healthy Aging starts with you taking advantage of our services, classes, programs, and travel & trip adventures.

#### **OPEN WALKING**

The Community Center features a walking track. Walk or jog your way to fitness! Music provided. CLEAN, DRY gym shoes required. Water bottle recommended.

Fee	Free for residents / \$5 Regular Drop-in
Date	Monday – Friday
Time	8:00 - 9:00 AM

#### **EXERCISE WITH AMANDA**

Join Amanda Farner, certified group exercise instructor and personal trainer, for a total body workout for all fitness levels. This class will incorporate strength training, cardio fitness, balance, and flexibility. Class will meet Mondays, Wednesdays, and Fridays. Sign up and save or drop in when you can.

Location	Gym /	Zoom	link pro <sup>,</sup>	vided at	t time	of registration
----------	-------	------	-----------------------	----------	--------	-----------------

Session A				
Fee	Resident: \$50	In-Person / \$40	Zoom / \$5 Drop-in	
	Regular: \$60 Ir	n-Person / \$50 Z	loom / \$5 Drop-in	
Day	Date	Time	Reg. No.	
M, W, F	1/4 - 2/10	1:00-2:00 PM	#152082A	
	No class 1/16			
Session B				
Fee	\$50 Resident / \$60 Regular / \$10 Drop-in			
	Virtual: \$40 Resident / \$50 Regular			
Day	Date	Time	Reg. No.	
M, W, F	2/13 - 3/24	1:00-2:00 PM	#152082B	

#### SENIOR SERVICES · PAGE 23

#### **RECREATIONAL PICKLEBALL**

Three indoor courts are available at the Community Center for open, non-competitive play. Players must sign in at the desk before entering the court. Outdoor courts available for tennis and Pickleball on a first come, first served basis.

Fee	Drop-in: \$3 Resident / \$4 Regular 10 Punch Card: \$24 Resident / \$34 Regular
<b>D</b> 1	
Date	1/4 - 3/31 Mon, Wed, Thurs, Fri No Pickleball 1/16
Time	9:30 AM - 12:30 PM

#### ZUMBA GOLD – TUESDAY

A modified Zumba Class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination.

**Instructor** Peggy Brady

Location	Studio		
Session A	6 Weeks		
Fee	\$30 Resident ,	/ \$40 Regular / \$	\$10 Drop-in
Day	Date	Time	Reg. No.
Tuesdays	1/10 - 2/14	9:30-10:30 AM	#152084A
Session B	6 Weeks		
Fee	\$25 Resident /	′ \$35 Regular / \$	10 Drop-in
Day	Date	Time	Reg. No.
Tuesdays	2/21 - 3/28	9:30-10:30 AM	#152084B

#### ZUMBA GOLD – FRIDAY

A modified Zumba Class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination.

Instructor	Peggy Brady		
Location	Gym		
Session A	6 Weeks		
Fee	\$30 Resident /	/ \$40 Regular / \$	\$10 Drop-in
Day	Date	Time	Reg. No.
Fridays	1/13 - 2/17	9:00-10:00 AM	#152085A
Session B	6 Weeks		
Fee	\$25 Resident /	′ \$35 Regular / \$	10 Drop-in
Day	Date	Time	Reg. No.
Fridays	2/24-3/31	9:00-10:00 AM	#152085B

#### PARKINSON'S EXERCISE CLASSES

Parkinson's Movement Center and Rock Steady Boxing Metro Detroit, present the following exercise classes for people with Parkinson's and Parkinson's plus diseases. We specialize in helping to bring a better quality of life to people living with Parkinson's and their caregivers. Our team is trained specifically to address the motor and non-motor symptoms of PD and to help develop skills to everyone's needs. Our team is certified in Rock Steady Boxing, Adaptive Yoga, PWR! Moves, Parkinson's Art of Expression and more! For more information or to set up an assessment, please call (248) 315-3068.

#### YOGA FOR PARKINSON'S - LEVEL 3-4

Instruct	or	Deb Colling	5	
Locatio	า	Studio		
Fee		\$36 Resider	nt / \$40 Regular	
Session	Day	Date	Time	Reg. No.
А	Wed	1/4 - 1/25	1:30-2:45 PM	#152086A
В	Wed	2/1 - 2/22	1:30-2:45 PM	#152086B
С	Wed	3/1 - 3/29	1:30-2:45 PM	#152086C

#### YOGA FOR PARKINSON'S - LEVEL 1-2

Instruct	or	Deb Colling	5	
Locatior	า	Community	Center Studio	
Fee		\$36 Resider	nt / \$40 Regular	
Session	Day	Date	Time	Reg. No.
А	Wed	1/4 - 1/25	3:00-4:15 PM	#152087A
В	Wed	2/1 - 2/22	3:00-4:15 PM	#152087B
С	Wed	3/1 - 3/29	3:00-4:15 PM	#152087C



#### **PWR! MOVES**

Instruct	or	Carol Schra	m	
Location	า	Community	Center Studio	
Fee		\$36 Residen	t / \$40 Regular /	Drop-in \$10
Session	Day	Date	Time	Reg. No.
А	Fri	1/6 - 1/27	10:30-11:30 AM	#152088A
В	Fri	2/3 - 2/24	10:30-11:30 AM	#152088B
С	Fri	3/3 - 3/31	10:30-11:30 AM	#152088C

## LUNCHEONS HOLIDAY PARTIES

Programs follow the noon meal unless otherwise noted. Some programs have an activity fee. Larger parties and events require advance tickets. See individual programs for more details. All lunches must be preordered by 9 AM the day before by calling 248-370-9353. Lunch: Seniors 60+ \$3.00 / under 60 \$5.00

#### **CELEBRATING THE NEW YEAR!!** 11:30 AM | \$6 | #154117

We are not done ushering in the New Year. Join us as we look forward to 2023 with a delicious luncheon and some jazz. Entertainment by Freestyle Saxophone Duet featuring Mike Letovsky and Eric Lundquist. Entertainment Sponsor: American House-Stone Ticket deadline: 01/13/23

#### **BON APPETIT ITALIAN LUNCHEON** 11:30 AM | \$6 | #154118

Italy is home to timeless literature and music like Romeo & Juliet and Opera. The foods of Italy: Pasta, Risotto, Gelato, and Tiramisu so pleasing to the palate. Join us for a traditional pasta dinner while being serenaded by Violinist Nikki Main. Mamma mia!! Entertainment Sponsor: American House-Stone Ticket deadline: 2/14/23

#### **ST. PATRICK'S DAY EVE LUNCHEON** 11:30 AM | \$6 | #154119

THURS 3/16

FRI 2/24

FRI 1/27

> Start your luck of the Irish a wee bit early by joining our St. Patrick's Day Eve luncheon. Wear some green and bring your good luck charm. Entertainment by Dan the Band. **Food Sponsor:** American House-Stone **Ticket deadline:** 03/06/23

#### BIRTHDAY + ANNIVERSARY CELEBRATION

On the 2nd Monday of the month we honor those who are having a birthday or anniversary that month. Honorees receive a complimentary meal and gift. Must be preregistered to take advantage of this fun celebration. Please call by the 1st Monday of the month to register for your Birthday or Anniversary.

## MON 2/20

#### NATIONAL CHERRY PIE DAY 12:00 NOON | \$3 LUNCH DONATION

Celebrate National Cherry Pie Day with a slice of cherry pie topped with whipped cream Sign up for lunch the day before.



#### PRE-TICKET SALES

Tickets will be available for purchase up to 3 months in advance of designated large party at the Community Center. Ticket sales will close 10 business days before the event. All ticket sales are final. No ticket sales the day of the event.

#### IMPORTANT TRIP & TRAVEL GUIDELINES TO HELP MAKE YOUR EXPERIENCE A GOOD ONE

**COVID-19 Travel Guidelines:** Notifications will be made as needed. Always check the website or call the center for updated details. Each Tour company has specific guidelines regarding masks and safe travel. Please make sure to note those guidelines.

Many trips are combined with other senior centers for the trip not to be canceled. Pick-up locations may vary. Travel companies provide full details as the dates get closer.

Register early! Travel companies have strict registeration deadlines.

Different trips have varying degrees of endurance. Please read descriptions carefully prior to registering to avoid disappointment or challenges on the trip.

Staff reserves the right to request that any person needing assistance on trips be accompanied by a personal escort. A paid reservation is required for all escorts.

Refunds and cancellation fees vary depending on trip.



#### **DAY TRIPS**

Full payment required at time of registration for all day trips.

#### FIREKEEPERS CASINO

Call for details.

"PHANTOM OF THE OPERA" THE VILLAGE THEATER CANTON

Call for details.

#### **EXTENDED TRAVEL**

## A FULL ITINERARY IS AVAILABE AT THE COMMUNITY CENTER FOR ALL EXTENDED TRAVEL!

Each tour company has specific travel guidelines regarding masks and vaccinations. Trip insurance is highly recommended. Note registration deadlines.

#### **SPRINGTIME IN THE SMOKIES**

This four-day/three-night tour takes you to Pigeon Forge, Tennessee to take in some really exciting sites. Tour includes Gatlinburg's Space Needle; downtown Gatlinburg shopping; guided mountain top tour; Dixie Stampede with dinner; the Mabry-Hazen House & Museum, Tennessee Riverboat Lunch; Skyfly Adventure and Comedy Barn Theater plus more.

Tour Company	Bianco Tours
<b>Registration Deadline</b>	2/30
Date	Fee
5/15 - 5/19	\$1,403 Single
	\$1,135 Double
	\$1,046 Triple

#### **CANADIAN ROCKIES**

This eight-day/seven-night trip features tours of some of Canada's beautiful parks. Parks include Glacier National Park, Yoho National Park, Banff-Lake Louise-Waterton National Park. Breathtaking views of glacier capped mountains, emerald lakes, and untamed wildlife. Other features include Columbia Icefields Snowcoach, Takakkaw Falls, Going-to-the-Sun Highway, boat cruise on Waterton Lake to name a few.

Tour Company	Shoreline Charter & Tours, Inc.
<b>Registration Deadline</b>	4/30 (Balance due 5/15)
\$500 deposit due at time	of registration
Date	Fee
8/14 - 8/21	\$6,679 Single

\$4,899 Double \$4,499 Triple

#### UPCOMING TRIPS

We have many more trips planned and are still working out the details. Check out the website or stop by the Community Center for complete details. **Ark Encounter** - September 21-22, 2023 **Agawa Canyon & Mackinaw Island** - October 2023

#### SUPPORTIVE RESOURCES

Call 248-370-9353 for information on any of the services listed unless otherwise noted.

### \*NEW! ASK THE HOUSING SPECIALIST APPOINTMENTS

Are you or your parents concerned about downsizing or moving? There are many housing options for seniors; and trying to decide which option is right can be confusing. Each month features a different housing specialty. However, all representatives will be able to provide general information about the different housing options. There will not be sales associated with these 1/2 hour appointments.

Location Community Center

Day	Time
First Monday of the month	10:00-11:30 AM
Call to schedule an appointment 248-370	D-9353

#### **KIT - KEEP IN TOUCH PHONE PAL PROGRAM**

The KIT program provides a weekly phone call to homebound seniors to give a friendly hello and have some great conversations. This phone pal program is good for seniors who live alone and would do well with a weekly phone call. Phone calls are made by OU medical student volunteers. This is not a substitute for personal medical alert systems. For more information and to sign up please call the Community Center.

#### NO EXCUSE FOR ELDER ABUSE

If you are a senior citizen or know someone who is being hurt, having money taken or used without permission, are being forced to do things against their will, are being neglected, or are unable to care for themselves, then they are suffering from elder abuse. Neglecting to care for a dependent older adult or leaving them in an unsafe situation, whether you mean to or not, is elder abuse. Knowing, and not doing anything is elder abuse.

**If you suspect elder abuse or neglect, call 1-855-444-3911.** You do not need to leave your name.

#### DURABLE MEDICAL EQUIPMENT LOAN CLOSET

Durable medical equipment such as walkers, crutches, wheelchairs & bath stools are available. Availability of equipment varies. Because our storage space is limited, we ask that you call prior to bringing in any donations. Cannot accept any medications or medical supplies.

#### FILE OF LIFE PROGRAM

The File of Life is a paper emergency information system sponsored by the Auburn Hills Fire, Police and Senior Services Departments. The File of Life is a magnetic file that is placed on the front of the refrigerator. Inside the file is emergency information that first responders may need to access in case of a medical emergency. This is a free program. Stop by the Community Center to pick up a File of Life or call 248-370-9353 to schedule a trained volunteer to visit you and help you complete your File of Life information.

#### **RESIDENTIAL ROPER LOCKBOX SAFETY PROGRAM**

Participants in this program will have a secure lockbox installed on the exterior of their home which contains a key to the home. Only the Auburn Hills Fire Department personnel will have a master key to unlock this box to gain secure entry into the home in the event of an emergency. Roper boxes can be purchased at cost through the Senior Services Department or contact us to see if you qualify for a one of the limited free boxes for low-income residents.

## MEDICARE, MEDICAID, PART D & OTHER INSURANCE ASSISTANCE

Trained MMAP volunteers are available to answer your questions about Medicare, Medicaid, Medicare Part D Prescription programs, Long Term Care Insurance, Supplemental Insurances, Medicare Drug Discount Cards and more. Assistance is also available in understanding statements from Medicare, hospitals, etc. By appointment only, call the Community Center for more information 248-370-9353.

#### **OPERATION MEDICINE CABINET**

Dispose of unused or unwanted prescriptions and over the counter drugs safely. The Auburn Hills Police Department has a secure container in their lobby where you can safely dispose of drugs. No needles or liquids.

## AREA AGENCY ON AGING 1-B - FREE INFORMATION AND ASSISTANCE TELEPHONE LINE

If you are looking for resources, services, or programs for yourself or for a loved one, call the Area Agency on Aging 1-B. Its free Information and Assistance telephone line is staffed by unbiased specialists who have more than 5,000 resources at their fingertips. They can help seniors, adults with disabilities and family caregivers navigate programs and services in a six-county region that includes Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw. The telephone line is staffed Monday through Friday from 8 am to 5 pm. Call (800) 852-7795.

#### **ASSISTANCE PROGRAMS**

#### **MSR SCHOLARSHIP**

The Neighborhood House-Auburn Hills 55+ MSR Scholarship was established through a vision by an anonymous donor who wanted to provide the monetary means for Auburn Hills low-income seniors age 55+ to participate in Auburn Hills Community Center activities, the senior lunch program, and to utilize the senior transportation program. Please contact Neighborhood House at 248-651-5836 to qualify.

#### NEIGHBORHOOD HOUSE + AUBURN HILLS FOOD CUPBOARD

Emergency Community Food Cupboard sponsored by Neighborhood House is available for Auburn Hills' residents only, regardless of age, who find themselves in need of emergency food assistance. Emergency food assistance is limited to non-perishable foods. Call center for appointment.

#### **FOCUS HOPE**

Food assistance program for income qualified individuals. Income and/or age guidelines must be met. Focus Hope is a monthly food distribution program for seniors 60+ only.

#### HOMEBOUND LIBRARY PROGRAM

Are you homebound and unable to come to the Library? Let us bring the Library to you! Auburn Hills Public Library Home Connections service provides free delivery of library materials to Auburn Hills residents who are physically unable to come to the Library due to disability, injury or long-term illness. Visit ahpl.org/home-connections/ for more information or Contact us at 248.370.9466.

#### HOME + YARD PROGRAMS

#### MINOR HOME + MOBILE HOME REPAIR PROGRAM

This grant program is for income qualified homeowners of Auburn Hills who own their own home and who require minor home repairs. This service is funded under the Community Development Block Grant Program (CDBG). Enrollment is limited and only available if funding is available.

#### SHARP - SENIOR HOME ASSISTANCE REPAIR PROGRAM

A volunteer-based program designed to help senior citizens and disabled residents to continue to live as independently as possible in their own homes. The SHARP program accepts requests for assistance year-round. Call for more details and eligible projects.

### LAWN MOWING & SNOW PLOWING FOR SENIORS & PERSONS WITH DISABILITIES

The City offers two yard maintenance programs for income and age eligible homeowners: one for lawn mowing and one for snow removal. These programs are funded by Community Development Block Grant (CDBG) Funds and offered to low-income senior citizens and disabled adults. Call 248-370-9353 for details.

#### LEGAL PROGRAMS

#### LAKESHORE LEGAL AID

FREE consultations through the Council & Advocacy Law Line at 1-888-783-8190. Visits are available to homebound seniors or to nursing homes, as necessary.

#### SUPPORT GROUPS

Support groups bring together people who have shared experiences and can provide you with an opportunity to be with people who understand what you may be going through. They can help you feel less lonely and improve coping skills.

#### CAREGIVER SUPPORT GROUP

This group provides an opportunity for caregivers to discuss how their lives have changed since becoming a caregiver. The support group is open to all caregivers and helps to provide caregivers with support and resources and to be with other caregivers who may share the same experiences. Special speakers will be offered from time to time. As a caregiver, we want you to know you are not alone. The Support Group meets the 1st Thursday of each month from 6pm to 7pm. Facilitators: Annette Werner and Karen Adcock. Call 248-370-9353 for more information.

#### **BRAIN INJURY SUPPORT GROUP**

This group, sponsored and supported by the Brain Injury Association of Michigan (BIAMI), provides survivors of brain injury and their caregivers the opportunity to learn more about brain injury and related topics as well as a forum to provide and receive support. Questions: Chapter Leaders Eric Noble at 248-822-7061 or the Brain Injury Association of Michigan at 810-229-5880.

#### **VOLUNTEER OPPORTUNITIES**

Volunteering is an investment in your community. The City of Auburn Hills has numerous ways to invest in your community. Even if you just have an hour, we can use you. We have opportunities for individuals, families and students. Contact the Community Center at 248-370-9353 for more information or e-mail auburnhillsvolunteers@auburnhills.org. **Please note:** All volunteers are required to pass a background check.

#### **SPRING & FALL RAKE AND RUN**

Want to make a difference in a day? Volunteers are needed to help seniors clean up yards. Rakes and yard waste bags will be provided. Great opportunity for groups and families.

## MEALS ON WHEELS DRIVERS NEEDED FOR DAYTIME DELIVERIES

Meals on Wheels provides daily nutritious meals to homebound seniors with the added bonus of a quick safety check and much-needed human connection that comes with each delivery. Different routes are available. Scheduling is easy and flexible. This is a great opportunity for families, students, civic groups, churches, businesses, employees, and retirees to help out.

#### MEAL PACKERS AND SERVERS NEEDED

Many hands are needed in our kitchen for our Nutrition Program. Meals are packaged at the Community Center Monday thru Friday for our homebound seniors. Volunteers are also needed for serving site meals and clean-up.



#### SHARP

Volunteers are needed for SHARP – Senior Home Assistance Repair Program. The SHARP program provides home repair to senior and disabled residents. The labor is free; the homeowner pays for the cost of the materials. Trained volunteers will provide miscellaneous home repairs and maintenance.

#### THEMED PARTY CALLERS

Volunteers call seniors who are interested in our monthly themed parties to remind them about the parties and tickets deadlines.

#### LUNCH CONCIERGES

Greet guests coming for lunch programs and parties. Check people in, promote upcoming activities. Rotating schedules available.

#### FOCUS HOPE DELIVERY

Help delivery Focus Hope food boxes once a month.

#### OTHER VOLUNTEER OPPORTUNTIES

Even if your availability or interests do not fall into these categories, you can still help. We have special events that need friendly volunteers. If you are interested in volunteering at your convenience, we constantly have a need for individuals or groups to help with getting the word out on services or programs that are offered.

## GET INVOLVED WITH YOUR COMMUNITY! JOIN A BOARD OR A COMMISSION

Zoning Board of Appeals Board of Review Brownfield Redevelopment Authority Auburn Hills City Council Downtown Development Authority Elections Commission Elected Official Compensation Commission Planning Commission Public Safety Advisory Committee Tax Increment Finance Authority

Learn more about our Boards and Commissions by going to auburnhills.org/government



# CITY

The City Council approves the annual City budget for all activities, adopts ordinances, approves rezoning and site plans, and also approves major purchases.



KEVIN R. MCDANIEL MAYOR



EUGENE HAWKINS III



TIM CARRIER MAYOR PRO-TEM



ERIC CIONKA



CHERYL VERBEKE



HENRY KNIGHT



BRIAN MARZOLF

## CITY MANAGER



The City Manager is the chief administrative officer for the City of Auburn Hills and is responsible for the day-to-day operations of the City. The City Manager is appointed by and serves at the pleasure of the City Council. The City Manager also attends all City Council meetings and reports directly to the City Council on all City matters.

THOMAS A. TANGHE CITY MANAGER

Among other duties, the City Manager submits the annual budget, assists in planning strategies to achieve City Council goals and to improve the quality of life in the City of Auburn Hills. He also coordinates day-today operations and ensures the integration of services among City departments, as well as helping ensure the dependable delivery of high quality services while conserving community resources.

## OUR CAMPUS



## DIRECTORY

#### **CITY HALL**

1827 N. Squirrel Road 248-370-9400

#### **CITY MANAGER'S OFFICE**

Thomas A. Tanghe **City Manager** Brandon Skopek Assistant City Manager 248-370-9440 Fax: 248-370-9348

#### **ASSESSOR'S OFFICE**

Bill Griffin Assessor 248-370-9436 Fax: 248-475-0127

#### **CLERK'S OFFICE**

Laura Pierce City Clerk 248-370-9402 Fax: 248-364-6719

#### FINANCE DEPARTMENT

Michelle Schulz Finance Director/City Treasurer 248-370-9400 Fax: 248-370-1078

#### TREASURER'S OFFICE

248-370-9420 Fax: 248-364-6786

#### **COMMUNITY DEVELOPMENT**

Steven J. Cohen **Director of Community Development** Phone: 248-364-6900 Fax: 248-364-6939 Jeffrey A. Spencer **Building Official** 248-364-6900 Fax: 248-364-6949

#### **COMMUNITY CENTER**

3350 E. Seyburn Drive 248-370-9353 Fax: 248-370-9357

#### RECREATION

Sage Hegdal Director

#### **SENIOR SERVICES**

Karen S. Adcock Director

#### **EMERGENCY SERVICES**

1899 N. Squirrel Road

#### **POLICE DEPARTMENT**

Ryan Gagnon Police Chief 248-364-6850 Non-Emergency: 248-370-9444 Police Records: 248-370-9460 Fax: 248-370-9365

#### FIRE DEPARTMENT

Adam Massingill Fire Chief 248-364-6860 Non-Emergency: 248-370-9461 Fax: 248-370-9358 EMERGENCY DIAL: 911

#### LIBRARY

Lawrence Marble Library Director 3400 E. Seyburn Drive 248-370-9466 Fax: 248-370-9364

#### **DEPARTMENT OF** PUBLIC WORKS

1500 Brown Road Stephen Baldante **Director of Public Works** 248-391-3777 Fax: 248-391-4895 Utility Billing 248-370-9340

#### **FIELDSTONE GOLF** CLUB

1984 Taylor Road Chip Hierlihy Director, PGA Professional 248-370-9354 Fax: 248-370-9432

Lisa Passalacgua Graphic Designer

## **CITY COUNCIL** MEETINGS

#### 2023 MEETING SCHEDULE

The City Council meetings are open to the public and take place in the Council Chamber at 7:00 PM.

JANUARY	FEBRUARY
1/9 @ 7рм 1/23 @ 7рм	2/6 @ 7рм 2/20 @ 7рм
MARCH	APRIL
3/6 @ 7рм 3/20 @ 7рм	4/3 @ 7PM 4/17 @ 7PM
MAY	JUNE
5/1 @ 7рм 5/15 @ 7рм	6/5 @ 7PM 6/19 @ 7PM
JULY	AUGUST
7/10 @ 7рм 7/24 @ 7рм	8/7 @ 7рм 8/21 @ 7рм
SEPTEMBER	OCTOBER
9/11 @ 7рм 9/25 @ 7рм	10/2 @ 7рм 10/16 @ 7рм
NOVEMBER	DECEMBER
11/6 @ 7рм 11/20 @ 7рм	12/4 @ 7рм
AUBUR	

MISSION

#### VISION Auburn Hills will be a community with the hear of a small town that operate with the excellence of a world class city

#### VALUES Humility Fiscal Responsibility Attentive Service



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