THE CITY OF AUBURN HILLS

WINTER 2021

WINTER 2020-2021 • VOLUME 29
Happy Holidays! While this holiday season may look a bit different due to COVID-19, I hope you are still able to spend quality time with family and friends.

I would like to take this opportunity to thank the citizens for filling out the 2020 Census. You helped to direct funding that is needed to operate our city in the best interest of all of our citizens, businesses, and visitors to the community. Thank you for helping us support the decisions that will better shape the future of our city for the next 10 years.

Over the last few months, we had to make changes to our events while still giving citizens something to look forward to. We had our annual Fall Festival in the Woods at Hawk Woods Nature Center. It was a warm fall day and people were able to partake in many activities outside with masks at a safe distance. It was also the first time for many to see inside our new Hawk Woods Lodge. We can’t wait to be able to rent out the new facility that can host educational events, weddings and corporate training sessions. On Halloween, we held our 15th Annual Spooktacular event. We had four time slots for trick-or-treaters which allowed for everyone to be properly spaced. Those slots filled up fast, which is a testament that year after year this continues to be a popular event.

As City Council continues to plan for 2021, I encourage you to come to a City Council meeting either virtually or in-person, when in-person attendance is once again permitted. I invite you to visit our website, social media or cable station for updates on special projects or events.

Next year promises to be successful and exciting, with further growth in our business community, expansion of our downtown, the addition of new residential neighborhoods, and more city events offered to our community. We are always striving to make Auburn Hills an even better place to live, work and play.

From all of us here at the City, we wish you a holiday season filled with joy and good health.
UPCOMING COMMUNITY EVENTS

Please note that all events are subject to modifications depending on current orders.

**SEMI-ANNUAL AMERICAN RED CROSS BLOOD DRIVE**

**FRIDAY, JANUARY 8**
**10:00 AM - 4:00 PM | COMMUNITY CENTER**

Start the New Year out right by donating the Gift of Life. Donate blood so someone else’s New Year will be better! Through your generosity, someone’s life will be changed and there is no better feeling than knowing you helped someone. All it will cost you is an hour or so of your time. Schedule your appointment by calling 248-370-9353 or online at http://www.redcrossblood.org/make-donation

**MARTIN LUTHER KING, JR. DAY**

**MONDAY, JANUARY 18**
**8:30 AM | COMMUNITY CENTER**

Join us for a community-wide celebration in honor of Dr. Martin Luther King, Jr. Enjoy a continental breakfast and hear special remarks from guest speakers and city officials. Our theme this year is Operation Cover Me. Afterwards, we will gather in the gymnasium to make flannel tie blankets for those in need at the Grace Centers of Hope homeless shelter. Will also accept blanket donations.

**5TH ANNUAL BRUCE HOWELL MEMORIAL FREE THROW CONTEST**

**SATURDAY, FEBRUARY 20**
**2:00 PM | COMMUNITY CENTER**

Players of all ages and abilities are invited to compete in this exciting contest. Bruce was one of the best custodians of all time to work at the Community Center. He had a special way with the kids in the gym playing basketball; welcoming everyone, giving them tips, and showing them the way. In his honor, we’ll gather and have a fun time in the gym, and give out prizes in a few age groups. The event is free, but we’ll be taking donations for the American Cancer Society to aid in the fight to end cancer. The Teen Council is also selling concessions to add to the cause. See you in the gym!

**29TH ANNUAL EASTER EGG HUNT & BONNET CONTEST**

**SATURDAY, APRIL 3**
**12:00 PM - 2:00 PM | CIVIC CENTER PARK**

Children of all ages are invited to hunt for Easter treats, enter the Annual Easter Bonnet Contest, and have their pictures taken with the Easter Bunny! Adults - don’t forget to enter the traditional “Egg Toss”!
$2 per child (payable from your car as entering the park)
Age categories are: 3 & under, 4-6, 7-9, 10 & up
**Bonnet Contest**: 12:15PM
Children’s categories: Best Auburn Hills Spirit, Most Creative, Prettiest, Most Patriotic, and Most Comical
**Photos**: 12:15PM inside the Community Center
**Adult Egg Toss**: 1PM on the lawn

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PREVENT WATER POLLUTION

Winter brings many fun activities, such as sledding, ice hockey, ice skating, and skiing. However, winter also means mounds of snow to shovel and layers of ice to remove from our sidewalks and driveways. We often make the job easier by applying deicers like salt. Besides sodium chloride, many deicers also contain chemicals that dissolve and flow into street drains, which lead directly to our rivers and endanger aquatic life. You can help protect our aquatic ecosystems by following these tips to reduce salt use and prevent water pollution.

**REMOVE THE ELEMENTS**
Remove as much snow and ice as possible before applying any deicing material. Use a shovel to remove snow and break up the ice before adding more material.

**EXPLORE ALTERNATIVES**
Calcium magnesium acetate (CMA) was developed as a deicing alternative because it has fewer adverse environmental impacts, and doesn’t cause corrosion.

**LIMIT ACCESS**
You can also reduce salt use by limiting access to your home through one entrance. For every doorway that is not used, there will be less salt running into the catch basin in your street.

**REDUCE SALT USE**
By limiting the amount of salt we use on sidewalks and driveways, we reduce the amount of polluted stormwater washing into our waterways.

**REPORT POLLUTION**
To report pollution, please call the City of Auburn Hills, Community Development Department at 248-364-6900.
THE CITY’S RIVER CLEAN-UP TRADITION CONTINUES

On a chilly Saturday morning of September 19th, four members of Clinton Valley Chapter of Trout Unlimited (TU) volunteered to keep the City’s 19-year tradition of participating in the Clinton River Clean-Up going. The group dedicated two hours of their time to scouring the banks and wading the waters of the Clinton River removing trash and other debris. The small band of TU brothers focused on the one-half mile stretch of river that flows along and between River Woods Park and the City’s Skate Park. The effort from these community-minded TU members resulted in the removal of five bags of trash, a fire hose, one folding chair, a car rim with the tire attached, and a bench seat from a mini-van.

All the time and effort these volunteers dedicated to the community that day goes a long way in helping the City preserve and protect our valued water resources for all to enjoy. The clean-up effort did not go unnoticed by two residents walking the trail, who praised the work undertaken by the volunteers during the clean-up.

The City of Auburn Hills would like to send out a special thank you to the members of the Clinton Valley Chapter of Trout Unlimited who participated in this year's clean-up effort. To learn more about Clinton Valley Chapter of TU, please visit their website at https://clintonvalleytu.com/.

To learn what you can do to improve the quality of our local rivers, lakes and streams please visit the Community Development Department's Stormwater webpage at www.auburnhills.org/stormwater.php or the Clinton River Watershed Council's webpage at www.crwc.org.
KEEP CHILDREN SAFE ONLINE DURING COVID-19

Children’s increased online presence may put them at greater risk of child exploitation. Parents, guardians, caregivers, and teachers can take the following measures to help protect children from becoming victims of online child predators:

- **DISCUSS INTERNET SAFETY AND DEVELOP AN ONLINE SAFETY PLAN** with children before they engage in online activity. Establish clear guidelines, teach children to spot red flags, and encourage children to have open communication with you.

- **SUPERVISE YOUNG CHILDREN’S USE OF THE INTERNET**, including periodically checking their profiles and posts. Keep electronic devices in open, common areas of the home and consider setting time limits for their use.

- **REVIEW GAMES, APPS, AND SOCIAL MEDIA SITES** before they are downloaded or used by children. Pay particular attention to apps and sites that feature end-to-end encryption, direct messaging, video chats, file uploads, and user anonymity, which are frequently relied upon by online child predators.

- **ADJUST PRIVACY SETTINGS AND USE PARENTAL CONTROLS** for online games, apps, social media sites, and electronic devices.

- **TELL CHILDREN TO AVOID SHARING PERSONAL INFORMATION, PHOTOS, AND VIDEOS ONLINE** in public forums or with people they do not know in real life. Explain to your children that images posted online will be permanently on the internet.

- **TEACH CHILDREN ABOUT BODY SAFETY AND BOUNDARIES**, including the importance of saying ‘NO’ to inappropriate requests both in the physical world and the virtual world.

- **BE ALERT TO POTENTIAL SIGNS OF ABUSE**, including changes in children’s use of electronic devices, attempts to conceal online activity, withdrawn behavior, angry outbursts, anxiety, and depression.

- **ENCOURAGE CHILDREN TO TELL A PARENT, GUARDIAN, OR OTHER TRUSTED ADULT** if anyone asks them to engage in sexual activity or other inappropriate behavior.

- **IMMEDIATELY REPORT SUSPECTED ONLINE ENTICEMENT OR SEXUAL EXPLOITATION OF A CHILD** by calling 911, contacting the FBI at tips.fbi.gov, or filing a report with the National Center for Missing & Exploited Children (NCMEC) at 1-800-843-5678 or report.cybertip.org.

For additional resources on online child safety, visit NCMEC’s website at missingkids.org/netsmartz/home.
**Winter Reading Program**

Expand your reading horizons with this year’s Winter Reading Challenge on Beanstack! Earn activity badges by reading different types of books or completing library challenges. For example, read a graphic novel, try out a mystery book, or check out a digital book! For each challenge you complete, you will earn an activity badge and a virtual raffle ticket to submit for our prize drawing. Open to all ages, register for your Beanstack account at ahplibrary.beanstack.org

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**ADULT PROGRAMS**

**ADULT TAKE AND MAKE DIY KITS**

Our DIY kits are back and even better this year! To learn more about each project, visit ahpl.org/events. Registration opens on the first day of the month. All kits are available for in-library or curbside pickup!

- **January:** Modern Earrings and Cufflinks
- **February:** Artisanal Candles
- **March:** Make Your Own Hedgehog Air Plant Holder
- **April:** Coffee Scrub Soaps

**PAPER & INK**

AHPL is proud to announce a new take and make program for everyone out there that uses planner printables to decorate their planners. Starting on December 15 and the 15th of each month, AHPL will print out a limited supply of themed printables that you can use for your planner. These printables include but are not limited to themed numbers for the month, monthly and weekly spreads, and collection trackers. We will also put these printables on our website on the 15th of each month so you can download and print them out at home. For more information about this exciting new program, please check out our events calendar at ahpl.org/events. All kits are available for in-library or curbside pickup!

**Keep Calm & Carry Yarn**

Mondays, 7:00pm
1/25, 2/22, 3/22, 4/26

Keep Calm & Carry Yarn is a fiber arts craft group that meets once a month to get together, chat, and make yarn or thread-based creations! Each month we choose a small project for everyone to work on, but people can still join in with their own projects. Some projects will have a kit available for pick up at the Library. Kits only include the project’s consumables, such as the yarn, and do not include the crochet hooks or knitting needles required to complete the project. Register to join this growing group of crafty people! Zoom meeting information is sent after registration, and kits are available only to those who register.

- **January:** You are the Beary best - Bear Amigurumi Valentine’s day gift
- **February:** Knit Cactus
- **March:** Spring Cleaning Cotton Wash Cloths
- **April:** Amigurumi Marigold
SLEUTH SOCIETY BOOK CLUB
Tuesdays, 6:30 pm
1/26, 2/23, 3/23, 4/27

Sleuth Society, the mystery book club, is back! Join us online as we discuss a different mystery novel each month and comb through the clues together. Whether you’re a book club veteran or new to book clubs, there’s a spot for everyone as we gather around the virtual table to talk about mysteries. Registration required.

January 26: Into the Water by Paula Hawkins
February 23: The Good Daughter by Karin Slaughter
March 23: The Dry by Jane Harper
April 27: Stillhouse Lake by Rachel Caine

BECOMING AUBURN HILLS ORAL HISTORY PROJECT
The Auburn Hills Public Library and Auburn Hills Historical Society are seeking volunteers for their oral history project, Becoming Auburn Hills. Those interested in sharing their stories of historic Auburn Hills can complete the interest form at ahpl.org/connect/oral-history. If you have questions or would like to volunteer as an interviewer or transcriber, please email outreach@ahplibrary.org.

MAKE IT STEM
Grades K-4
Each month, the Library will provide a kit with different STEM challenges! Please register at ahpl.org/events to reserve your kit. All kits are available for in-library or curbside pickup!

January: Science of Gravity
February: STEAM: Making Art using Science
March: Weather Science
April: Let’s Grow! Learning about Plants

WINTER AT HOME SCAVENGER HUNT
Saturdays 1/2, 2/6, 3/6
A scavenger hunt for the entire family! We’ll give you 30 items to hunt for around your house. Your family will upload a picture to social media or send it to youth@ahplibrary.org with everyone who took part.

VIRTUAL FAMILY BOOK BINGO
Saturday, January 30 | 2 pm
Enjoy virtual bingo with the whole family! Register to get your bingo card. Then log in to Zoom to play against other families and win a free book!

YOUTH PROGRAMS

PRESCHOOL STORY TIME
Tuesdays
Join Ms. Erin or Mr. Caleb every week for a story, song, games, and fun! Preschool Storytime is intended for ages 3-6, but the whole family can enjoy the videos. A new storytime can be found every Tuesday on our Facebook page. Don’t forget to pick up a storytime kit to accompany the storytime videos. To reserve your kit, contact the youth desk at (248) 364-6712.

January: Try Something New
February: Winter
March: Favorite Authors

LITTLE LISTENERS
Thursdays
Join Ms. Susan every week for a story, songs, rhymes, and interactive fun. Little Listeners Storytime is intended for ages 0-3, but the whole family can enjoy the videos. A new storytime can be found every Thursday on our Facebook page. Sensory Kits (registration required).

January: Snow
February: At the Beach
March: Spring Animals

TEEN PROGRAM

DIY STRESS BALLS
Friday, January 15
Are you feeling stressed lately? Then you may appreciate having your own stress ball to help soothe that stress and anxiety. Stop by the Library to pick up a balloon and Orbeez, and follow the simple instructions, and you’ll have your very own stress ball.
FRIENDS OF THE LIBRARY
GRAB BAG BOOK SALE

Are you in need of some great reading material this winter? You can now pick up a $2 grab bags of books with a surprise assortment of titles.

OUR BAG SELECTION INCLUDES:
- FICTION
- MYSTERY
- SCI-FI
- ROMANCE, AND MORE.

Stop by the Library and pick up a bag of books today!

Grab bags contain an assortment of book-sale quality books and may contain a mix of hardcover and softcover books.

THE SMARTEST CARD YOU'LL EVER OWN.

DO YOU HAVE AN AHPL CARD?

DID YOU KNOW GETTING A LIBRARY CARD IS FREE?

Your library card gives you the ability to check out materials, access online resources (including our digital library), obtain items from other libraries, and more! If you live, work, or attend a school in Auburn Hills, you are eligible for a library card!

TO LEARN MORE AND APPLY FOR YOUR AHPL CARD, VISIT AHPL.ORG/CARDS.
Report a Pothole

The winter season is right around the corner and with that change comes the relentless freeze-thaw cycles that cause road problems commonly referred to as potholes. Potholes begin to form when snow/rain water is absorbed into the ground below the surface of the road. As temperatures drop and the water freezes, the ground below the roadway expands causing the road surface to expand as well. As temperatures increase and the ice melts, the ground below the road surface returns to its original state, while the surface does not, creating a gap between the surface and the ground. When vehicles drive over the cavity, the ground surface breaks, forming a pothole. When you see a pothole in the road and can’t avoid it what do you do? The best thing to do is to slow down before the hole, then release your brakes as you go into it. This helps reduce the speed at impact and gives your suspension the full range of travel to absorb the hit. Straighten your wheel to hit it squarely, and roll through it.

One of the main functions of the roads division is to keep the roads safe for travel. In the winter that consists of snow and ice removal, as well as pothole patching. We count on you to report unsafe road conditions so that we can address these conditions as soon as possible. With your help we can lessen the opportunities you will have to practice your pothole driving skills.

If you encounter a pothole please call the Auburn Hills DPW at (248) 391-3777.
For more information please visit the Department of Public Works website.
As the leaves begin to fall, we are busy making sure that our horticultural beds are in good shape for the winter. With a little maintenance now, the spring will reward us with healthy and happy perennial plants. Leaving dead material in planting beds is an invitation for a whole host of unwanted visitors such as fungus, mold and disease. Many of our perennial plants will come back stronger and more colorful in the spring if properly cut back in the fall. **NOT ALL PERENNIALS** benefit from fall cutbacks, so be sure to know what you are growing, and do your research.

Having a diversity of species is a good rule of thumb for both tree planning, and horticultural beds. A bed with a good mix of perennials can provide both the benefit of wonderful beauty when in the growing season, and also some beauty over the winter when dormant. This is why it’s good to have some perennials that benefit from fall cutbacks, and others that thrive with a spring cutback.

A set of good quality garden pruners is a must when it comes to cutting back perennial plants. The sharper the blades, the cleaner the cuts will be. For those with more extensive gardens and horticultural beds, it may make sense to have a small set of pruners and also a larger set. Keeping your cutting tools sharp is a good practice. There are sharpeners available from your local hardware store, and many stores offer sharpening services at a good price. When disease is suspected, use a spray bottle with rubbing alcohol to sanitize your blades to avoid contaminating healthy plants.

Remember, the most important thing is to have fun and enjoy the time in your garden. Someone has added a very sharp looking garden gnome to our flower box at the Department of Public Works, I’m just waiting to see how long it will be until he gets a Sparty friend to keep him company over the winter.
The DPW will be continuing with the new residential portion of its cross connection program in 2021. This will be the 2nd year of the program used to capture any outstanding residential dwellings that need to have backflow assemblies tested. We will be sending out surveys to all residential properties in Section 2 of the map in the beginning of 2021. **THESE SURVEYS ARE IMPORTANT** in updating our records and aiding us in keeping the water supply safe in that respective area of town. Keep in mind that there is **NO COST TO YOU** as a resident/customer for inspections and surveys of your property. The response rate from our residents in section 1 was around 76%. **LET’S SEE IF SECTION 2 CAN BEAT THAT!** Please visit our website at auburnhills.org/backflowprevention or contact us by email at backflowprevention@auburnhills.org for more info. **Thanks for taking the time to help us and your respective neighbors out!**
OUR MISSION
To improve the quality of life in Auburn Hills by providing quality parks and recreation opportunities with a variety of year-round programs, special events, and facilities for people of all ages and abilities.

SCHOLARSHIPS
We offer scholarships to Auburn Hills youth to help with program fees. Please call with your confidential inquiry.

YOUR IDEAS NEEDED
We’re always looking for new recreation ideas to offer to our residents. If you have any suggestions or are considering sharing your talents with others as an instructor, please contact us.

HOW TO REGISTER

ONLINE
Go to WWW.AUBURNHILLS.ORG, select DEPARTMENTS and in the drop-down menu, click on PARKS & RECREATION then click “Register Now!” and follow the quick easy instructions.

MAIL-IN
Print the registration form from our website and mail it in with your payment, if needed. Make check or money order payable to: City of Auburn Hills. Mail to Parks & Recreation Department, 1827 N. Squirrel Rd., Auburn Hills, MI 48326

IN PERSON
Register in person at the Community Center during hours of operation. We accept cash, check, Visa and Mastercard.

COMMUNITY CENTER CARD
Stop by the Community Center to receive a “Community Center Card” or renew your current Community Center card. Proof of residency required. Cards are renewed annually. Cardholders can participate in a variety of city-sponsored programs, special events and other programs. Your FREE Community Center Card may be obtained only at the Community Center.

FITNESS OPPORTUNITY
Residents of Auburn Hills with a Community Center Card can use the Fitness Room at the Community Center FREE OF CHARGE.

Non-resident: Individual $250.00 /Family $400.00

Locker room with showers available. Bring your own lock/shower supplies.

Monday - Friday, 8:00AM - 9:00PM and Saturdays, 9:00 AM - 9:00PM.

Call for an appointment.

*ATTENTION! All programs and events are subject to change based on the current orders and safety of participants, instructors, volunteers and staff at the time. We are working hard to provide safe options throughout this time and appreciate your patience and understanding. For the most up-to-date information, please visit our Facebook page, website, or call the Community Center.
YOUTH PROGRAMS

TEENS

TEEN VOLUNTEERS (Ages 13-18)
Get involved with your community. Learn skills that translate directly to work experience and earn valuable community service hours while having fun with our team at special events and Summer Camp! Contact the Community Center, or email Justin Lambregtse at jlambregtse@auburnhills.org, to get your application to join the fun! Grades 9-12 in fall of 2020.

TEEN COUNCIL (Ages 13-18)
Learn leadership skills by designing and planning fun activities, have access to special events and earn valuable community service hours. Join the Remind group to get updates by texting @ahteenenc1 to 81010. Students must be in grades 8 through 12. Stop by the Community Center or check out our website for an application.
Advisor: Justin Lambregtse
jlambregtse@auburnhills.org
Location: Community Center Wesson Room
Date: Meetings 2nd Tuesday of each month during the school year, includes pizza!
Time: 6:30PM - 7:30PM
Fee: Free

E SPORTS
We will be starting up our FIRST FULL season of E Sports! The season will have leagues for games like Fortnite, Rocket League, Super Smash Bros, Mario Kart, NBA 2K21 and Madden. Download the Mission Control app, search for Auburn Hills Parks and Recreation, and join leagues for whatever games you are interested in. If you have any questions or want to set up any new leagues, reach out to Justin Lambregtse at jlambregtse@auburnhills.org.
Location: At your house using the Mission Control app
Fee: Free (capped off at 40 players)
Time: Mondays at 7 pm (match days and times can be rescheduled as long as it's agreed to by both players)
Dates: Starting January 11, 2021 (6 week regular season plus 2 weeks of playoffs)

OUR CITY PARKS

CIVIC CENTER PARK | 1827 N. SQUIRREL ROAD
Nature Trails, ball diamond, multi-sport athletic field, nine hole disc golf course, tennis courts, play structures and swings, covered picnic pavilion, barbeque grills, picnic tables, restrooms.

CLINTON RIVER TRAIL
The trail in Auburn Hills is 2.1 miles in length and runs east-west between Adams and Opdyke. The trail is part of a larger 16-mile trail that connects to the West Bloomfield trail near Sylvan Lake and the Paint Creek trail in Rochester that is part of the developing Great Lake-to-Lake trail.

RIVERSIDE PARK | 3311 SQUIRREL COURT
Located on the banks of the Clinton River, Riverside Park features include Amphitheater, plaza, splash pad, river path, play structure with swings, canoe launch, covered picnic pavilion, barbecue grills, picnic tables, heated restrooms.

RIVER WOODS PARK | 300 RIVER WOODS DR.
Located along the Clinton River, River Woods Park features include Groomed nature trails, heated restroom/shower facility, covered picnic pavilion, gaga ball pit, six overnight camping cabins and lodge.

SKATE PARK | 202 N. SQUIRREL ROAD
Free – Public welcome, unsupervised park for use by skateboarders, inline skaters, and BMX bikes.

DENNIS DEARING JR. MEMORIAL PARK
2058 PHILLIPS ROAD
A neighborhood park including a fireman-themed tot-lot, swings, picnic tables, open play space.

MANITOBA PARK | 4220 MANITOBA ROAD
Play structure, sand volleyball court, benches, paved play area, open space.

E. DALE FISK HAWK WOODS PARK & CAMPGROUND
3799 BALD MOUNTAIN ROAD
Groomed nature trails, heated restroom/shower facility, covered picnic pavilion, gaga ball pit, six overnight camping cabins and lodge.

PLEASE NOTE: The City of Auburn Hills takes photos at some of our events and programs. By registering for and participating in any City of Auburn Hills sponsored event or activity, you agree to allow the City to utilize these photos for advertising purposes.
TEEN COUNCIL COMMUNITY GARDEN
Auburn Hills Teen Council is installing a Community Garden with the help of funds from ITC. The garden is located at the Community Center with plans for an opening in the spring. The garden has handicap accessible boxes as well as two gates and fencing to protect the contents of the garden. The teens are open to suggestions for the first planting in 2021 and look forward to making connections and sharing the bounty. Keep an eye on social media for potential programs and other information related to the garden.

AUBURN HILLS TEEN COUNCIL SOCK DRIVE
Please help The Auburn Hills Teen Council collect the most socks as we compete with Teen Councils in surrounding communities for lifelong bragging rights! We will be hosting a sock drive at the beginning of the year and donating all collections to homeless shelters. Donations can be made at the Auburn Hills Community Center. All socks must be new. Keep an eye on our social media pages for the official start. Thank you for the support!

BE FIT! (Ages 13-17)
You can stay fit and begin your lifelong journey of leading a healthy lifestyle using our Fitness Room and equipment. Equipment includes treadmills, elliptical machines, multi-station strength machine, hand-weights, balance & medicine ball, stationary bike and more. Must be signed up by parent or legal guardian.
Location: Community Center Fitness Room #138050
Date: Year Round
Time: Call for an appointment
Fee: Free Resident w/Community Center Card / $100 Regular

YOUTH ATHLETICS
BASKETBALL LEAGUES
Auburn Hills Parks & Recreation & Avondale Basketball are partnering again to present this instructional basketball league that focuses on fundamentals, sportsmanship, teamwork, equal playing time and fun. Boys and girls will develop their basketball skills through practices and weekly games. Each team will have one practice a week, Grades 1st-4th will practice on Monday or Wednesday. Grades 5th-8th will practice on Saturdays, the hour prior to their game. All games will be played Saturdays. The first two weeks will focus on player skill development and the formation of balanced, competitive teams. Volunteer coaches are needed!
Location: Auburn Hills Community Center Gym/Avondale High School
Divisions:
Grades 1st -2nd #113050
Grades 3rd-4th #112020
Grades 5th-6th Boys #112030
Grades 5th-6th Girls #112031
Grades 7th-8th Boys #112040
Grades 7th-8th Girls #112041
Date: See above, 1/23/21 - 3/13/21
Fee: $75.00 Resident / $85.00 Regular (First Child)
$70.00 Resident / $80.00 Regular (Add’l Child)

YOUTH ATHLETICS
PLAN AHEAD - SUMMER CAMP
Children in grades 1-8 (2021/2022 school year) can experience the great outdoors with a variety of age-appropriate recreational activities designed to create a lifetime of memories. Activities will include crafts, sports, cooperative games, gym games, library visits, nature and more! Camp T-shirt provided. Bring a water bottle and nut-free snack (non-refrigerated) each day. See the Before & After Care program and the Lunch Buddies program for details on how to make it a full-day at camp!
Week 1:  6/28/21 - 7/02/21     Theme: Shipwrecked
Week 2: 7/05/21 - 7/09/21     Theme: Pure Michigan
Week 3: 7/12/21 - 7/16/21      Theme: Out of this World
Week 4: 7/19/21 - 7/23/21      Theme: City Lights
Week 5: 7/26/21 - 7/30/21      Theme: Once Upon a Time
Week 6: 8/02/21 - 8/06/21    Theme: Olympics

BEFORE & AFTER CARE
The Before & After Care program is offered to families who need supervision before and after camp. The hours for the Before Care are 7:30AM-9:00AM, and After Care, 4:30PM-6:00PM. Families must register prior to using this service.

LUNCH BUDDIES
This program is offered to families who need supervision during the lunch hour before afternoon camp starts. Lunch Buddies will run from 12:00PM-1:00PM, please bring a non-refrigerated nut-free lunch. Families must register prior to using this service.

FITNESS
VARIETY
PARENT TOT GYM TIME
We have a variety of recreational equipment setup in the gym for parents and tots to utilize. This is a drop-in program without an instructor. Come on in and enjoy meeting other parents and watch the children play with the parachute, balance beam, scooters, playground balls and more! Ages 3-5.
Location: Community Center Gym
Date: Tuesdays, 1/05/21 – 3/30/21
Time: 10:00AM – 12:00PM
Fee: Free Resident / $5 Drop In
OPEN WOODSHOP
The Woodshop will be open for your small repairs and projects. We have a variety of tools and supplies that you can use to complete your projects. By appointment only. **Prerequisite:** Woodshop Safety Certification
Location: Community Center Makers Studio
Fee: Free Resident / $10.00 Regular per visit
Time: Call 248-370-9353 to schedule

WOODSHOP SAFETY CERTIFICATION
Have you ever wanted to work with wood and learn how to use a variety of power tools? Attend this training class and become certified to use our woodshop. You will get trained on all of the equipment in our woodshop. Class includes safety certification so you can come back and use the wood shop for your future projects. Limited to 5 students. The January footstool class will also include safety certification.
Location: Community Center Makers Studio
Fee: $5.00 Resident / $10.00 Regular
Time: 3:00PM - 5:00PM
Date: Thursday, 1/21/21 #123513A
Thursday, 2/18/21 #123513B
Thursday, 3/18/21 #123513C

ADULT PROGRAMS

MAKERS CLASSES

SPINNERS FROLIC
Do you have an interest in learning to spin fluff into useable yarn for needlework or weaving projects? Spinners Frolic is a group of passionate fiber artists that love teaching and learning the ancient art of spinning. No experience needed. No equipment needed.
Location: Community Center Seyburn B
Dates: 2nd Tuesday of the month
Time: 4:00PM - 8:00PM

OPEN STUDIO TIME
Use our pottery wheel or tables to create with your own clay. Once your piece is complete you can have it fired by us on scheduled days. By appointment only.
Location: Community Center Makers Studio
Fee: Free Resident / $5.00 Regular per visit
Times: Call 248-370-9353 to schedule
ATHLETICS

CO-REC SOFTBALL LEAGUE
Teams play early weeknight games during the 14 game season. Top four teams advance to the playoff round. Team fee includes: game balls, playoff officials, sponsor trophies & custom t-shirts for league and playoff champions. Call to receive packet/registration information.

Location: Civic Center Park Ball Diamond
Fee: $488 (includes $48 forfeit bond)
+ add’l fees: $15 per team, per game to umpire
Dates: Tuesday or Thursday games (6P & 7:15P), Starting May 11 #222390

FITNESS

BARRE TOTAL BODY WORKOUT
Barre inspired class. Using the principles of low weights/high reps, this class will sculpt your abs, arms, thighs and glutes using weights, and a chair. Your results: increased muscular endurance, AND tighter abs, behind and arms. Please bring 2-3 lb weights, AND A MAT.
Conducted by Fitness Rx Instructor, Carrie Scoville.
Location: Community Center Studio
Drop In: $10.00
Date: Mondays, 01/04/21 - 03/22/21
Time: 5:45PM - 6:45PM #125091A
Fee: $79.00 Resident / $94.00 Regular (12 sessions)

CORE & TONING
An intense workout for the midsection (muffin top), this class focuses on toning and strengthening the body’s core abdominal and back muscles. This powerful workout for the “powerhouse” of your body is combined with other exercises which will tone and sculpt other muscles in addition. Please bring a mat and light hand weights to class. Conducted by Fitness Rx Instructor, Carrie Scoville.
Location: Community Center Studio
Drop In: $10.00
Date: Tuesdays, 01/05/21 - 03/23/21
Time: 5:45PM - 6:45PM #123662A
Fee: $79.00 Resident / $94.00 Regular (12 sessions)

YOGA WITH LISA (Ages 14+)
Improve your strength and flexibility, alignment, balance, and self-confidence, as you decrease muscle tension and learn to relax. All levels of experience are welcome. Wear loose, comfortable clothing and bring a yoga mat. Poses can be modified as needed. This class is available in person and via ZOOM. Please bring: Yoga Mat (REQUIRED) and blanket, Blocks, yoga strap and eye pillow if desired. Props will not be provided. Modifications are provided if you do not have props. Taught by Lisa Calice, E-RYT200
Location: Community Center Seyburn B (or ZOOM option)
Drop In $10.00 available for in person only
Date: Mondays, 1/4/21 - 3/22/21
Time: 6:30PM - 7:30PM
Fee: $72.00 Resident / $82.00 Regular (12 sessions) #125081A
Class and Yoga Kit Fee: $152 Resident / $162 Regular (mat/strap/block/blanket/bolster) #125081B

CANDLELIGHT YOGA (Ages 14+)
Begin anew each week with a soothing, light to medium-paced, candlelight yoga flow. Enjoy soft music, guided breathing, meditation, and a variety of poses to calm your mind and relax your body. A chair can be used for any seated poses if you prefer not to be on the floor. Good for all levels and you will have plenty of space for social distancing. The room is spacious and a comfortable temperature. This class is available via in person and ZOOM. Please bring: Yoga Mat (REQUIRED) and blanket, Blocks, yoga strap and eye pillow if desired. Props will not be provided. Modifications are provided if you do not have props. Taught by Lisa Calice, E-RYT200
Location: Community Center Seyburn B (or ZOOM option)
Drop In $10.00 available for in person only
Date: Mondays, 1/4/21 - 3/22/21
Time: 7:45PM - 8:45PM
Class Only Fee: $72.00 Resident / $82.00 Regular (12 sessions) #125090A
Class and Yoga Kit Fee: $152 Resident / $162 Regular (mat/strap/block/blanket/bolster) #125090B

PILATES (Ages 14+)
A low impact, mat based class focusing on strength, stability, posture, and flexibility. Strengthen your core and your entire body. Please bring a mat and light hand weights to class. Taught by Sabrina Harras.
Location: Community Center Fitness Studio
Drop In: $10.00
Date: Wednesdays, 01/06/21 - 03/24/21
Time: 9:00AM - 10:00AM #123663A
Fee: $72.00 Resident / $82.00 Regular (12 sessions)

LOW IMPACT AEROBICS (Ages 14+)
This movement class is designed to give maximum cardio benefits with little stress to the joints. The use of light hand weights will help sculpt muscles. Please bring your own light hand weights to class if possible. Taught by, Sabrina Harras.
Location: Community Center Fitness Studio
Drop In: $10.00
Date: Wednesdays, 01/06/21 - 03/24/21
Time: 10:15AM - 11:15AM #123664A
Fee: $72.00 Resident / $82.00 Regular (12 sessions)

ATHLETICS

CO-REC SOFTBALL LEAGUE
Teams play early weeknight games during the 14 game season. Top four teams advance to the playoff round. Team fee includes: game balls, playoff officials, sponsor trophies & custom t-shirts for league and playoff champions. Call to receive packet/registration information.

Location: Civic Center Park Ball Diamond
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Dates: Tuesday or Thursday games (6P & 7:15P), Starting May 11 #222390

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Location: Community Center Seyburn B (or ZOOM option)
Drop In $10.00 available for in person only
Date: Mondays, 1/4/21 - 3/22/21
Time: 6:30PM - 7:30PM
Fee: $72.00 Resident / $82.00 Regular (12 sessions) #125081A
Class and Yoga Kit Fee: $152 Resident / $162 Regular (mat/strap/block/blanket/bolster) #125081B

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Location: Community Center Seyburn B (or ZOOM option)
Drop In $10.00 available for in person only
Date: Mondays, 1/4/21 - 3/22/21
Time: 7:45PM - 8:45PM
Class Only Fee: $72.00 Resident / $82.00 Regular (12 sessions) #125090A
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Location: Community Center Fitness Studio
Drop In: $10.00
Date: Wednesdays, 01/06/21 - 03/24/21
Time: 9:00AM - 10:00AM #123663A
Fee: $72.00 Resident / $82.00 Regular (12 sessions)

LOW IMPACT AEROBICS (Ages 14+)
This movement class is designed to give maximum cardio benefits with little stress to the joints. The use of light hand weights will help sculpt muscles. Please bring your own light hand weights to class if possible. Taught by, Sabrina Harras.
Location: Community Center Fitness Studio
Drop In: $10.00
Date: Wednesdays, 01/06/21 - 03/24/21
Time: 10:15AM - 11:15AM #123664A
Fee: $72.00 Resident / $82.00 Regular (12 sessions)
TABLE TENNIS & PING PONG
Stop by the front desk to sign in and sign out the equipment.
Fee: FREE Resident / $5 Regular
Times: Mondays & Tuesdays, 11:30AM – 5:00PM
       Wednesdays, 2:30PM-8:30PM
       Fridays, 8:00AM-4:30PM

CPR / FIRST AID COURSES (Ages 13+)
Learn valuable life-saving skills that you could use to help a friend or family member by taking a CPR or First Aid course taught by an instructor from the Auburn Hills Fire Department. Courses are three hours in length and include American Heart Association certification card. Limited to 10 participants must have minimum of 5 to run class.
Location: Auburn Hills Public Safety
Fee: $25.00 Resident / $40.00 Regular
Time: 9:00AM – 12:00PM
Dates: Saturday, 02/06/21 – Basic First Aid #133280
       Saturday, 03/06/21 – Adult/Child CPR #133260

OUTDOOR EDUCATION & NATURE PROGRAMS

FIRE CIDER WORKSHOP
Fire cider is a delicious, spicy brew of nourishing herbs in apple cider vinegar, usually sweetened with honey. The idea is to include herbs that nourish the immune system and fight pathogens, and that are just plain tasty. In this workshop we will demonstrate how to prepare a batch of fire cider from Herbalist, Lea Pfeifer. She will teach you the basics of fire cider, variations on the theme, the history of the recipe and the recent controversy around the name. Each in-person participant will receive a fire cider tincture to take home.
The information provided in this workshop is not intended to be a substitute for medical treatment. Please consult your medical care provider before ingesting herbs, particularly if you have a known medical condition or if you are pregnant or nursing. Any person ingesting an herbal remedy at a demonstration/workshop and/or any person trying to recreate and/or preparing a remedy on their own and then ingesting it, accepts all risks associated with ingesting it and agrees to release the City and its officials, employees and agents from any liability with respect thereto.
Location: Hawk Woods Lodge
Fee: Free
Time: 6:00PM – 7:00PM
Date: Thursday, 1/14/21 #134003

FITNESS ROOM
Auburn Hills residents can work out in the fitness room for free! Call for an appointment. The Fitness Room includes treadmills, elliptical machines, a multi-station strength machine, stationary bike and more. Showers and lockers are available—please bring your own lock. Children 12 and under are not allowed in the Fitness Room. 13-17 year olds must be signed up for the Teen Fitness Program to participate. Corporate Fitness Card available for those who work in Auburn Hills for $100 annually.
LITTLE HIKERS (UP TO AGE 6 WITH ADULT)
This program is designed for parents to take a guided walk with their child, learn about the outdoors and learn ways to introduce children to the natural world around them. Up to age 6 with adult.
Location: Hawk Woods Nature Center Lodge
Fee: Free
Time: 9:30AM – 10:15AM
Date: Friday, 1/8/21 #134011A
Friday, 2/5/21 #134011B
Friday, 3/5/21 #134011C

GEOCACHING SERIES CHALLENGE
Complete our Geocaching Series Challenge and stop by the Community Center for a special prize! Call 248-370-9353 for more information about how to complete the challenge!

NATURE STORY TIME (AGES 3-5)
Come listen to a story and have fun with nature! The activity will include a story and a craft, time outdoors and/or other age-appropriate activities. Up to age 6 with adult.
Location: Hawk Woods Lodge
Fee: Free Resident / $3 Regular
Time: 9:30AM – 10:15AM
Date: Wednesday, 1/20/21 No Two Alike #134012A
Wednesday, 2/17/21 Snowmen at Night #134012B
Wednesday, 3/17/21 Green Shamrocks #134012C

2021 MLK DAY CELEBRATION
01.18.2021 | 8:30 A.M.
AUBURN HILLS COMMUNITY CENTER
Healthy Aging starts with you taking advantage of our services, classes, programs and travel & trip adventures.

TRANSPORTATION
Transportation available for senior city residents age 60 and older and/or disabled city residents. Transportation is for medical appointments (non-emergency or surgical), business appointments, shopping days and visits to the Community Center for luncheon activities. Not available for work-related transportation. Fee is $2.00 each way. For information call: 248-370-9353. Must call in advance; same-day service is not available.

COMMUNITY CENTER CARD
Stop by the Community Center to receive a “Community Center Card” or renew your current Community Center card. Proof of residency required. Cards are renewed annually.

FITNESS OPPORTUNITY – Availability based on current Orders
Residents of Auburn Hills with a Community Center Card can use the Fitness Room at the Community Center FREE OF CHARGE. Non-resident: Individual $250.00 /Family $400.00. Locker room with showers available. Bring your own lock/shower supplies. Monday- Friday, 8:00AM – 9:00 PM and Saturdays, 9:00 AM - 9:00PM. Fitness Room check-in no later than 8:30PM.

INSTRUCTORS WANTED
Do you have a special talent, hobby or fitness program that you would like to teach? Stop by the Community Center to pick up a Prospective Instructor Survey or go online.

IDEAS & SUGGESTIONS WELCOME
We are always searching out new ideas for our programs and services. If you have an idea or suggestion please drop us a line or call us. Better yet, stop by for coffee and let us know what you are thinking.

SEASONAL ANNOUNCEMENTS

INCLEMENT WEATHER NOTICE
Winter in Michigan means weather can change quickly. A couple of program and service notes:
• If the Avondale Schools or Pontiac Schools are closed due to inclement weather; the Senior Bus Transportation Program will not operate for safety reasons.
• The Senior Services Department reserves the right to cancel bus transportation if deemed unsafe for buses or riders.
• Senior Meals on Wheels will make every effort to deliver meals; however, if it is determined to be too dangerous for our volunteer drivers we will cancel meals. If this occurs we make every possible attempt to notify Meals on Wheels participants. If meals are not delivered due to the weather, participants are encouraged to use their survival meal packets.

INCOME TAX PREPARATION APPOINTMENTS
AARP’s Tax-Aide Program will provide IRS Certified Preparation Specialists for the 2020 Tax Year beginning in February 2021 at the Auburn Hills Community Center. The program is intended for low-to-moderate income taxpayers in our area with special attention given to seniors. The returns cannot be complex.

Unfortunately, details are currently unavailable due to COVID-19. Call for more information after 1/25/2021.
**NUTRITION PROGRAMS**

**CARRY OUT MEALS**
For the duration of COVID-19, we are offering carry out meals. Carry outs must be reserved by 9:30AM the day before (for a Monday lunch call the Friday before). Monthly menus (subject to change) available at the Community Center or online. Suggested donation ages 60 and over is $3.00. Under 60: $5.00. Call 248-370-9353 to reserve a meal. Meals can be picked up between 11:30am and noon.

**NOON LUNCH**
Lunch is served Monday-Friday at noon. Must reserve a meal by 9:30AM the day before (for a Monday lunch call the Friday before). Monthly menus (subject to change) available at the Community Center or online. Suggested donation ages 60 and over is $3.00. Under 60: $5.00. Call 248-370-9353 to reserve a meal.

**MEALS ON WHEELS**
Nutritious meals are delivered five days a week to homebound seniors. $3.00 per meal donation. Call the Older Persons Commission 248-608-0264 to participate or for more information.

The OPC Senior Center in Rochester provides our nutrition services to the City of Auburn Hills through a grant with the Area Agency on Aging 1B, general fund support from the City of Auburn Hills and donations.

**LEISURE ACTIVITIES**

**MONDAY BUSINESS BINGO**
Business Bingo is back and bigger than before! We are expanding Business Bingo to every Monday EXCEPT the Second Monday of the month. Join us for a fun filled afternoon of Bingo sponsored by a local business.
Time: 12:30PM
Dependent on current Orders

**NEW! - LUNCH CHAT LINE**
We miss you! Hopefully lunches and gatherings can be back to “normal” soon, but until then let’s get together on the phone! Call our conference call line and join in on the fun. Twice a month we will spend time chatting, catching up, and connecting. Talk to you soon!
Conference Call Line: (605) 468-8855 Access Code: 493005
Date: Wednesday, January 13th & 27th
Wednesday, February 10th & 24th
Wednesday, March 10th & 24th
Time: 12:00PM

**DAY CLASSES**

**COMPUTER CLASSES**
This is a 6 week introduction to the basics of computers with individual tutoring for seniors by seniors. Instruction will include basic computing, surfing the web and e-mail. This 6 week class is designed for beginners. Time will be set when you register.
Date: On Hold

**COMING SOON – YOGA AT HOME**
More details coming soon!

**WINTER LECTURES**

**TO BE INFORMED IS TO BE IN CHARGE**
Make sure you are in control of your future no matter what life may bring. This talk will discuss the difference between a Power of Attorney, Durable Power of Attorney, Advanced Directive, and other covered Medicare benefits. Brought to you by HCR Manor Care.
Date: Monday, 1/25/21
Time: 1:00PM
Fee: Free

**YARD SERVICE PROGRAMS**

**AUBURN HILLS SPRING & FALL RAKE & RUN PROGRAMS**
Are you finding it more difficult to get out and rake your yard to get it ready for spring? If you are senior citizen or disabled homeowner who needs help in raking leaves we may be able to help. Volunteers will clean and rake yards for eligible residents. Call 248-370-9353 to have your name placed on an interest list. Please keep in mind we can only do as many yards as we have volunteers.

**LAWN MOWING & SNOW PLOWING FOR SENIORS & PERSONS WITH DISABILITIES**
The City offers 2 yard maintenance programs for income and age eligible homeowners; one for lawn mowing and one for snow removal. These programs are funded by Community Development Block Grant (CDBG) funds and offered to low income senior citizens and disabled adults. Call 248-370-9353 for details.
**NURSING RESOURCES IN THE TIME OF CRISIS**

Being a caregiver is a full-time job and sometimes the hardest part is finding resources in your community. This talk, brought to you by Hospice of Michigan, will be an aid to help you find resources and answer your questions about being a caregiver.

**Date:** Friday, 2/05/21

**Time:** 1:00PM

**PRESCRIPTION TAKE BACK PROGRAM**

How do you dispose of your unused and expired medication or household hazardous waste? Resources in your community are discussed in this informative presentation, brought to us by Carla Roseman, Public Health Educator for Oakland County!

**Date:** Wednesday, 2/17/21

**Time:** 1:00PM

**MAKE BANKING EASY WITH TECHNOLOGY**

Managing your money online or from your phone can seem scary or not secure, but Comerica is here to help! Learn about different technology you can use to make banking from home simple & safe.

**Date:** Wednesday, 3/03/21

**Time:** 1:00PM

**TRAVEL BY TRAIN**

Hop aboard the train and join us for some trips around the world – virtually! In partnership with Lisa Calice and our Auburn Hills Rotary, we will be learning about and “visiting” new locations. Our first stop is Ireland! The luck of the Irish is with us as we depart for a trip across the pond without having to leave the comfort of Auburn Hills.

**Dates:** Tuesday, 3/16/21

**Time:** 6:00 pm

**COVID-19 UPDATE**

We recognize the importance of staying active during COVID-19, and the Auburn Hills Senior Services Department is aiming to assist in providing activities that will help you to keep moving. The following fitness classes will be available in person if allowed by current Orders as well as virtually via Zoom. If not allowed by the State of Michigan due to COVID-19, the classes will be available live via Zoom exclusively. Gym activities, such as walking and recreational pickleball would be canceled.

**EXERCISE WITH AMANDA**

Join Amanda Farner, certified group exercise instructor and personal trainer, for a total body workout for all fitness levels. This class will incorporate strength training, cardio fitness, balance, and flexibility. Class will meet Mondays, Wednesdays, and Fridays. Sign up and save, or drop in when you can.

**Date:**

- **Session A:** M, W, F; Jan 4 – Feb 12
  - 1PM – 2PM #152077A
  - 1PM – 2PM #152077B

- **Session B:** M, W, F; Feb 15 – March 19
  - 1PM – 2PM #152077B

**Fee:**

- Resident $50.00 In-Person / $30.00 via Zoom / $5 Drop In
- Regular $60.00 In-Person / $40.00 via Zoom / $5 Drop In

**ESSENTRICS® GENTLE STRETCH**

This is an age reversing gentle stretch that will restore movement in your joints, flexibility in your muscles, relieve pain, and stimulate your cells to increase energy and vibrancy in your immune system. A slow-paced, full body workout created by the author of Forever Painless and The New York Times bestseller, Aging Backwards. This class can be done standing or seated.

**Instructor:** Kim Vitale, Essentrics® Instructor

**Date:**

- **Session A:** Thursdays, 1/7/21-1/28/21
  - 10AM – 11AM #152076B

- **Session B:** Thursdays, 2/4/21-2/25/21
  - 10AM – 11AM #152076B

- **Session C:** Thursdays, 3/4/21-3/25/21
  - 10AM – 11AM #152076C

**Fee:**

- $28.00 Resident / $36.00 Regular
- $10.00 Drop In
- 4 Classes Each Session

**HEALTH, WELLNESS & FITNESS PROGRAMS**

Senior Fitness programs are open to adults age 55 and up. Some programs allow participants under age 55. See program descriptions or call to inquire. Registration and residency requirements for some programs unless otherwise noted.

**Drop-ins available after minimum class registration is met.**

Knowing and understanding there are certain risks involved in your voluntary decision to participate in these activities; we recommend that you consult your doctor before starting any exercise program. Warming up and cooling down are a vital part of a safe and effective exercise class. Please arrive on time to participate in the warm up for each class, and remain through completion of the cool down period.

**Ask us about our Scholarship Programs!**
SUPERHERO PARTY
FRIDAY, JANUARY 15
12:00 PM | $5.00
It’s a bird! It’s a plane! No, it’s a party! Grab your capes and fly on in for this extraordinarily entertaining affair! Ticket deadline 1/08/21

HAPPY BIRTHDAY, MICHIGAN!
TUESDAY, JANUARY 26
12:00 PM
Happy 183rd Birthday, Michigan! Come join in the Michigan-themed lunch and fun as we celebrate our favorite Mitten State’s birthday. Call to reserve your lunch by 10am on 1/22/21.

GROUNDHOG DAY
TUESDAY, FEBRUARY 2
12:30 PM
What’s all the fuss about this groundhog anyway? Celebrating and learning the history of this fun & hopefully shadow-less tradition! How many more weeks until Spring?

VALENTINE’S DAY PARTY
FRIDAY, FEBRUARY 12
12:00 PM | $5.00
Love is sweet! Join us for a fun and festive party celebrating L-O-V-E! Entertainment to be announced. Ticket deadline 1/29/20

ST. PATRICK’S DAY PARTY
FRIDAY, MARCH 19
12:00 PM | $5.00
Looking for a party full of fun? It’s your lucky day! Join us for a jovial jamboree in honor of the Luck of the Irish! Happy St. Patrick’s Day! Entertainment will be announced. Ticket deadline 3/05/20

PI DAY!
FRIDAY, MARCH 12
12:30 PM
Numbers and dessert... what combination could be better? Nerdy questions aside – join us for pie, puzzles, and plenty of fun.

BIRTHDAY + ANNIVERSARY CELEBRATION
On the 2nd Monday of the month, we honor those who are having a birthday or anniversary that month. Honorees receive a complimentary meal and gift. Must be pre-registered to take advantage of this fun celebration. Please call by the 1st Monday of the month to register for your Birthday or Anniversary.

PRE-TICKET SALES
Tickets will be available for purchase up to 3 months in advance of designated large party at the Community Center. Ticket sales will close 10 business days before the event. Refunds in the form of an in-house credit will only be issued up to one week prior to the event. No day-of ticket sales.

Programs follow the noon meal unless otherwise noted. Some programs have an activity fee. Larger parties and events require advance tickets. See individual programs for more details. All lunches must be pre-ordered by 9:30AM the day before by calling 248-370-9353. Lunch: Seniors 60+ $3.00 /under 60 $5.00.

COVID-19 UPDATE
Due to COVID-19, we are unsure about the status of our parties for this fall and winter. Decisions will be made 30 days prior to each party. We will be announcing the status of the parties on our Facebook page and you can also call 248-370-9353 to inquire. Subject to change or cancellation dependent on COVID-19.
TAI CHI FOR HEALTH – SEATED AND STANDING

Tai Chi is focusing on fluid, circular movements that are relaxed and slow in tempo. Stiffness causes pain; increased flexibility will relieve pain. Tai Chi can help reduce stress which in turn calms the body and can help with conditions such as Arthritis and Diabetes. Registration deadline 1 week before class starts. Drop-ins only offered after class minimum has been met.

Instructor: Cheryl Goodwin, Tai Chi for Health Institute Certified
Dates: Mondays, 1/4/21 – 2/8/21
       10:00AM – 11:00AM #152072A
       Mondays, 3/1/21 – 4/5/21
       10:00AM – 11:00AM #152072B

Fee: $42 Resident / $54.00 Regular / Drop in $10
     6 classes each session

LINES DANCING

Do you love music and like to dance or want to learn to dance? Line Dancing is a fun way to help maintain or improve muscle strength, balance, and endurance. Everyone learns something new from beginners to seasoned dancers! Registration deadline 1 week before class starts. Drop-ins only offered after class minimum has been met.

Instructor: Enita Hass
Dates: Session A: Wednesdays, 1/6/21-2/10/21
       12:00PM – 1:00PM #152075A
       Session B: Wednesdays, 2/17/21-3/24/21
       12:00PM – 1:00PM #152075B

Fee: $42.00 Resident / $54.00 Resident / $10.00
     Drop in
     6 Classes Each Session

RECREATIONAL PICKLEBALL

Three indoor courts are available at the Community Center for open, non-competitive play. Players must sign in at the desk before entering the court. Outdoor courts available for tennis and pickleball on a first come, first served basis.
Date: 1/4/21 – 3/31/21 indoors,
     Mon, Wed, Thurs, Friday
Time: 9:30AM – 12:30PM (M/Th/Fri)
      9:30AM – 12:00PM (W)

Fee: $3.00 Drop in Resident / $4.00 Drop in Regular
     Punch Card: $24.00 10 Punches Resident / $34.00 10 Punches Regular

OPEN WALKING

The Community Center features a walking track. Walk or jog your way to fitness! Music provided. CLEAN, DRY gym shoes required. Water bottle recommended. Registration is required.
Date: Monday – Friday 8:00AM – 9:00AM
     #532002

Fee: Free Residents / $5.00 Drop in Regular

TRAVEL

COVID-19 Travel Update
Auburn Hills Senior Travel has decided to limit the number of trips we are offering due to the COVID-19 pandemic. We are making every effort to keep our travelers safe and due to the changing circumstances of travel and accommodations, we have decided that it is best to proceed with caution regarding travel. You will notice that the trips listed below do not have prices. All trips are interest only. This means you are able to put your name down for these trips, but no money will be collected. In the event that trips are confirmed and able to go, we will notify you and collect payment.

More trips may be added as the season progresses dependent on the status and implications of COVID-19. Please check our website or call for more details.

TRAVEL INTEREST LIST
If you would like to receive travel updates via email, email nstasyk@auburnhills.org and we will send you updates as new trips are added.

DETROIT INSTITUTE OF ARTS
Join us for a trip to the Detroit Institute of Arts, a 685,000 square foot Art Institute with over 100 galleries. While we are there, two extra exhibitions will be taking place. “Russ Marshall: Detroit Photographs 1958-2008,” displays over 75 photographs of Detroit over 50 years. Also, “Detroit Style: Car Design in the Motor City, 1950-2020,” which includes a selection of paintings and sculptures highlighting conversation between American art world and the car culture from the 1950s and present day. Senior bus transportation.
Date: Wednesday, 02/03/2021 #151139
Time: Interest Only

LUNCH AND AXE THROWING AT THE HUB
This trip is an active one - we are going to The HUB Stadium in Auburn Hills to enjoy lunch and an afternoon of Axe Throwing. Do you have what it takes to hit a bullseye? Let’s find out! Senior bus transportation.
Date: Friday, 03/26/2021 #151140
Fee: Interest Only
HOLLAND TULIP TIME
We are excited to bring back this popular day trip to Holland, Michigan! This day is packed, beginning with a family style lunch at the Beechwood Inn and moving on to shopping in downtown Holland. Then we will be heading to the Windmill Island Gardens, to see a 250 year old working Dutch windmill that is 125 feet tall! This is a great day getaway, roundtrip via deluxe motor coach.

Date: Monday, 05/03/2021 #151141
Fee: $97.00

EXTENDED TRIPS
A FULL ITINERARY IS AVAILABLE AT THE COMMUNITY CENTER FOR ALL EXTENDED TRAVEL!

CRUISIN KENTUCKY
This tour includes a stop at the National Museum of the US Air Force on the first day of the trip. On day two, enjoy a two and a half hour cruise down the Ohio River through Cincinnati and Northern Kentucky, including a guided underworld tour of Newport Kentucky and lunch and shopping at Newport. The underworld tour shows how mobsters made millions and where gamblers lost it all! There’s something for everyone on this tour. Round trip transportation via deluxe highway motorcoach.

Date: 05/25/2021-05/26/2021 #551218
Fee: $290.00 per person double

MEAL PACKERS AND SERVERS NEEDED
Many hands are needed in our kitchen for our Nutrition Program. Meals are packaged at the Community Center Monday thru Friday for our homebound seniors. Volunteers are also needed for serving site meals and clean-up.

SHARP
Volunteers are needed for SHARP – Senior Home Assistance Repair Program. The SHARP program provides home repair to senior and disabled residents. The labor is free; the homeowner pays for the cost of the materials. Trained volunteers will provide miscellaneous home repairs and maintenance. This endeavor is co-sponsored with the North Woodward Community Foundation.

Volunteer Opportunities
Volunteering is an investment in your community. The City of Auburn Hills has numerous ways to invest in your community. Even if you just have an hour, we can use you. We have opportunities for individuals, families and students. Contact the Community Center at 248-370-9353 for more information. NEW-We now have an email address for volunteer inquiries: AUBURNHILLSVOLUNTEER@AUBURNHILLS.ORG
Please note: All volunteers are required to pass a background check.

SPRING & FALL RAKE AND RUN
Want to make a difference in a day? Volunteers are needed to help seniors clean up yards. Rakes and yard waste bags will be provided. Great opportunity for groups and families.

MEALS ON WHEELS DRIVERS NEEDED FOR DAYTIME DELIVERIES
Meals on Wheels provides daily nutritious meals to homebound seniors with the added bonus of a quick safety check and much-needed human connection that comes with each delivery. Different routes are available. Scheduling is easy and flexible. This is a great opportunity for families, students, civic groups, churches, businesses, employees, and retirees to help out.

Date: ON HOLD
5th Annual Bruce Howell Memorial Free Throw Contest

Saturday, February 20 • 2:00 PM | Community Center Gymnasium

DURABLE MEDICAL EQUIPMENT LOAN CLOSET
Durable medical equipment such as walkers, crutches, wheelchairs & bath stools are available. Availability of equipment varies. Because our storage space is limited, we ask that you call prior to bringing in any donations. Cannot accept any medications or medical supplies.

NEW! - ASK THE BANKER
We know that fraud is on the rise and you may have questions about banking, electronic banking, if your accounts are safe and everything in between. This is a great opportunity to ask some questions to Janet Bouza and Robert Tessman, Bankers at Comerica Bank, located at 3501 Hamlin Road, Suite 1 right here in Auburn Hills. This is a financial roundtable and you are welcome to ask any questions about banking whether you bank with Comerica or not.
Phone Number to Call: 248-371-7501
Date: January 14th, February 11th, March 11th
Fee: 6PM

FILE OF LIFE PROGRAM
The File of Life is a paper emergency information system sponsored by the Auburn Hills Fire, Police and Senior Services Departments. The File of Life is a magnetic file that is placed on the front of the refrigerator. Inside the file is emergency information that first responders may need to access in case of a medical emergency. This is a free program. Stop by the Community Center to pick up a File of Life or call 248-370-9353 to schedule a trained volunteer to visit you and help you complete your File of Life information.

HEARING EVALUATIONS, BATTERY CHANGES, HEARING AID CHECKS
Representatives from Miracle Ear will be on site to do free hearing evaluations, battery changes, and hearing aid checks. Walk-ins are welcomed, but appointments are encouraged.
Call for more information.
Date: January 18th and March 15th
Time: 11AM - 1PM
**HOMEBOUND LIBRARY PROGRAM**
The Auburn Hills Public Library provides a free Home Delivery Service for Auburn Hills residents who are eligible. If you would like information about this program, please call the Adult Services Librarians at 248-364-6706.

**NEW! - RESIDENT ROPER LOCKBOX SAFETY PROGRAM**
Participants in this program will have a secure lock box installed on the exterior of their home which contains a key to the home. Only the Auburn Hills Fire Department personnel will have a master key to unlock this box to gain secure entry into the home in the event of an emergency. Roper boxes can be purchased at cost through the Senior Services Department or contact us to see if you qualify for a limited supply of free boxes for low income residents.

**MEDICARE, MEDICAID, PART D & OTHER INSURANCE ASSISTANCE**
Trained MMAP volunteers are available to answer your questions about Medicare, Medicaid, Medicare Part D Prescription programs, Long Term Care Insurance, Supplemental Insurances, Medicare Drug Discount Cards and more. Assistance is also available in understanding statements from Medicare, hospitals, etc. By appointment only, call the Community Center for more information 248-370-9353.

**OPERATION MEDICINE CABINET**
Dispose of unused or unwanted prescriptions and over the counter drugs safely. The Auburn Hills Police Department has a secure container in their lobby where you can safely dispose of drugs. No needles or liquids.

**ASSISTANCE PROGRAMS**

**MSR SCHOLARSHIP**
The Neighborhood House-Auburn Hills 55+ MSR Scholarship was established through a vision by an anonymous donor who wanted to provide the monetary means for Auburn Hills low income seniors age 55+ to participate in Auburn Hills Community Center activities, the senior lunch program, and to utilize the senior transportation program. Please contact Neighborhood House at 248-651-5836 to qualify.

**NEIGHBORHOOD HOUSE + AUBURN HILLS FOOD CUPBOARD**
Emergency Community Food Cupboard sponsored by Neighborhood House is available for Auburn Hills’ residents only, regardless of age, who find themselves in need of emergency food assistance. Emergency food assistance is limited to non-perishable foods. Call center for appointment.

**FOCUS HOPE**
Food assistance program for income qualified individuals. Income and/or age guidelines must be met. Focus Hope is a monthly food distribution program for seniors age 60 and older only.

**HOME + YARD PROGRAMS**

**MINOR HOME + MOBILE HOME REPAIR PROGRAM**
This free program is for income qualified homeowners of Auburn Hills who own their own home and who require minor home repairs. This service is funded under the Community Development Block Grant Program (CDBG). Enrollment is limited and only available as long as funding is available.

**SHARP - SENIOR HOME ASSISTANCE REPAIR PROGRAM**
A volunteer based program designed to help senior citizens and disabled residents to continue to live as independently as possible in their own homes. The SHARP program accepts requests for assistance year round (yard requests are seasonal). Call for more details and eligible projects.

**LAWN MOWING & SNOW PLOWING FOR SENIORS & PERSONS WITH DISABILITIES**
The City offers 2 yard maintenance programs for income and age eligible homeowners: one for lawn mowing and one for snow removal. These programs are funded by Community Development Block Grant (CDBG) funds and offered to low income senior citizens and disabled adults. Call 248-370-9353 for details.
THE 29TH ANNUAL EASTER EGG HUNT

SATURDAY, APRIL 3RD · 12:00 - 2:00 PM

AUBURN HILLS CIVIC CENTER PARK

QUESTIONS? 248.370.9353
Saturday, April 3rd
12:00 - 2:00 pm
Auburn Hills Civic Center Park
Questions? 248.370.9353

The 29th Annual Easter Egg Hunt
Bonnet Contest
The City Council approves the annual City budget for all activities, adopts ordinances, approves rezoning and site plans, and also approves major purchases.

**CITY COUNCIL**

To be stewards for the community through a connected, transparent, and efficient government

**MISSION**

Auburn Hills will be a community with the heart of a small town that operates with the excellence of a world class city

**VISION**

**VALUES**

Excellence
Diversity
Safety
Humility
Fiscal Responsibility
Attentive Service
The City Manager is the chief administrative officer for the City of Auburn Hills and is responsible for the day-to-day operations of the City. The City Manager is appointed by and serves at the pleasure of the City Council. The City Manager also attends all City Council meetings and reports directly to the City Council on all City matters.

Among other duties, the City Manager submits the annual budget, assists in planning strategies to achieve City Council goals and to improve the quality of life in the City of Auburn Hills. He also coordinates day-to-day operations and ensures the integration of services among City departments, as well as helping ensure the dependable delivery of high quality services while conserving community resources.