THE CITY OF

AUBURN HILLS

WINTER 2020
Holiday Greetings! I would like to begin by thanking the citizens for continuing to place their trust in me and re-electing me to my 4th term on City Council. It is an honor to continue to serve with my fellow Council colleagues. As a fourth generation resident of the community, I am dedicated to our continued success. I would also like to thank the City Council for placing their confidence in me by electing me to once again serve as Mayor of Auburn Hills. I consider it a privilege to continue in that role to serve the citizens, businesses and visitors alike.

Special recognition to City Council Member Maureen Hammond on her retirement from City Council. Ms. Hammond served the City for 14 years and will surely be missed. Ms. Hammond’s retirement created an opening on City Council and congratulations go out to Brian Marzolf on his election to City Council, as well as the re-election of Cheryl Verbeke and Ron Moniz. We look forward to Brian joining the City Council and for the contributions he will make. Together, your City Council looks forward to working with our talented and dedicated staff to continue our progress making Auburn Hills a great city in which to live, work and raise a family.

I hope everyone enjoyed the beautiful fall weather. I’m not sure anyone was prepared for the early snowstorm that blanketed several inches of snow on our Community in early November. But in typical Auburn Hills’ fashion, our DPW was on the job and reacting swiftly to clear our streets. It seemed like we barely got past this year’s Fall Festival in the Woods at Hawk Woods Nature Center and Spooktacular in our downtown when suddenly, winter arrived.

As your City Council begins planning for 2020, I would encourage you to stop by a City Council meeting, visit our website, or follow us on social media for updates on projects and events. Next year promises to be as exciting and successful as 2019, with further growth in our business community, the expansion of our downtown, and the addition of new community facilities and amenities such as the new pavilion and play structure in Riverside Park and the new Lodge at Hawk Woods Nature Center. These improvements and additions will make living in Auburn Hills and even better experience.

From all of us here at the City, we wish you a Merry Christmas and Happy New Year!
WINTER HAPPIENGS

4TH ANNUAL BRUCE HOWELL MEMORIAL FREE THROW CONTEST
SATURDAY, FEBRUARY 22
2:00 PM | COMMUNITY CENTER GYM

Players of all ages and abilities are invited to compete in this exciting contest. Bruce was one of the best custodians of all time to work at the Community Center, he had a special way with the kids in the gym playing basketball – welcoming everyone, giving them tips, and showing them the way. In his honor, we’ll gather and have a fun time in the gym and give out prizes in a few age groups. The event is free, but we’ll be taking donations for the American Cancer Society to aid in the fight to end cancer. See you in the gym! The Teen Council is also selling concessions during the fun!

29TH ANNUAL EASTER EGG HUNT & BONNET CONTEST
SATURDAY, APRIL 11
12:00 PM - 2:00 PM | CIVIC CENTER PARK

Children of all ages are invited to hunt for Easter treats, enter the Annual Easter Bonnet Contest, and have their pictures taken with the Easter Bunny! Adults- don’t forget to enter the traditional Egg toss! $2 per child (payable from your car as entering the park).

**Age categories:** 3 & under, 4-6, 7-9, 10 & up

**Bonnet Contest:** 12:15 PM: Children’s categories: Best Auburn Hills Spirit, Most Creative, Prettiest, Most Patriotic, and NEW this year, MOST COMICAL. **Adult category:** Easter Bunny’s Favorite. Photos: 12:15 PM inside the Community Center. **Adult Egg Toss:** 1 PM on the lawn

SEMI-ANNUAL RED CROSS BLOOD DRIVE
FRIDAY, JANUARY 3
1:00 PM - 7:00 PM | COMMUNITY CENTER

Start the New Year out right by donating the Gift of Life. Donate blood so someone else’s New Year will be better! Through your generosity, someone’s life will be changed and there is no better feeling than knowing you helped someone. All it will cost you is an hour or so of your time.

Schedule your appointment by calling 248-370-9353 or on-line at http://www.redcrossblood.org/make-donation

MARTIN LUTHER KING JR. DAY
MONDAY, JANUARY 20
8:30 AM | COMMUNITY CENTER

Join us for a community-wide celebration in honor of Dr. Martin Luther King, Jr. Enjoy a continental breakfast, courtesy of Harbor Chase of Auburn Hills, and hear special remarks from guest speakers and city officials. Our theme this year is Operation Cover Me. Afterwards, we will gather in the gymnasium to make flannel tie blankets for those in need at the Grace Centers of Hope homeless shelter. Will also accept blanket donations.

FRIDAY, JANUARY 3
1:00 PM - 7:00 PM | COMMUNITY CENTER

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INTERNET SCAMS THAT TARGET SENIORS

Scammers generally are trying to get money by any means, they seek some sort of personal information out of you, whether it’s your social security number, Medicare information, retirement accounts, email accounts, or credit card information. Loneliness can eat away at many facets of a senior’s life, including making them become extremely susceptible to scams.

SWEETHEART SCAMS

You meet someone online, fall in love before you ever meet in person (though the relationship could lead to meeting in-person), and they start to ask for money to help solve debt problems. This is especially bad for those who could be isolated from other family members looking for companionship, and it also takes aim at those who may have recently lost a spouse and are in need of personal contact.

Reporting scams to the proper authorities is vital, yet more than 80 percent of online scams go unreported. This is due in part to people not knowing where they can report Internet scams.

Contact the Detroit FBI Headquarters to report internet fraud: 313-965-2323

TIPS FOR DRIVING IN SNOW & ICE

FREEZING RAIN CAN HAPPEN SUDDENLY, WHICH CAN CREATE CAR CRASHES, INJURIES, AND DEATHS IN WINTER STORMS. MANY PEOPLE CAN DRIVE IN THE RAIN AND SNOW BUT WHEN THE ROADS BECOME ICY, IT CAN BE NEARLY IMPOSSIBLE TO DRIVE.

INCREASE THE FOLLOWING DISTANCE TO EIGHT TO TEN SECONDS DURING HAZARDOUS ROAD CONDITIONS. THIS INCREASED MARGIN OF SAFETY WILL PROVIDE THE DISTANCE NEEDED IF YOU HAVE TO STOP UNEXPECTEDLY.

DRIVE SLOWLY. EVERYTHING TAKES LONGER ON SNOW-COVERED ROADS. ACCELERATING, STOPPING, AND TURNING; GIVE YOURSELF PLENTY OF TIME TO COMMUTE.
Saturday morning of September 21st, a group of 21 volunteers made up of Auburn Hills residents, the Auburn Hills Beautification Advisory Commission, and employees from OHM Advisors and Volkswagen, worked together to keep the river clean. The group dedicated two hours of their time to the banks of the Clinton River, removing trash and other debris. The clean-up covered a one-half mile stretch of the Clinton River that flows along River Woods Park, winding trails, picnic areas, play areas, and the Skate Park. The effort of these community-minded people resulted in the removal of 21 bags of trash, a shopping cart, one pallet, and a traffic cone.

All of the time and effort these volunteers dedicated to the community that day goes a long way in helping the City preserve and protect our valued water resources for this generation and future generations to come. The clean-up effort did not go unnoticed by a couple residents walking the trail, who praised the work undertaken by the volunteers during the clean-up.

The City of Auburn Hills would like to send out a special thank you to all the volunteers who participated in this year’s clean-up effort.

To learn what you can do to improve the quality of our local rivers, lakes and streams please visit the Community Development Department’s Stormwater webpage at www.auburnhills.org/stormwater.php.

Winter brings with it many fun activities, such as sledding, ice hockey, ice skating and skiing. However, winter also means mounds of snow to shovel and layers of ice to remove from our sidewalks and driveways. We often make the job easier by applying deicers like salt. Besides sodium chloride, many deicers also contain chemicals like cyanide. When ice melts, the salts and chemicals dissolve and flow into street drains that lead directly to the river, endangering aquatic life.

You can help protect our aquatic ecosystems by following these tips to reduce salt use and prevent pollution:

**REMOVE THE ELEMENTS:**
The most important step in deicing is to physically remove as much snow and ice as possible before applying any deicing material. Use a shovel to remove snow and break up the ice before you add another layer of deicer to your sidewalk or driveway. Adding more deicing material without removing what has melted can result in over-application, meaning more salt and chemicals end up in the river.

**LIMIT ACCESS:**
You can also reduce salt use by limiting access to your home to one entrance. For every doorway that is not used, there will be less salt running into the catch basin in your street.

**TRY AN ALTERNATIVE:**
Calcium magnesium acetate (CMA) was developed as a deicing alternative because it has fewer adverse environmental impacts than salt and doesn’t cause corrosion.

**REDUCE YOUR SALT USE:**
By limiting the amount of salt we use on sidewalks and driveways, we reduce the amount of polluted stormwater washing into our waterways.

Help keep our waters healthy year-round, and always remember you can make a difference.

For more information on how you can improve and protect your local rivers, lakes, and streams please visit the following websites:
City of Auburn Hills - www.auburnhills.org/stormwater.php
Clinton River Watershed Council – www.crwc.org

To report pollution, please call the City of Auburn Hills, Community Development Department at 248-364-6900.
ADULT PROGRAMS

DIY MACRAME PLANT HOLDER WORKSHOP
The weather is getting colder, and your plants have all come indoors, so now is the perfect time to make them a stylish macrame holder! We’ll follow along with a professional instructor through Creative Bug and be there to lend a helping hand if you need it. We’ll provide all the supplies you need to make the plant holder and a pot; you’ll just need to put a plant in when you’re done! Registration required.
Tuesday, December 17 | 7:00 pm | Ages 16+

DIY SUMINAGASHI JAPANESE PAPER MARBLING
Join us as we have an expert crafter teach how to practice the craft of Suminagashi-Japanese paper marbling. We will provide all the supplies for the project and will be following along with a Creative Bug professional as they teach us step-by-step how to achieve this enchanting look. When you’re finished, you can use your marbled paper for card-making, small posters, notebook covers, and more! Registration required.
Thursday, January 30 | 11:30 am | Ages 15+

DIY RESIN CHARM MAKING WORKSHOP
Use the power of resin to craft your own necklaces, charms, key-chains, and more! We’ll provide all the materials you need, but you’re welcome to bring things to embed in the resin if you’d like. Even if you’re not an artist at all, it’s easy to create stunning pieces with resin! Registration required.
Wednesday, February 12 | 7:00 pm | Ages 16+

BOOK BINGO
Play Book Bingo at the Library to win book prizes, have fun and make new friends! Enjoy the benefits of engaging in mentally stimulating activities like games. Registration required.
Wednesday, March 11 | 2:00 pm | Ages 18+

SPRING CLEANING SAFETY: TIPS FOR PROTECTING YOU & YOUR FAMILY
Join us for our fourth workshop in the Healthy Hot Topic Series with special guests from Oakland University William Beaumont School of Medicine! As you start your spring cleaning, what can you do to protect yourself, your family members, and your pets? This session will review home safety tips for reducing falls, preventing carbon monoxide poisoning, and uncovering everyday products that could be hazardous to your health. Reliable online resources for checking your home, yard, and personal care products for harmful chemicals will also be reviewed! Registration required.
Saturday, March 21 | 11:00 am

SLEUTH SOCIETY
Join fellow amateur detectives of all ages in snooping through the Nancy Drew book series each month! Sleuths will enjoy a tasty snack that was mentioned in the book of the month, discuss the book’s plot, and learn about the historic context of details within. No matter your age, we all come together to talk about the girl detective we love: Nancy Drew!
Tuesday 1/28, 2/25, 3/24, 4/28 | 6:30 pm

BATTLE OF THE BOOKS FOR ADULTS COMING SOON!
AHPL is partnering with Orion Township Public Library and the Clarkston Independence District Library to hold its first Adult Battle of the Books program on Thursday, April 16! This program is designed to encourage reading all types of literature and recognize those who like to read; after all, why should kids get to have all the fun? Sign up will open on January 2, 2020. Look for more details in the next newsletter or by following us on social media!

AHPL AUTHOR SERIES
Sponsored by The Friends of the Library

INTO NO MAN’S LAND: A HISTORICAL MEMOIR
Author Irene Miller, a Holocaust survivor, and educator will take you under the open skies of no man’s land on a survival journey of determination, courage, perseverance, and the power of the human spirit. Irene’s book, Into No Man’s Land: A Historical Memoir, will be available for purchase at the program. Registration recommended.
Saturday, January 25 | 1:00 pm

MICHIGAN ODDITIES & RARITIES WITH RON RADERMACHER
Journey across the state to visit small towns that hide unique objects and mysteries with author and outdoorsman Ron Rademaker. Learn about the unexplained artifact in Ontonagon from the old Superior Mine, the ancient artifact in Nahma, the Tomb of the Cow, the Sanilac Petroglyphs, and more. Registration recommended.
Saturday, February 22 | 1:00 pm

THE HISTORY OF TIGER STADIUM: A LOVE LETTER TO BASEBALL AT MICHIGAN & TRUMBULL
Although the structure is gone, the memories remain. Author Doc Fletcher brings to life the characters on the field, in the stands, broadcasters, and more. The History of Tiger Stadium is a fan’s love letter to baseball played at the Corner of Michigan and Trumbull, in downtown Detroit. Registration recommended.
Saturday, March 28 | 1:00 pm
TRAIL CROSSING SIXTEEN COUNTIES
Enjoy a book reading with local author Gary James Erwin as he shares from his newly published collection of short stories, Trail Crossing Sixteen Counties. The characters in this collection struggle to understand the paradoxes that shape their lives as they move from the city and suburbs of Detroit to the forests and lakes of northern Michigan. Registration recommended.
Saturday, April 25 | 1:00 pm

YOUTH

BUSY BODIES STORYTIME
Help your little one develop early literacy skills while enjoying music, movement and dancing, along with stories, finger plays, and rhymes.
Mondays 1/13, 2/17, 3/16 | 10:30 am
Ages 18 months to 3 years

PRESCHOOL STORYTIME
Join us for rhymes, songs, finger plays, and stories! Storytime provides a wonderful opportunity to practice listening, following directions and getting ready for school.
Tuesdays at 10:30 am & Thursdays at 7 pm
Ages 3-6

TODDLER TIME
Bring in your toddlers for a special bonding time just for them. We’ll read books and learn new rhymes, songs, along with lots of interactive fun.
Wednesdays at 10:30 am
Ages 18-35 months

ROCK N’ RHYME
Nursery rhymes, songs, stories, and bubbles followed by free play for those who wish to stay.
Thursdays at 10:30 am
Ages 0-18 months

RECURRING PROGRAMS

IT’S ELEMENTARY
Join us for hands-on exploration at the Library! Each week we will learn together about a new topic through experiments, games, and crafts.
Mondays 5 pm
Grades K-4

LITTLE EXPLORERS
What do you get when you combine a story, free play, and sensory activity stations? A sensory sensation! We’ll have lots of fun as we explore, create, and meet new friends! Sensory stations may get messy, so dress accordingly. This program is for parent and child to enjoy together! Registration recommended.
Fridays 1/3, 2/7, 3/6 | 10:45 am
Ages 2-5

LEGO CLUB
Families can spend quality time together and build with LEGO! While your creations must stay in the library they will be on display until the next Lego Club. All ages welcome.
Saturdays 1/4, 2/1, 3/7, 4/4 | 2:00 pm

FAMILY PROGRAMS

LUNAR NEW YEAR PARTY
Join us to celebrate the Chinese Lunar New Year! We will have games, crafts, snacks, and end with a countdown to celebrate the upcoming Year of the Rat. Registration requested.
Saturday, January 25 | 11:00 am

VALENTINE’S DAY CELEBRATION
Celebrate Valentine’s Day with crafts and games! We’ll have sweet treats and lots of different types of valentines to decorate for the people you love!
Friday, February 14 | 4:00 pm
TWEEN

INTERACTIVE HOLIDAY MOVIE
Even if you have seen this holiday classic, come watch Home Alone with us while we entertain each other with wacky interactive actions that mirror the movie. Popcorn provided. Registration is requested.
Saturday, December 21 | 2:00 pm | Grades 5-8

YOUTUBE CLUB
Check our online calendar for dates
AHPL Tween is starting a YouTube channel and needs your help! We will make our own AHPL Tween channel and focus on making and posting our own content.
Tuesdays 1/14, 1/28, 2/11, 2/25 | 7:00 pm | Grades 5-8

ANIME CLUB
Do you love anime? Check out this club! Watch anime favorites, have some snacks, and hang out with friends.
Tuesdays 1/21, 2/18 | 7:00 pm | Grades 5-8

TWEEN MOVIE
Popcorn and Pikachu!! What could be better? We will be watching the film Detective Pikachu (Rated PG), and snacks will be provided. Registration is requested.
Saturday, January 11 | 2:00 pm | Grades 5-8

TEEEN

TEEN SUPER SMASH BROS TOURNAMENT
Put your Super Smash Bros fighting skills to the test, as we see who is the last person or Pokemon standing in our Super Smash Bros Tournament! Registration recommended.
Thursday, January 9 | 7:00 pm | Ages 14-18

DUNGEONS AND DRAGONS NIGHT
Love Dungeons and Dragons and are looking for other young adults to play with? Or are you curious about the game and want to try it out? Then come to the library for Dungeons and Dragons Nights, where you will get the chance to play D and D with other young adults. We'll provide character sheets, dice, and an adventure - you provide your imagination.
Thursday, February 6 | 7:00 pm | Ages 14-23

FRIENDS OF THE LIBRARY

SPRING BOOK SALE

JOIN US FOR THE SPRING FRIENDS’ BOOK SALE!
BROWSE THEIR COLLECTION OF FICTION, NONFICTION, MEDIA, & MORE FOR ALL AGES.

THURSDAY, APRIL 16 | 10:00 AM - 7:30 PM
FRIDAY, APRIL 17 | 10:00 AM - 5:00 PM
SATURDAY, APRIL 18 | 10:00 AM - 4:00 PM
As winter weather approaches, you may want to give some thought to the effects of road salt on the plant life in your yard or at your business. The most common product used to de-ice surfaces in wintertime is rock salt, known as Sodium Chloride. Rock salt is very popular because it’s readily available and lower cost in comparison with alternative products. There are two main drawbacks to rock salt; it’s highly corrosive and it can have a negative effect on plant life. Rock salt damages concrete, attacks metal and can accumulate in soil or plants. Rock salt can get into your plant beds a few different ways. For plants close to a roadway, passing vehicles can hit puddles of salty water causing it to splash onto your property. If you have sensitive plants in “splash-range,” then those plants can be damaged. Salt can accumulate in snow and then be disbursed into your flower beds when it is thrown by shovel or with a snowblower. Salt can also travel in runoff during warmer weather when snow piles are melting. Excess salt in the soil can create soil compaction, reduce soil aeration and can travel to the root system of your plants. Plants can soak in the salt through direct contact through the root systems or absorbed.

The good news is, there are things you can do to protect your plant life from salt damage. Being aware of the problem and mindful of where you shovel your snow, or where you aim your snowblower can have a big impact. If you have an area that you salt yourself, and the exposure to plant life can’t be avoided, you may want to consider an alternative de-icing product known to be friendlier to your flowers and landscaping. You can protect individual flower beds from the effects of broadcast spreaders and splashing from passing cars by installing a barrier, such as burlap or snow fencing. Keep in mind the path that melting snow takes through your yard or turf areas. Check to see if the places where you pile snow are uphill from delicate flower beds. Another technique is to water affected areas heavily in the spring in order to wash the surface salt off of plants and to flush salt residue away from the root zones of sensitive plants. If you have unusual plant damage in the spring, you can have a soil sample tested by contacting your local nursery or landscape retailer, and that will tell you if your plants are the victim of salt damage, or another problem.
WINTER SAFETY TIPS & TRICKS

EVEN IF YOUR VEHICLE IS EQUIPPED FOR THE WEATHER, AND YOU’RE FEELING CONFIDENT, REMEMBER TO TAKE EXTRA PRECAUTIONS ON THE ROAD. BE SURE TO PLAN AHEAD AND ALWAYS CHECK ROAD AND WEATHER CONDITIONS BEFORE HEADING OUT.

GIVE YOURSELF MORE DISTANCE BETWEEN CARS, SLOW DOWN, & ALLOW YOURSELF MORE TRAVEL TIME.

CLEAR SNOW OFF CAR WINDOWS, WINDSHIELDS, ROOF, TRUNK, AND HOOD BEFORE DRIVING. GOOD VISIBILITY KEEPS YOU AND OTHER DRIVERS SAFE.

LOOK TWICE FOR PEDESTRIANS CROSSING THE STREET.

KEEP YOUR GAS TANK AT LEAST HALF FULL AT ALL TIMES. ALSO CHECK COOLANT SYSTEM LEVEL, LIGHTS, AND SIGNALS.

START YOUR CAR AT LEAST ONE MINUTE BEFORE YOU DRIVE IT, AND DRIVE SLOWLY WHILE THE ENGINE COMPONENTS WARM UP.

OBSERVE TIRE WEAR & PRESSURE. CONSIDER USING SNOW TIRES FOR EXTRA TRACTION IN SLIPPERY WEATHER.
PREPARE YOUR HOME FOR WINTER

BEFORE THE COLD WEATHER SETS IN

• Check sprinkler, irrigation, or outside plumbing - Make sure you have turned off and winterized the system(s).

• Identify your home’s freezing points - Check your home for pipes in areas that may be prone to freezing, such as crawl spaces, unheated rooms, basements, garages, and exterior walls.

• Know how to shut off your water - Locate your water shutoff valve. Mark it by hanging an ID tag on the valve so you can locate it quickly in case of emergency.

• Strengthen your defenses – Eliminate sources of cold air near water lines by closing off crawl spaces, fixing drafty windows, insulating walls and attics, and plugging drafts around doors.

• Protect your pipes – Where pipes are exposed to cold, wrap them with insulation or heat tape.

WHEN TEMPERATURES STAY BELOW FREEZING

• Give pipes a helping hand – If pipes run through cabinets or vanities, open the doors to let warmer room temperatures flow in.

• Keep the water running – If necessary, keep water running through the pipes by allowing a small trickle of water to run. The cost of the extra water is typically lower than the cost of repairing a broken pipe.

BUT...IF YOUR PIPES DO FREEZE

• Shut off the water immediately - Don’t attempt to thaw pipes without closing the main shut-off valve.

• Thaw pipes with warm air – You can melt the frozen water in the pipe by warming the air around it with a hair dryer or a space heater. Be sure to not leave space heaters unattended and avoid the use of kerosene heaters or open flames.

• Be careful when you turn the water back on - Once pipes are thawed, slowly turn the water back on and check pipes and joints for any cracks or leaks that may have been caused by the freezing.

AVOID COSTLY REPAIRS!

With a little attention, you can help prevent pipes and meters from freezing. If the meter freezes and breaks, the homeowner/business is responsible for the cost to repair/replace the meter. The cost to replace a meter is based on the size. Residential meters are either 3/4” which is $110 or a 1” which is $200. Commercial meters range from $500 - $4,800.
2020 ELECTION SEASON

2020 will be a big year for elections. You can be a part of the excitement!

Mark your calendar for the following election dates:

**MARCH 10**
Presidential Primary Election

**AUGUST 4**
Primary Election

**NOVEMBER 3**
General Election

You can vote in person or by absentee ballot. To vote in person, visit your precinct on Election Day between 7:00 AM - 8:00 PM. To vote by absentee ballot, visit the Clerk’s Office to request an absentee ballot.

NOTE: Absentee voter ballots are available for all elections. With the passage of the statewide ballot proposal 18-3 in November, 2018, all eligible and registered voters in Michigan may now request an absent voter ballot without providing a reason.
Sign up for the Permanent Absentee Voter Application List!
www.auburnhills.org/permav

As a convenience to voters, the City Clerk’s Office maintains a “Permanent Absent Voter Application List”. By adding your name to this list, you will automatically receive an application for an absentee ballot prior to every election.

If you want to vote by absentee ballot for that specific election, just return the application to us and we will send you a ballot.

If you prefer to vote at the polls for that specific election, simply discard the application and head to your precinct on Election Day.

Sign up to work as an Election Inspector!

Election Inspectors work at the precincts on Election Day. Duties include opening and closing the precinct, issuing ballots to voters and recording the voter in the electronic poll book.

In order to be an Election Inspector, you must be a registered voter in Michigan, 18 years of age, able to work from 6:00 AM - 10:00 PM, have transportation, attend a mandatory training class, and have computer experience.

This is a paid position! Contact the Clerk’s Office to sign up today!

Looking to get involved?

Give us a shout!
Contact our City Clerk’s Office at 248-370-9402
OUR MISSION
To improve the quality of life in Auburn Hills by providing quality parks and recreation opportunities with a variety of year-round programs, special events, and facilities for people of all ages and abilities.

SCHOLARSHIPS
We offer scholarships to Auburn Hills youth to help with program fees. Please call with your confidential inquiry.

YOUR IDEAS NEEDED
We’re always looking for new recreation ideas to offer to our residents. If you have any suggestions or are considering sharing your talents with others as an instructor, please contact us.

HOW TO REGISTER
ONLINE
Go to WWW.AUBURNHILLS.ORG, select DEPARTMENTS and in the drop-down menu, click on PARKS & RECREATION then click “Register Now!” and follow the quick, easy instructions.

MAIL-IN
Print the registration form from our website and mail it in with your payment, if needed. Make check or money order payable to: City of Auburn Hills. Mail to Parks & Recreation Department, 1827 N. Squirrel Rd., Auburn Hills, MI 48326

IN PERSON
Register in person at the Community Center during hours of operation. We accept cash, check, Visa and Mastercard.

COMMUNITY CENTER CARD
Stop by the Community Center to receive a “Community Center Card” or renew your current Community Center card. Proof of residency required. Cards are renewed annually. Cardholders can participate in a variety of city-sponsored programs, special events and other programs. Your FREE Community Center Card may be obtained only at the Community Center.

FITNESS OPPORTUNITY
Residents of Auburn Hills with a Community Center Card can use the Fitness Room at the Community Center FREE OF CHARGE. Non-resident: Individual $250.00 /Family $400.00 Locker room with showers available. Bring your own lock/shower supplies. Monday- Friday, 8:00AM - 9:00PM and Saturdays, 9:00 AM - 9:00PM. Fitness Room check-in no later than 8:30PM.

TEEN PROGRAMS
TEEN COUNCIL (Ages 13-18)
Learn leadership skills by designing and planning fun activities, have access to special events and earn valuable community service hours. Join the Remind group to get updates by texting @ahteencncl to 81010. Students must be in grades 8 through 12. Stop by the Community Center or check out our website for an application. Meetings have started, but you can still join in!
   Time: 6:30PM – 7:30PM
   Location: Community Center Wesson Room
   Date: Meetings 1st and 3rd Tuesday of each month during the school year, includes pizza!
   Fee: Free

BE FIT! (Ages 13-17)
You can stay fit and begin your lifelong journey of leading a healthy lifestyle using our Fitness Room and equipment. Equipment includes treadmills, elliptical machines, multi-station strength machine, hand-weights, balance & medicine ball, stationary bike and more. Must be signed up by parent or legal guardian.
   Location: Community Center Fitness Room #138050
   Date: Year Round
   Time: Monday –Friday, 8AM-8:30PM
       Saturdays, 9AM – 8:30PM
   Fee: Free Resident w/Community Center Card
       $100 Regular
HOW TO ADULT SERIES (Ages 13-18)
Lean basic “adulting” skills through an ongoing educational series brought to you by the Auburn Hills Teen Council. During these sessions, you will learn a basic overview of the selected topics from trained professionals. All supplies are provided. For this series you get to eat what you make and can sign up for one or both sessions. Space is limited!

   Location: Community Center Wesson Room  
   Fee: Free  
   Time: 6:30PM - 7:30PM  
   Date: Tuesday, 1/21/20  Cooking Basics Part I  
         #114018A  
   Tuesday, 2/18/20  Cooking Basics Part II  
         #114018B

AUBURN HILLS TEEN COUNCIL SOCK DRIVE
Please help The Auburn Hills Teen Council collect the most socks as we compete with Teen Councils in surrounding communities for lifelong bragging rights! We are hosting the sock drive at the beginning of the year and donating all collections to homeless shelters. Donations can be made at the Auburn Hills Community Center. All socks must be new. Keep an eye on our social media pages for the official start. Thank you for the support!

“GRANDPALS” PEN PAL PROGRAM
The Auburn Hills Teen Council will be partnering with the Senior Services Department to pair a teen with a senior pen pal. Teens will write one letter to their Pen Pal every other week, asking questions and sharing the details of their lives that allow them to get to know their senior companion. Please contact us if you are interested in being a part of this program.

YOUTH PROGRAMS

ATHLETICS

GYMNASTICS (Ages 4-5)
Enjoy a fun beginner gymnastic class with little or no experience necessary. Experience 4 events as well as the trampoline, foam pits, and rock wall. Parent viewing area available.

   Location: Gymnastics Training Center  
   1813 Northfield Dr., Rochester Hills  
   Fee: $44 Resident / $54 Regular (4 sessions)  
   Time: 6:00PM - 6:45PM  
   Date: Mondays, 1/6/20 - 1/27/20 #134006A  
   Mondays, 2/3/20 - 2/24/20 #134006B  
   Mondays, 3/2/20 - 3/30/20 #134006C

CIVIC CENTER PARK | 1827 N. SQUIRREL ROAD
Nature Trails, ball diamond, multi-sport athletic field, nine hole disc golf course, tennis courts, play structures and swings, covered picnic pavilion, barbecue grills, picnic tables, restrooms.

CLINTON RIVER TRAIL
The trail in Auburn Hills is 2.1 miles in length and runs east-west between Adams and Opdyke. The trail is part of a larger 16-mile trail that connects to the West Bloomfield trail near Sylvan Lake and the Paint Creek trail in Rochester that is part of the developing Great Lake-to-Lake trail.

RIVERSIDE PARK | 3311 SQUIRREL COURT
Located on the banks of the Clinton River, Amphitheater, plaza, splash pad, river path, play structure with swings, canoe launch, covered picnic pavilion, barbecue grills, picnic tables, heated restrooms.

RIVER WOODS PARK | 300 RIVER WOODS DR.
Located along the Clinton River, covered picnic pavilion, restrooms, paved pathway system, play structure with swings and climbers, basketball court, picnic areas with barbecue grills, open spaces.

SKATE PARK | 202 N. SQUIRREL ROAD
Free - Public welcome, unsupervised park for use by skateboarders, inline skaters, and BMX bikes.

DENNIS DEARING JR. MEMORIAL PARK
2058 PHILLIPS ROAD
A neighborhood park including a fireman-themed tot-lot, swings, picnic tables, open play space.

MANITOBA PARK | 4220 MANITOBA ROAD
Play structure, sand volleyball court, benches, fit & fun paved play area, open space.

E. DALE FISK HAWK WOODS NATURE CENTER
3799 BALD MOUNTAIN ROAD
Groomed nature trails, heated restroom/shower facility, covered picnic pavilion, six overnight camping cabins.
BASKETBALL LEAGUES
Auburn Hills Parks & Recreation & Avondale Basketball are partnering again to present this instructional basketball league that focuses on fundamentals, sportsmanship, teamwork, equal playing time and fun. Boys and girls will develop their basketball skills through practices and weekly games. Each team will have one practice a week, Grades 1st-4th will practice on Monday or Wednesday. Grades 5th-8th will practice on Saturdays, the hour prior to their game. All games will be played Saturdays. The first two weeks will focus on player skill development and the formation of balanced, competitive teams. Volunteer coaches are needed!

Location: Auburn Hills Community Center Gym

Avondale High School

Fee: $75 Resident / $85 Regular (First Child)
$70 Resident / $80 Regular (Additional Child)

Divisions:
Grades 1st -2nd #113050
Grades 3rd-4th #112020
Grades 5th-6th Boys #112030
Grades 5th-6th Girls #112031
Grades 7th-8th Boys #112040
Grades 7th-8th Girls #112041

Date: See above, 1/25/20 – 3/14/20

NFL YOUTH FLAG FOOTBALL – EXPERIENCE THE DIFFERENCE
Ages 4-14 • Presented by: National Flag Football
This is a 5 vs. 5, non-contact, recreational, co-ed format. Teams are limited to 10 players to maximize playing time. This is an exceptional program for first time players who want to learn the fundamentals of football. This is also a wonderful opportunity for players who may want to continue to enhance their skills before taking the next leap into tackle football.

Games are played at a Rochester Community Schools High School on Sunday afternoons. Practices take place one hour prior to game time each week to ensure a convenient and fun experience for all. Participants receive a NFL reversible jersey, flag belt, and individual participation award. Games are officiated by MHSAA referees. The season begins mid-April and runs through the end of June. There are no try-outs! Everyone participates! Children are placed on teams according to their age. For more information call (248) 454-9700

Registration Deadline: March 1, 2020
You must register online at: www.NationalFlagFootball.com

PLAN AHEAD - SUMMER CAMP
Children in grades 1-8 (2020/2021 school year) can experience the great outdoors with a variety of age-appropriate recreational activities designed to create a lifetime of memories. Activities will include crafts, sports, cooperative games, gym games, library visits, nature and more!

Week 1: 6/29/20-7/2/20 Theme: Shipwrecked
Week 2: 7/6/20-7/10/20 Theme: Pure Michigan
Week 3: 7/13/20-7/17/20 Theme: Out of this World
Week 4: 7/20/20-7/24/20 Theme: City Lights
Week 5: 7/27/20-7/31/20 Theme: Once Upon a Time
Week 6: 8/3/20-8/7/20 Theme: Olympics

BEFORE & AFTER CARE
The Before & After Care program is offered to families who need supervision before and after camp. The hours for the Before Care are 7:30AM-9:00AM, and After Care, 4:30PM-6:00PM. Families must register prior to using this service.

LUNCH BUDDIES
This program is offered to families who need supervision during the lunch hour before afternoon camp starts. Please bring a non-refrigerated nut-free lunch.

FITNESS
MARTIAL ARTS (Ages 5-15)
Classes will emphasize self-discipline, focus, awareness of one’s environment, along with studying basic movements and the theory of defending oneself. Instructor: Master Kirk Rehn

Location: Community Center (10 sessions)

Fee: $40 Resident / $50 Regular

Level: Intermediate - orange/blue belt
Time: 6:15PM – 7:05PM
Date: Wednesdays, 01/15/20 – 03/18/20 #113251A

Level: Advanced - red/purple/green belt
Time: 7:15PM – 8:05PM
Date: Wednesdays, 01/15/20 – 03/18/20 #113251B

Level: Beginner – white belt
Time: 9:30AM – 10:15AM
Date: Saturdays, 01/11/20 – 03/14/20 #113251C

Level: Advanced Beginner – yellow belt or higher
Time: 10:30AM – 11:15AM
Date: Saturdays, 01/11/20 – 03/14/20 #113251D
We have a variety of recreational equipment setup in the gym for parents and tots to utilize. This is a drop-in program without an instructor. Come on in and enjoy meeting other parents and watch the children play with the parachute, balance beam, scooters, playground balls and more! Ages 3-5.

Location: Community Center Gym
Fee: Free Resident / $5 Drop In
Time: 10:00AM – 12:00PM
Date: Tuesdays, 1/07/20 – 3/31/20

Boys and girls stay active after school participating in a variety of organized activities right after school. Everyone plays!

*Dates are tentative
Fee: $15 Resident / $20 Regular
Time: 3:40PM – 5:10PM

Location: Auburn Elementary School Gym
Date: Wednesdays, 1/29/20 – 3/11/20 No 3/4 #111220

Location: Graham Elementary School Gym
Date: Thursdays, 1/30/20 – 3/12/20 No 3/5 #111230

Do you have an interest in learning to spin fluff into useable yarn for needlework or weaving projects? Spinners Frolic is a group of passionate fiber artists that love teaching and learning the ancient art of spinning. No experience needed. No equipment needed. A light dinner is provided but bring your own non-alcoholic beverage.

Location: Community Center Wesson Room
Time: 6:00PM – 9:00PM
Dates: 2nd Thursday of the month

Use our pottery wheel or tables to create with your own clay. Once your piece is complete you can have it fired by us on scheduled days.

Location: Community Center Craft/Woodshop
Fee: Free Resident / $5 Regular per visit
Note: No Open Studio during scheduled classes
Times: Tuesdays, 8:30AM-8:00PM
Saturdays, 4:30PM-8:00PM
OPEN WOODSHOP
The Woodshop will be open for your small repairs and projects. We have a variety of tools and supplies that you can use to complete your projects. Prerequisite: Woodshop Safety Certification

Location: Community Center Craft/Woodshop
Fee: Free Resident / $10 Regular per visit
Note: No Open Woodshop during scheduled classes
Times: Thursdays, Fridays, 8:30AM – 8:00PM
Saturdays, 8:30AM – 4:00PM

WOODSHOP SAFETY CERTIFICATION
Have you ever wanted to work with wood and learn how to use a variety of power tools? Attend this training class and become certified to use our woodshop. You will get trained on all of the equipment in our woodshop. Class includes safety certification so you can come back and use the woodshop for your future projects. Limited to 5 students. The January footstool class will also include safety certification.

Location: Community Center Craft/Woodshop
Fee: $5 Resident / $10 Regular
Time: 6:00PM – 8:00PM
Date: Thursday, 1/16/20 #123513A
Thursday, 2/20/20 #123513B
Thursday, 3/19/20 #123513C

WOODSHOP 2.0
Bring your woodshop game to the next level. If you are already safety certified you can take the next step to creating your own pieces. Learn how to set up the equipment or get expert guidance on your project while you work. Must be Woodshop Safety Certified to take this class.

Location: Community Center Craft/Woodshop
Fee: $10 Resident / $20 Regular
Time: 6:00PM – 8:30PM
Date: Wednesday, 1/22/20 #123660A
Wednesday, 2/19/20 #123660B
Wednesday, 3/18/20 #123660C

CREATE YOUR OWN - PEN
Looking for a fun and rewarding introductory wood turning experience? By the end of the class you'll have a nice handmade pen that’s ready to use or share as a gift. No Pre-requisites.

Location: Community Center Craft/Woodshop
Fee: $10 Resident / $15 Regular
Time: 5:30PM – 8:30PM
Date: Thursday, 1/23/20 #123659A
Thursday, 2/27/20 #123659B
Thursday, 3/26/20 #123659C

COOKING: THE DIET SERIES PART I - PALEO (AGES 18+)
The first class in our diet series explains the paleo diet, a diet that is centered around food available during the Stone Age. We'll discuss the fundamentals of this diet so you can determine if it is right for you. On the menu is Buddha bowl with Za’atar chicken, broccoli, purple cabbage, and cucumber ribbons. Recipes and class instruction provided by Chef Angela – Michelle of Culinary Kisses. This class is 18+ only.

Location: Community Center Seyburn A
Fee: $48 Resident / $55 Regular
Time: 10:00AM – 12:00PM
Date: Saturday, 1/11/20 #113491A

COOKING: THE DIET SERIES PART I - KETO (AGES 18+)
The second class in our diet series explores the Keto diet, a diet that forces the body to burn fat rather than carbs. We'll discuss the pros and cons of this diet, and prepare delicious foods that support it. The menu includes avocado deviled eggs, cheesy cauliflower bread sticks, and meatballs in a tomato coconut sauce. Recipes and class instructions provided by Chef Angela-Michelle of Culinary Kisses.

Location: Community Center Seyburn A
Fee: $48 Resident / $55 Regular
Time: 10:00AM – 12:00PM
Date: Saturday, 2/8/20 #113491B

COOKING: THE DIET SERIES PART I – PLANT BASED (AGES 18+)
The third class in our Diet Series will review facts and myths of a plant-based diet, which is a diet consisting of entirely foods derived from plants. We'll also prepare a meal that flavorful complements this diet. Black bean and chipotle butternut squash tacos with cashew sour cream is on the menu complements for this class. Recipes and class instruction provided by Chef Angela – Michelle of Culinary Kisses. This class is 18+ only.

Location: Community Center Seyburn A
Fee: $48 Resident / $55 Regular
Time: 10:00AM – 12:00PM
Date: Saturday, 3/7/20 #113491C

ATHLETICS

MARTIAL ARTS (Ages 14+)
Tang Soo Do style classes will emphasize self-discipline, focus, physical fitness along with basic movements and self-defense. Please wear loose-fitting athletic clothing. Instructor: Master Kirk Rehn.

Location: Community Center Studio
Fee: $40 Resident / $50 Regular (10 sessions)
Time: 7:30PM – 8:30PM
Date: Thursdays, 1/16/20 - 3/19/20 #125080
CO-REC SOFTBALL LEAGUE
Teams play early weeknight games during the 14 game season. Top four teams advance to the playoff round. Team fee includes: game balls, playoff officials, sponsor trophies & custom t-shirts for league and playoff champions. Call to receive packet/registration information.

Location: Civic Center Park Ball Diamond
Fee: $488 (includes $48 forfeit bond) + additional fees: $15 per team, per game to umpire
Dates: Tuesday or Thursday games (6P & 7:15P), Starting May 12 #222390

FITNESS
BARRE TOTAL BODY WORKOUT
With low weights and high reps, this class will sculpt your arms, thighs, abs and glutes. Please bring mat. Conducted by Fitness Rx Instructor, Carrie Scoville. Athletic shoes are required for this class

Location: Community Center Studio
Drop In: $10
Fee: $79 Resident / $94 Non-Resident (12 sessions)
Time: 5:45PM - 6:45PM
Date: Mondays, 01/06/20 - 03/23/20 #125091

CORE & TONING
An intense workout for your midsection, this class focuses on toning and strengthening the body’s core abdominal and back muscles. Mat required for class. Conducted by Fitness Rx Instructor, Carrie Scoville.

Location: Community Center Studio
Drop In: $10
Fee: $79 Resident / $94 Regular (12 sessions)
Time: 5:45PM - 6:45PM
Date: Tuesdays, 01/07/20 - 03/24/20 #123662

YOGA WITH LISA
Improve your strength and flexibility, alignment, balance, and self-confidence, as you decrease muscle tension and learn to relax. All levels of experience are welcome. Wear loose, comfortable clothing and bring a yoga mat. Poses can be modified as needed. Certified Instructor: Lisa Calice.

Location: Community Center Seyburn B
Drop In: $10
Fee: $72 Resident / $82 Non-Resident (12 sessions)
Time: 6:30PM - 7:30PM
Date: Mondays, 01/06/20 - 03/23/20 #125081

MARTIN LUTHER KING JR. DAY OF SERVICE
JANUARY 20, 2020
8:30 AM • AUBURN HILLS COMMUNITY CENTER

DAY OF SERVICE
RELAX & RESTORE YOGA
This class will focus on breathing and gentle yoga practice designed to help you relax tight and tense muscles, and restore your mind, body and spirit. Great choice for beginning or intermediate students. Wear loose, comfortable clothing and bring a yoga mat. Certified Instructor: Lisa Calice.
Location: Community Center Seyburn B
Drop In: $10
Fee: $72 Resident / $82 Non-Resident (12 sessions)
Time: 6:30PM - 7:30PM
Date: Tuesdays, 1/07/20 – 3/24/20 #125090

ZUMBA FITNESS
Using Latin inspired rhythms and up-tempo, catchy beats, this fitness class will have you wanting more! The routines feature interval training sessions with fast and slow rhythms, along with resistance training that will tone and sculpt your body. Certified Instructor: Candace Hayden
Location: Community Center Studio
Drop In: Drop In $10
Fee: $72 Resident / $90 Regular (12 sessions)
Time: 7:30PM - 8:30PM
Date: Tuesdays, 1/7/20 – 3/24/20 #125111A
Wednesdays, 1/8/20 – 3/25/20 #125111B

POUND® ROCKOUT. WORKOUT.
Transform drumming into an effective way of working out. You become the music in this fitness class designed for all levels. Conducted by certified instructor Candace Hayden.
Location: Community Center Studio
Drop In: $10
Fee: $72 Resident / $90 Regular (12 sessions)
Time: 6:30PM - 7:30PM
Date: Fridays, 1/10/20 - 3/27/20 #123790

FAMILY & ALL AGES / VARIETY

JAPANESE SWORDSMANSHIP (Ages 14+)
Learn traditional Toyama Ryu Iaido swordsmanship taught by Rick Brady Sensei. Classes focus on martial arts principles, self-discipline, balance and control.
Location: Community Center Studio
Fee: $40 Resident / $50 Regular (10 sessions)
Time: 7:30PM-8:30PM
Date: Thursdays, 1/16/20 – 3/19/20 #113620

BRUCE HOWELL MEMORIAL FREE THROW CONTEST
SATURDAY, FEBRUARY 22 | 2:00 PM
COMMUNITY CENTER GYMNASIUM
FITNESS ROOM
Auburn Hills residents can work out in the fitness room for free! Hours of operation are Monday-Friday, 8AM-8:30PM and Saturday, 9AM-8:30PM. The Fitness Room includes treadmills, elliptical machines, a multi-station strength machine, stationary bike and more. Showers and lockers are available-please bring your own lock. Children 12 and under are not allowed in the Fitness Room. 13-17 year olds must be signed up for the Teen Fitness Program to participate. Corporate Fitness Card available for those who work in Auburn Hills for $100 annually.

GYMNASIUM ACTIVITIES
Stop by the Community Center to participate in the following gym activities: Court Games (badminton, basketball, volleyball), Pickleball 55+, Pickleball 16+, Open Walking, and Basketball. Schedules are available online and at the Community Center. The cost is free to residents and $5 per non-resident guest. 2 guest limit per resident, per visit for basketball. Check in required at the front desk.

TABLE TENNIS & PING PONG
Stop by the front desk to sign in and sign out the equipment.
Fee: FREE Resident / $5 Regular
Times: Thursdays, 12:00PM - 4:00PM
Fridays, 2:00PM - 5:30PM
Saturdays, 2:00PM - 6:00PM

PICKLEBALL
One indoor court available for play. Players must sign in at the front desk before entering the gym. Regular gym fees apply. Bring your own equipment or use ours.
Times: 6:00PM - 9:00PM
Dates: Wednesdays, 1/8/20 - 1/22/20

CPR / FIRST AID COURSES (Ages 14+)
Learn valuable life-saving skills that you could use to help a friend or family member by taking a CPR or First Aid course taught by an instructor from the Auburn Hills Fire Department. Courses are three hours in length and include American Heart Association certification card. Limited to 10 participants/must have minimum of 5 to run class.
Location: Auburn Hills Public Safety
Fee: $25 Resident / $40 Regular
Time: 9:00AM - 12:00PM
Dates: Saturday, 02/01/20 - Basic First Aid #133280
Saturday, 03/07/20 - Adult/Child CPR#133260

OUTDOOR EDUCATION & NATURE PROGRAMS
Most programs are conducted at the Auburn Hills Community Center while the new Lodge is being constructed at Hawk Woods Nature Center. Please look at the location of each program carefully.

SCOUT MERIT BADGE SERIES
Hawk Woods Nature Center schedules Public Scout Badge Adventures in order to encourage many scouts to come together to achieve their badges. Programs are pre-planned by our Nature Center Instructors. These events are geared towards individual scouts or small groups. Large groups and/or different badge adventures can be accommodated by booking a private adventure. Contact Parks and Recreation for more information.

Location: Community Center Carriage Room
Fee: $8 Resident / $10 Regular
No charge for leaders/adults

CPR / FIRST AID COURSES (Ages 14+)
Learn valuable life-saving skills that you could use to help a friend or family member by taking a CPR or First Aid course taught by an instructor from the Auburn Hills Fire Department. Courses are three hours in length and include American Heart Association certification card. Limited to 10 participants/must have minimum of 5 to run class.
Location: Auburn Hills Public Safety
Fee: $25 Resident / $40 Regular
Time: 9:00AM - 12:00PM
Dates: Saturday, 02/01/20 - Basic First Aid #133280
Saturday, 03/07/20 - Adult/Child CPR#133260

LITTLE HIKERS (Ages 0-6)
This program is designed for parents to take a guided walk with their child, learn about the outdoors and learn ways to introduce children to the natural world around them. Up to age 6 with adult.
Location: Hawk Woods Nature Center Pavilion
Fee: Free
Time: 9:30AM - 10:30AM
Date: Friday, 01/17/20 #134011A
Friday, 02/07/20 #134011B
Friday, 03/06/20 #134011C
NEW LODGE COMING SOON

E. DALE FISK HAWK WOODS NATURE CENTER | OPENING IN 2020
LEARN MORE AT WWW.AUBURNHILLS.ORG/NEWLODGE

STORY HOUR (Ages 0-6)
Come spend an hour learning about nature! The hour will include a story, craft, time outdoors and other age-appropriate activities. Story Hour will be located at the Community Center during winter months. Up to age 6 with adult.

   Location: Community Center Carriage Room
   Time: 9:30AM - 10:30AM
   Fee: Free Resident / $3 Regular
   Date: Wednesday, 1/8/20
   Not a Buzz to Be Found: Insects in Winter #134012A

   Saturday, 01/18/20
   In the Snow: Who’s Been Here? #134012B
   Wednesday, 2/19/20
   Over and Under the Snow #134012C
   Saturday, 02/29/20
   The Story of Snow #134012D

   Wednesday, 3/18/20
   Animals in Winter #134012E
   Saturday, 3/28/20
   Garden Wigglers: Earthworms in Your Backyard #134012F

WINTER HIKE
Take a guided hike in the woods noticing all the seasonal changes and signs of animals. End the hike with a cup of hot chocolate! All ages are welcome, children must be accompanied by an adult.

   Location: Hawk Woods Nature Center Pavilion
   Fee: Free
   Time: 1:00PM - 2:00PM
   Date: Saturday, 1/25/20 #134003

STARGAZING WITH MCMATH-HULBERT ASTRONOMICAL SOCIETY
Winter skies are here, which means long, cold, clear nights offering the best views for our nighttime skies! McMath-Hulbert Astronomical Society will guide us through the winter night stars! Make and take home your own Star Chart. Bundle up for this event and enjoy hot chocolate during your visit! All Ages are welcome.

   Location: Hawk Woods Nature Center Pavilion
   Fee: $3 Resident / $5 Regular
   Time: 7:00PM - 9:00PM
   Date: Saturday, 2/1/20 #134005
GROUNDHOG DAY SHADOW PLAY (Ages 5+)
Will the groundhog see his shadow? Come enjoy the early spring or late winter learning about groundhog day and shadow science with a shadow craft to take home. Ages 5 and up are encouraged to come learn something new.

Location: Hawk Woods Nature Center Cabin 5
Fee: Free Resident / $3 Regular
Time: 1:00PM – 2:00PM
Date: Sunday, 2/2/20 #134007

VALENTINES IN NATURE (Ages 5+)
Come spread the love of nature with us at our Valentine’s Day activity making hearts, love bugs, outdoor art and more! Ages 5 and up are encouraged.

Location: Community Center Craft Studio
Fee: Free Resident / $3 Regular
Time: 10:00AM – 11:00AM
Date: Saturday, 2/8/20 #134009

JAPANESE FISH PAINTING
Gyotaku is a Japanese method of printmaking that traditionally utilizes fish, sea creatures, or similar subjects as ‘printing plates’ in its process. We will utilizing rubber fish replicas to practice this art and learning about fish anatomy. Ages 5+

Location: Community Center Craft Studio
Fee: Free Resident / $3 Regular
Time: 10:00AM – 11:00AM
Date: Saturday, 3/7/20 #134004

SHAMROCK SHINDIG (Ages 5+)
St. Patrick’s Day is quickly approaching, so let’s celebrate the season with shamrocks! We will plant our own shamrocks to take home, make a craft, and go on a scavenger hunt! Ages 5 and up are encouraged.

Location: Community Center Craft Studio
Fee: Free Resident / $3 Regular
Time: 10:00AM – 11:00AM
Date: Saturday, 3/14/20 #134010

GEOCACHING SERIES CHALLENGE
Complete our Geocaching Series Challenge and stop by the Community Center for a special prize! Call for more information about how to complete the challenge!

PROGRAMS FOR SCHOOLS
We will bring the following science programs to your classroom! Each program will take 45 minutes with your class. All the programs are based on the Next Generation Science Standards and Michigan’s Objectives.

Please call Parks & Recreation at 248-370-9353 to schedule your program and get more information.

WIGGLE WORMS
This is an early elementary activity wherein students examine live night crawlers using magnification tools, including a digital microscope projected on your screen. Groups of two students will work together to examine the bodies and movement of worms. We will also discuss the habitat of worms!

ALL ABOUT FLOWERS
Understanding flowers is a critical step in learning about plants and their role in our ecosystem. We will examine freshly cut flowers and focus on identifying the different parts of them.

GHOST CRYSTALS
Explore these fascinating man-made polymers and their changes from solid to liquid that are invisible in water. Each student will be able to take their own crystals home with the possibility of demonstrating this experiment to their parents and siblings. This activity requires two 45-minute visits to your classroom.

RALLY ROUND THE ROOM WITH HOT WHEELS CARS FROM AIMS SCIENCE
Bring excitement to Newton’s theories while students are challenged to weigh and run their own NEW Hot Wheels Car on a designed challenge in motion. This is a classic activity that requires, a few electronic scales, flat tables and space for the races. We provide NEW cars that the students get to keep!

DISSECTING OWL PELLETS
Join Mr. Mansour as he challenges your students to dissect Barn Owl pellets and assemble them back into a model display. This hands-on activity helps students to learn and understand the food web of a Barn Owl.
TRANSPORTATION:
Transportation available for senior Auburn Hills residents age 60 and older and/or disabled city residents. Transportation is for medical appointments (non-emergency or surgical), business appointments, shopping days and visits to the Community Center for luncheon activities. Not available for work-related transportation. Fee is $2.00 each way. For information call: 248-370-9353. Must call in advance; same-day service is not available.

COMMUNITY CENTER CARD
Stop by the Community Center to receive a “Community Center Card” or renew your current Community Center card. Proof of residency required. Cards are renewed annually. Cardholders can participate in a variety of city-sponsored senior programs, special events and other programs. Your FREE Community Center Card may be obtained only at the Community Center. Monday-Friday, 8:00AM – 9:00PM, Saturday, 10:00AM - 9:00PM.

FITNESS OPPORTUNITY
Residents of Auburn Hills with a Community Center Card can use the Fitness Room at the Community Center FREE OF CHARGE. Non-resident: Individual $250.00 /Family $400.00 Locker room with showers available. Bring your own lock/shower supplies. Monday- Friday, 8:00AM – 9:00 PM and Saturdays, 10:00 AM - 9:00PM. Fitness Room check-in no later than 8:30PM.

INSTRUCTORS WANTED
Do you have a special talent, hobby or fitness program that you would like to teach? Stop by the Community Center to pick up a Prospective Instructor Survey or go on-line.

IDEAS AND SUGGESTIONS ALWAYS WELCOME
We are always searching out new ideas for our programs and services. If you have an idea or suggestion please drop us a line or call us. Better yet, stop by for coffee and let us know what you are thinking.

SEASONAL ANNOUNCEMENTS
INCLEMENT WEATHER NOTICE
Winter in Michigan means weather can change quickly. A couple of program and service notes:
• If the Avondale Schools or Pontiac Schools are closed due to inclement weather, the Senior Bus Transportation Program will not operate for safety reasons.
• The Senior Services Department reserves the right to cancel bus transportation if deemed unsafe for buses or riders.
• Senior Meals on Wheels will make every effort to deliver meals; however, if it is determined to be too dangerous for our volunteer drivers we will cancel meals. If this occurs we make every possible attempt to notify Meals on Wheels participants. If meals are not delivered due to the weather, participants are encouraged to use their survival meal packets.

INCOME TAX PREPARATION APPOINTMENTS
Once again the AARP’s Tax Assistance Program will provide IRS-Certified Preparation Specialists for the 2019 Tax Year beginning in February 2020 at the Auburn Hills Community Center. The program is intended for low income seniors and other citizens in our area and cannot be complex. The service will be provided on Tuesdays from 9:00 am – 2:30 am and by appointment only. Tax preparation will begin February 4, 2020 through April 14, 2020 Call 248-370-9353 after January 14, 2020 to schedule an appointment.

You will need for your appointment:
2018 TAX RETURN (Federal, State, and City if applicable). Picture ID & SOCIAL SECURITY cards for all taxpayers and dependents on the returns to be prepared. For your identity safety, Medicare cards are not acceptable nor are last year's returns acceptable as identification documentation. Also, bring all pertinent 2019 tax data (W2s, 1099s, SSAs, etc.), as well as a blank check if you would like direct deposit of any refund. FORM 1095A is required if you purchased health insurance or received an exception through the Marketplace. If you fail to bring all necessary information, you will have to reschedule your appointment. All returns will be e-filed to the IRS and you will leave with a paper copy for your files.
NUTRITION PROGRAMS

NOON LUNCH
Lunch is served Monday- Friday at noon. Must reserve a meal by 9:30AM the day before (for a Monday lunch call the Friday before). Monthly menus (subject to change) available at the Community Center or online. Suggested donation ages 60 and over is $3.00. Under 60: $5.00. Call 248-370-9353 to reserve a meal.

MEALS ON WHEELS
Nutritious meals are delivered five days a week to home-bound seniors. $3.00 per meal donation. Call the Older Persons Commission 248-608-0264 to participate or for more information. The OPC Senior Center in Rochester provides our nutrition services to the City of Auburn Hills through a grant with the Area Agency on Aging 1B, general fund support from the City of Auburn Hills and donations.

MEALS ON WHEELS

BOOK BINGO AT THE AUBURN HILLS LIBRARY
Enjoy Book bingo with Library staff the 2nd Wednesday of the month
Location: Auburn Hills Library
Time: 2:00PM – 3:00PM

NEW - MOVIE & POPCORN AT THE LIBRARY
The Auburn Hills Library is sponsoring FREE movies at the Library! Transportation available, call the Community Center for details. Friends of the Library will provide free popcorn.
Time: 1:00PM
Dates: 1/25/18 – Saving Mr. Banks (2h 6m, PG-13)
2/15/18 – Greatest Showman (1h 46m, PG)
3/22/18 – Hidden Figures (2h 7m, PG)

DAY CLASSES

COMPUTER CLASSES
This is a 6 week introduction to the basics of computers with individual tutoring for seniors by seniors. Instruction will include basic computing, surfing the web and e-mail. This 6 week class is designed for beginners. Time will be set when you register.
Fee: Resident $35 / Regular $45
Dates: Wednesday, 1/15/20-2/19/20 #154109A
       Wednesday, 3/11/20-4/15/20 #154109B

COOKING CLASS WITH HARBOR
CHASE CHEF JEFF PARISH
Join Chef Parish for more fantastic cooking classes. He will walk you through the steps to create a tasty meal which you will get to sample. Registration closes Thursday before each class.
Time: 11:00AM – 1:00PM
Fee: Both Classes in Session: $10.00
     Resident/$12 Regular
     Single Class in Session: $6.00 Resident
     $8.00 Regular
Session 1: Perfect Pastas – Both Classes #154102A
Dates: Tuesday, 2/4/20 #154102B
       Tuesday, 2/18/20 #154102C
Session 2: One Pot Perfection – Both Classes #154103A
Dates: Tuesday, 3/10/20 #154103B
       Tuesday, 3/24/20 #154103C

YARD SERVICE PROGRAMS

AUBURN HILLS SPRING & FALL RAKE & RUN PROGRAMS
Are you finding it more difficult to get out and rake your yard to get it ready for fall? If you are a senior citizen or disabled homeowner who needs help raking leaves we may be able to lend a hand. Volunteers will clean and rake yards for eligible residents. Call 248-370-9353 to have your name placed on an interest list. Please keep in mind we can only do as many yards as we have volunteers.

LAWN MOWING & SNOW PLOWING FOR SENIORS
& PERSONS WITH DISABILITIES
The City offers 2 yard maintenance programs for income and age eligible homeowners; one for lawn mowing and one for snow removal. These programs are funded by Community Development Block Grant (CDBG) funds and offered to low income senior citizens and disabled adults. Call 248-370-9353 for details.

LEISURE ACTIVITIES

MONDAY BUSINESS BINGO
Business Bingo is back and bigger than before! We are expanding Business Bingo to every Monday EXCEPT the Second Monday of the month. Join us for a fun filled afternoon of Bingo sponsored by a local business. List of sponsors available at the front desk.
Time: 12:30PM
January 6, February 3, March 2
Parents Changing Spaces
February 17, March 23
InTouch Credit Union
March 16
Auburn Hills Senior Services
March 30
American House Stone
January 20, January 27, February 24
To Be Announced
ANYONE CAN PAINT
Join award winning and former TV artist Steve Wood as he combines painting tips and techniques. With humor and encouragement, he provides a relaxing and enjoyable experience for beginner to intermediate painters. By the end of the 2 hour class, you will leave with a completed 11 X 14 acrylic painting. All supplies provided. Deadline to register one week before class.

- Dates: Wednesday, 3/18/20 #154104
- Location: Maker’s Studio
- Time: 1-3PM
- Fee: Resident $25 / Regular $30

WINTER LECTURES

MEDICINE CABINET CLEAN OUT
How often do you clean out your medicine cabinet? Are expired medications okay? Learn some important tips to start the New Year right! Star Drugs will be joining us to answer your questions and walk you through how to manage your medicine and how to do so safely!

- Date: Wednesday, 1/15/20 #154111
- Time: 12:30PM

DENTAL HYGIENE AT HOME
Learn about proper dental hygiene and tips to keep those pearly whites healthy! We are being joined by Portable Dental Services for an informative talk including information about dental services you can get in the comfort of your own home! Preregistration required at Community Center or online by 1/15/20.

- Date: Wednesday, 1/22/20 #154105
- Time: 12:30PM

CHINESE FESTIVALS: THE HISTORY AND TRADITION
Learn about the history of traditional Chinese Festivals and the stories behind them, in this fun and informative presentation by David Lin. Learn about Chinese New Year, the history behind flying lanterns, Chinese Lovers’ Day, and much more! Preregistration required at Community Center or online by 2/5/20.

- Date: Wednesday, 2/12/20 #154106
- Time: 12:30PM

THE ABC’S OF CBD
CBD has been the hot topic of conversation and controversy. Join Kathy Housey for an informative lecture on the subject, including interesting information, discussing myths and facts, and addressing controversy about CBD. Preregistration required at Community Center or online by 2/26/20.

- Date: Wednesday, 3/4/20 #154107
- Time: 12:30PM

MAKE BANKING EASY WITH TECHNOLOGY
Managing your money online or from your phone can seem scary or not secure, but Comerica is here to help! Learn about different technology you can use to make banking from home simple & safe. Preregistration required at Community Center or online by 3/18/20.

- Date: Wednesday 3/25/20 #154108
- Time: 12:30PM

HEALTH, WELLNESS, & FITNESS PROGRAMS
Senior Fitness programs are open to adults age 55 and up. Some programs allow participants under age 55. See program descriptions or call to inquire. Registration and residency requirements for some programs unless otherwise noted. Drop-ins available after minimum class registration is met. Knowing and understanding there are certain risks involved in your voluntary decision to participate in these activities; we recommend that you consult your doctor before starting any exercise program. Warming up and cooling down are a vital part of a safe and effective exercise class. Please arrive on time to participate in the warm up for each class, and remain through completion of the cool down period.

SENIOR FIT
Senior Fit is a FREE exercise program sponsored by St. Joseph Mercy Oakland for people age 55 and up. Call 248-858-2545 for enrollment information.

- Date: Mondays, Wednesdays, and Fridays
- Begins 1/6/20; End date in April 2020 TBD
- No classes 1/20/20, 2/17/20, 4/10/20, 4/13/20
- Time: 1:30-2:30PM
- Fee: FREE - Provided by St. Joseph Mercy Oakland

WELLNESS WALK & TALK
Walking for as little as 30 minutes a day can benefit your joints, alleviate back problems, lessen worry and tension and add years to your life! Beaumont Gets Walking wants to help you make walking a part of your fitness routine. Join us for our monthly Wellness Walk and Talks for a short, educational presentation from a Beaumont clinician followed by a walk. All are welcome! Walking poles available at Community Center front desk.

- Dates: Returning in the spring!
# Luncheons & Holiday Parties

Programs follow the noon meal unless otherwise noted. Some programs have an activity fee. Larger parties and events require advance tickets. See individual programs for more details. All lunches must be preordered by 9:30AM the day before by calling 248-370-9353. Lunch: Seniors 60+ $3.00 /under 60 $5.00.

## Monthly Parties

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Ticket Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wild, Wild, West Party</strong></td>
<td>Friday, January 17</td>
<td>12:00 PM</td>
<td>$5.00</td>
</tr>
<tr>
<td><strong>Valentine’s Day Party</strong></td>
<td>Friday, February 14</td>
<td>12:00 PM</td>
<td>$5.00</td>
</tr>
<tr>
<td><strong>St. Patrick’s Day Party</strong></td>
<td>Friday, March 13</td>
<td>12:00 PM</td>
<td>$5.00</td>
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## Themed Luncheons

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Ticket Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Happy Birthday, Michigan!</strong></td>
<td>Friday, January 24</td>
<td>12:00 PM</td>
<td></td>
</tr>
<tr>
<td><strong>Valentine’s Cards &amp; Crafts</strong></td>
<td>Friday, February 7</td>
<td>12:30 PM</td>
<td></td>
</tr>
<tr>
<td><strong>Mystery Bingo</strong></td>
<td>Monday, March 16</td>
<td>12:30 PM</td>
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</tbody>
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## Other Events

- **Birthday & Anniversary Celebration**
  - On the 2nd Monday of the month we honor those who are having a birthday or anniversary that month. Honorees receive a complimentary meal and gift. Must be pre-registered to take advantage of this fun celebration. Please call by the 1st Monday of the month to register for your Birthday or Anniversary.

## Pre-Ticket Sales

- Tickets will be available for purchase up to 3 months in advance of designated large party at the Community Center. Ticket sales will close 10 business days before the event. Refunds in the form of an in-house credit, will only be issued up to one week prior to the event. No ticket sales the day of the event.
ESSENTRICS® GENTLE STRETCH
This is an age reversing workout that will restore movement in your joints, flexibility in your muscles, relieve pain, and stimulate your cells to increase energy and vibrancy in your immune system. A slow paced, full body workout created by the author of Forever Painless and The New York Times bestseller, Aging Backwards. This class can be done standing or seated.
Instructor: Kim Vitale, Essentrics® Instructor
Date: Thursdays, 1/9/20-2/13/20 No class 1/30/20
1:00-2:00PM #152076A
Thursday, 2/27/20-3/26/20
1:00-2:00PM #152076B
Fee: $35.00 Resident / $45.00 Regular
$10.00 Drop In
5 Classes Each Session
Location: Studio

DRUMS ALIVE GOLDEN BEATS® - NEW!
Drum your way to health! Rhythm, movement, and drumming on stability balls create a unique, fun, and effective alternative to traditional workouts. Workouts adaptable to all fitness and mobility levels.
Instructor: Meida Ollivierra, Drums Alive® Instructor
Dates: Tuesdays, 1/14/20 – 2/11/20
1:00-2:00PM #152077A
Tuesdays, 3/3/20 – 3/31/20
1:00-2:00PM #152077B
Fee: $40 Resident / $50 Regular / $10 Drop In
5 classes each session
Location: Studio

TAI CHI FOR HEALTH – SEATED AND STANDING
Tai Chi is focusing on fluid, circular movements that are relaxed and slow in tempo. Stiffness causes pain; increased flexibility will relieve pain. Tai Chi can help reduce stress which in turn calms the body and can help with conditions such as Arthritis and Diabetes. Registration deadline 1 week before class starts. Drop-ins only offered after class minimum has been met.
Instructor: Daniela Ostezan, Tai Chi for Health Institute Certified
Dates: Mondays, 1/6/20 – 2/3/20
10:00AM – 11:00AM #152072A
Mondays, 2/24/20 – 3/23/20
10:00AM – 11:00AM #152072B
Fee: $35 Resident / $45.00 Regular / Drop in $10
5 classes each session
Location: Studio

OPEN WALKING
The Community Center features a walking track. Walk or jog your way to fitness! Music provided. CLEAN, DRY gym shoes required. Water bottle recommended. Registration is required.
Date: Monday - Friday 8:00AM - 9:00AM #532002S
Fee: Free Residents / $5.00 Drop in Regular

CHAIR YOGA
A gentle stretching class that begins seated in a chair and moves onto the mat. Registration deadline 1 week before class starts. Drop-ins only offered after class minimum has been met.
Instructor: Carol Smith
Dates: Tuesdays, 1/21/20-2/11/20
10:00AM – 11:00AM #152073A
Tuesdays, 2/25/20-3/17/20
10:00AM – 11:00AM #152073B
Fee: $35.00 Resident / $45.00 Resident / Drop in $10.00
Location: Studio

STRENGTH AND STRETCH: CHAIR STYLE
Strengthen and improve posture, core, large muscle groups, and overall health with the convenience and support of a chair. This class is designed to meet the needs of any individual. Modifications and progressions will be shown so any fitness level may attend. Registration deadline 1 week before class starts. Drop-ins only offered after class minimum has been met.
Instructor: Carol Smith
Dates: Wednesdays, 1/22/20-2/12/20
10:00AM – 11:00AM #152074A
Wednesdays, 2/26/20-3/18/20
10:00AM – 11:00AM #152074B
Fee: $35.00 Resident / $45.00 Resident / Drop in $10.00
Location: Studio

LINE DANCING
Do you love music and like to dance or want to learn to dance? Line Dancing is a fun way to help maintain or improve muscle strength, balance, and endurance. Everyone learns something new from beginners to seasoned dancers! Registration deadline 1 week before class starts. Drop-ins only offered after class minimum has been met.
Instructor: Enita Hass
Dates: Session A: Wednesdays, 1/8/20-2/5/20
12:30PM – 1:30PM #152075A
Session B: Wednesdays, 2/26/20-3/25/20
12:30PM – 1:30PM #152075B
Fee: $35.00 Resident / $45.00 Resident / Drop in $10.00
5 Classes Each Session
Location: Studio

RECREATIONAL PICKLEBALL
Three indoor courts are available at the Community Center for open, non-competitive play. Players must sign in at the desk before entering the court. Outdoor courts available for tennis and Pickleball on a first come, first served basis.
Date: 1/2/20 – 3/30/20 indoors
Mon, Wed, Thurs, Friday
Time: 9:30AM – 12:30PM
Fee: $3.00 Drop in Resident / $4.00 Drop in Regular
Punch Card: $24.00 10 Punches Resident / $34.00 10 Punches Regular
NEW! LUNCH AND LEISURE WITH OAKLAND VOCATIONAL SCHOOLS
Join us for lunch and a cosmetology service of your choice provided by the North Oakland Vocational Schools Northeast Campus. You will enjoy lunch served by the students followed by either a manicure, pedicure, facial, or shampoo and blow-dry.

Dates: Friday, 1/31/20 #151134A
Friday, 2/28/20 #151134B
Friday, 3/27/20 #151134C

Time: Departure 11:15AM
Fee: $14.00

MEADOW BROOK “BLITHE SPIRIT”
The smash comedy hit of the London and Broadway stages, this much-revived classic from the playwright of Private Lives offers up fussy, cantankerous novelist Charles Condomine, remarried but haunted (literally) by the ghost of his late first wife, the clever and insistent Elvira who is called up by a visiting “happy medium,” one Madame Arcati. Included lunch before at Mitchel’s Fish Market.

Date: Wednesday, 1/29/20
Fee: $59.00 #151135

MARDI GRAS AT CEASAR’S WINDSOR
Mark your calendars for this fun trip! As always, included is coffee, Paczki, and special Mardi Gras entertainment! Transportation by deluxe motorcoach, international travel requires proper documentation.

Date: Tuesday, 02/25/2020
Fee: $31.00 #151138

UNHOLY TOLEDO
Escape into the Glass City’s underworld and enjoy a sightseeing adventure featuring famous Toledo crime scenes. Explore several gangster hit locations, Toledo’s infamous Tenderloin, and the sites of popular casinos and gambling spots. Included are lunch at Angelo’s Northwood Villa and dessert at Tony Packo’s. Roundtrip deluxe motorcoach transportation.

Date: Tuesday, 3/10/20
Fee: $73.00 #151136

NATIONAL WEATHER SERVICE TOUR
Are you interested to know how weather is predicted by the National Weather Service? Then this trip is perfect for you! We will tour the National Weather Service in White Lake Michigan and learn all about the behind the scenes operations that go into weather tracking and prediction. Lunch on your own at the Deer Lake Athletic Club.

Date: Thursday 3/19/20, depart 9:30am
Fee: $10.00 #151137

EXTENDED TRAVEL
A FULL ITINERARY IS AVAILABLE AT THE COMMUNITY CENTER FOR ALL EXTENDED TRAVEL!

THUNDER OVER LOUISVILLE
Come along for a spectacular trip to Louisville to see the Thunder Over Louisville, a world-class air show, which remains the largest pyrotechnic display in North America. Enjoy tours of Churchill Downs, the Kentucky Derby Museum, and the Jim Beam Family Master Distillery among other outings and activities. Included are 2 nights, 2 breakfasts, and 1 dinner. Motorcoach transportation.

Date: 4/17/20-4/19/20 #551208
Fee: $799.00 per person double

ARK ENCOUNTER
Take a trip to Covington, Kentucky to see this life-sized re-creation of Noah’s Ark. The trip includes the Ark Encounter, which includes a zoo and exhibits inside of the ark, as well as the Creation Museum, which is a 70,000 square foot museum that brings biblical stories to life. Also enjoy an included dinner at Greyhound Tavern. Included are 1 night stay, 1 breakfast, and 1 dinner. Motorcoach transportation.

Date: 5/14/20-5/15/20 #551211
Fee: $334.00 per person double

NIAGARA FALLS GETAWAY
One of nature’s most beautiful sights, join the Auburn Hills Seniors on a trip to Niagara Falls. Trip includes stops at the falls, White Oaks Mall, and World Duty Free America/Ammex. Transportation via deluxe motorcoach, international travel requires proper documentation.

Date: 5/28/20-5/29/20 #551209
Fee: $224.00 per person double

LONDON AND PARIS
Enjoy 8 days of fun in London and Paris! Just a few of the many attractions include visiting the Tower of London, Trafalgar Square, Big Ben, Paradis Latin Cabaret, Arc de Triomphe, dinner at the Eiffel Tower, and a Seine River Cruise. Included are 8 days, 6 breakfasts, 3 dinners, many attractions, airfare and transportation. You’re sure to have a great time across the pond!

Date: 05/06/2020-05/13/2020 #551205
Fee: $3599.00 per person double
MACKINAC ISLAND LILAC FESTIVAL
Explore Michigan’s natural beauty during the Mackinac Island Lilac Festival! Join the Auburn Hills Seniors on a horse drawn carriage tour of the island, a feast at The Grand Luncheon Buffet, and a visit to Mackinac Crossings. Four meals included, travel via deluxe motorcoach.

- Date: 6/11/20-6/13/20 #551212
- Fee: $634.00 per person double

NYC FIREWORKS
Can you think of better seats for the Annual Macy’s 4th of July Fireworks display than on a ship in New York Harbor? Neither could we! This trip will be a fantastic one, including an all-day Captain JP Cruise, sightseeing tour of New York City, 9/11 Museum, Tour of Madison Square Garden, Flight 93 Memorial, and more! This trip comes along with 5 breakfasts, 1 lunch, and 3 dinners, and 5 nights stay. 2 nights will be spent in Pennsylvania and 3 in New York City in the Heart of Times Square. Motorcoach transportation.

- Date: 7/3/20-7/8/20 #551210
- Fee: $1999.00 per person double

SAULT STE MARIE
Visit and experience the unique Sault Ste Marie and the Soo Locks! This trip includes a guided tour of a retired freighter, the Tower of History, a dinner cruise down the Soo Locks, and a stop at Point Iroquois Lighthouse. Enjoy two nights at the Kewadin Casino and Hotel in Sault Ste Marie, which includes an incentive package for your gambling enjoyment! Included are 2 breakfasts, 2 dinners, and 2 nights stay. Motorcoach transportation.

- Date: 7/29/20-7/31/20 #551213
- Fee: $404.00 per person double

MISSISSIPPI RIVER CRUISE
This fantastic trip includes a day-long cruise down the Mississippi River aboard the Riverboat Twilight. This boat was built to replica lavish Victorian Steamboats and will not disappoint. You will also enjoy a trip to the National Mississippi River Museum and Aquarium and to the John Deere Harvester Works and John Deere Pavilion. Included in this trip are 3 nights lodging, 3 breakfasts, 2 lunches, 2 dinners, and 2 days of the Mississippi River Cruise. Motorcoach transportation.

- Date: 8/17/20-8/20/20 #551214
- Fee: $999.00 per person double

UNTOWCHABLE CHICAGO
This trip will be one to remember! This 3 day trip is jam packed with fun, history, tours, and shopping. From dinner at a ‘green door’ speakeasy restaurant to a guided tour of Chicago where the Prohibition Era comes alive as you learn about Chicago’s windiest politicians, red-light districts, and the most notorious mobsters. Other tours include 360 Chicago, Tommy Guns Range with dinner and a show, and shopping on the magnificent mile.

- Date: 09/02/20-09/04/20 #551206
- Fee: $595.00 per person double

CAPE COD & MARTHA’S VINEYARD
Visit the Community Center to learn more!

- Date: 9/2/20-9/4/20

ICELAND’S MAGICAL NORTHERN LIGHTS
Get ready to spend 7 wonderful days in Iceland. You will get to enjoy a number of exciting attractions, cities, and sights like the Lava Exhibition Center, the Blue Lagoon, the Golden Circle which encompasses many of Iceland’s natural wonders, a trip to Vik, and, of course, a Northern Lights Cruise. That’s just a glimpse at the fantastic tour that awaits you in Iceland! Included are 7 days, 5 breakfasts, 5 lunch, airfare, transportation, and admission to countless attractions and excursions. You’ll be sure to enjoy this magical trip.

- Date: 10/12/20-10/18/20 #551207
- Fee: $2999.00 per person double

RAILROADS OF WEST VIRGINIA
Enjoy 4 days and 3 nights of the fall colors in beautiful West Virginia. Take a trip on The Cheat Mountain Salamander Railroad through the mountain wilderness and forests of Cheat Mountain. You’ll also jump on the Durbin Rocket through the Monongahela National Forest. Enjoy tours of the Trans Allegheny Lunatic Asylum, Greenbrier Bunker, and Beckley Coal Mine as well as a Gandy Dancer Theater Show. Included are 3 nights lodging, 3 breakfasts, 2 lunches, and 3 dinners. Motorcoach transportation.

- Date: 10/9/20-10/12/20 #551215
- Fee: $999.00 per person double
Volunteering is an investment in your community. The City of Auburn Hills has numerous ways to invest in your community. Even if you just have an hour, we can use you. We have opportunities for individuals, families and students. Contact the Community Center at 248-370-9353 for more information.

NEW-We now have an email address for volunteer inquiries: AUBURNHILLSVOLUNTEER@AUBURNHILLS.ORG  Please note: All volunteers are required to pass a background check.

SPRING & FALL RAKE AND RUN
Want to make a difference in a day? Volunteers are needed to help seniors clean up yards. Rakes and yard waste bags will be provided. Great opportunity for groups and families.

MEALS ON WHEELS DRIVER NEEDED FOR DAYTIME DELIVERIES
Meals on Wheels provides daily nutritious meals to home-bound seniors with the added bonus of a quick safety check and much-needed human connection that comes with each delivery. Different routes are available. Scheduling is easy and flexible. This is a great opportunity for families, students, civic groups, churches, businesses, employees, and retirees to help out.

MEAL PACKERS AND SERVERS NEEDED
Many hands are needed in our kitchen for our Nutrition Program. Meals are packaged at the Community Center Monday thru Friday for our homebound seniors. Volunteers are also needed for serving site meals and clean-up.

SHARP
Volunteers are needed for SHARP – Senior Home Assistance Repair Program. The SHARP program provides home repair to senior and disabled residents. The labor is free; the homeowner pays for the cost of the materials. Trained volunteers will provide miscellaneous home repairs and maintenance. This endeavor is co-sponsored with the North Woodward Community Foundation.

OTHER VOLUNTEER OPPORTUNITIES
Even if your availability or interests do not fall into these categories, you can still help. We have special events that need friendly volunteers. We have Outreach Programs that utilize volunteers to make sure that seniors have up to date medical information or just to check in. If you are interested in volunteering at your convenience, we constantly have a need for individuals or groups to help with getting the word out on services or programs that are offered.

SUPPORTIVE RESOURCES
Call 248-370-9353 for information on any of the services listed unless otherwise noted.

NO EXCUSE FOR ELDER ABUSE
If you are a senior citizen or know someone who is being hurt, having money taken or used without permission, are being forced to do things against their will, are being neglected, or are unable to care for themselves, then they are suffering from elder abuse. Neglecting to care for a dependent older adult or leaving them in an unsafe situation, whether you mean to or not, is elder abuse. Knowing, and not doing anything is elder abuse.

IF YOU SUSPECT ELDER ABUSE OR NEGLECT, CALL 1-855-444-3911. You do not need to leave your name.

ASK THE NURSE WITH POMEROY LIVING
The nurse will answer basic medical questions and offer free blood pressure screenings. Ask the Nurse is meant for suggestions only. If you need immediate attention, please visit your physician.

Date: 2nd Monday each month
Time: 11:00AM - 12:15PM

DURABLE MEDICAL EQUIPMENT LOAN CLOSET
Durable medical equipment such as walkers, crutches, wheelchairs & bath stools are available. Availability of equipment varies. Because our storage space is limited, we ask that you call prior to bringing in any donations. Cannot accept any medications or medical supplies.

FILE OF LIFE PROGRAM
The File of Life is a paper emergency information system sponsored by the Auburn Hills Fire, Police and Senior Services Departments. The File of Life is a magnetic file that is placed on the front of the refrigerator. Inside the file is emergency information that first responders may need to access in case of a medical emergency. This is a free program. Stop by the Community Center to pick up a File of Life or call 248-370-9353 to schedule a trained volunteer to visit you and help you complete your File of Life information.
HEARING EVALUATIONS, BATTERY CHANGES, HEARING AID CHECKS

Representatives from Miracle Ear will be on site to do free hearing evaluations, battery changes, and hearing aid checks. Walk-ins are welcomed, but appointments are encouraged. Call for more information.

Date: January 20th and March 16th
Time: 11AM - 1PM

HOMEBOUND LIBRARY PROGRAM

The Auburn Hills Public Library provides a free Home Delivery Service for Auburn Hills’ residents who are eligible. If you would like information about this program, please call the Adult Services Librarians at 248-364-6706.

KNOX BOX SAFETY PROGRAM

Participants in this program will have a secure lock box installed on the exterior of their home which contains a key to the home. Only the Auburn Hills Fire Department personnel will have a master key to unlock this box to gain secure entry into the home in the event of an emergency. There are a limited number of boxes available free for low income residents or the Knox boxes can be purchased at cost through the Senior Services Department.

MEDICARE, MEDICAID, PART D & OTHER INSURANCE ASSISTANCE

Trained MMAP volunteers are available to answer your questions about Medicare, Medicaid, Medicare Part D Prescription programs, Long Term Care Insurance, Supplemental Insurances, Medicare Drug Discount Cards and more. Assistance is also available in understanding statements from Medicare, hospitals, etc. By appointment only, call the Community Center for more information 248-370-9353.

OPERATION MEDICINE CABINET

Dispose of unused or unwanted prescriptions and over the counter drugs safely. The Auburn Hills Police Department has a secure container in their lobby where you can safely dispose of drugs. No needles or liquids.

MSR SCHOLARSHIP

The Neighborhood House-Auburn Hills 55+ MSR Scholarship was established through a vision by an anonymous donor who wanted to provide the monetary means for Auburn Hills low income seniors age 55+ to participate in Auburn Hills Community Center activities, the senior lunch program, and to utilize the senior transportation program. Please contact Neighborhood House at 248-651-5836 to qualify.

NEIGHBORHOOD HOUSE + AUBURN HILLS FOOD CUPBOARD

Emergency Community Food Cupboard sponsored by Neighborhood House is available for Auburn Hills’ residents only, regardless of age, who find themselves in need of emergency food assistance. Emergency food assistance is limited to non-perishable foods. Call center for appointment.

FOCUS HOPE

Food assistance program for income qualified individuals. Income and/or age guidelines must be met. Focus Hope is a monthly food distribution program for seniors age 60 and older only.

MINOR HOME + MOBILE HOME REPAIR PROGRAM

This free program is for income qualified homeowners of Auburn Hills who own their own home and who require minor home repairs. This service is funded under the Community Development Block Grant Program (CDBG). Enrollment is limited and only available as long as funding is available.

SHARP – SENIOR HOME ASSISTANCE REPAIR PROGRAM

A volunteer based program designed to help senior citizens and disabled residents to continue to live as independently as possible in their own homes. The SHARP program accepts requests for assistance year round (yard requests are seasonal). Call for more details and eligible projects.

LAWN MOWING & SNOW PLOWING FOR SENIORS & PERSONS WITH DISABILITIES

The City offers 2 yard maintenance programs for income and age eligible homeowners: one for lawn mowing and one for snow removal. These programs are funded by Community Development Block Grant (CDBG). Funds and offered to low income senior citizens and disabled adults. Call 248-370-9353 for details.
LEGAL PROGRAMS

LAKESHORE LEGAL AID
FREE consultations through the Council & Advocacy Law Line at 1-888-783-8190. Visits are available to homebound seniors or to nursing homes, as necessary.

WMU-COOLEY LAW SCHOOL ESTATE PLANNING CLINIC
If you are an Oakland County resident over the age of 60, you may be eligible to participate in the Thomas M. Cooley Law School Estate Planning Clinic. For more information or to prequalify, please contact Thomas Cooley Law School, 248-335-0125.

LEGAL HOTLINE FOR MICHIGAN SENIORS
AT 1-800-347-5297.

SUPPORT GROUPS

ALZHEIMER’S CAREGIVER SUPPORT GROUP
This group provides an opportunity for caregivers to discuss how their lives have been affected as they care for someone with Alzheimer’s disease. Led by an Alzheimer’s Association facilitator. Sponsored by Crittenton Home Care.
   Date: 3rd Thursday of the month
   Time: 6:00PM

SCLERODERMA SUPPORT GROUP
   Date: 1st Thursday of the month
   Time: 6:30PM

BRAIN INJURY SUPPORT GROUP
This group, sponsored and supported by the Brain Injury Association of Michigan (BIAMI), provides survivors of brain injury and their caregivers the opportunity to learn more about brain injury and related topics as well as a forum to provide and receive support. Questions: Chapter Leaders Karen or Greg Wolfe at 248-652-7924 or the Brain Injury Association of Michigan at 810-229-5880
   Date: 2nd Wednesday of the month
   Time: 7:00PM

EASTER EGG HUNT & BONNET CONTEST
SATURDAY, APRIL 11 | 12:00 PM - 2:00 PM
CIVIC CENTER PARK, AUBURN HILLS
The City Council approves the annual City budget for all activities, adopts ordinances, approves rezoning and site plans, and also approves major purchases.
The City Manager is the chief administrative officer for the City of Auburn Hills and is responsible for the day-to-day operations of the City. The City Manager is appointed by and serves at the pleasure of the City Council. The City Manager also attends all City Council meetings and reports directly to the City Council on all City matters.

Among other duties, the City Manager submits the annual budget, assists in planning strategies to achieve City Council goals and to improve the quality of life in the City of Auburn Hills. He also coordinates day-to-day operations and ensures the integration of services among City departments, as well as helping ensure the dependable delivery of high quality services while conserving community resources.