

**2014**

**Auburn Hills  
Older Adult  
Resource Guide**



*Courtesy of*  
**The City of Auburn Hills  
Senior Citizens Services Department  
1827 North Squirrel Road  
Auburn Hills, MI 48326  
248-370-9353  
[www.auburnhills.org](http://www.auburnhills.org)**

**Seniors Living Life to the Fullest**



**City of Auburn Hills Senior Services**

**Department Mission Statement**

The mission of the City of Auburn Hills Senior Citizens Services Department is to act as a community focal point on aging, where seniors, families, caregivers, and the community can come for services, information, and support in relation to aging. The Senior Services Department will strive to provide effective, informative, current, and friendly programs, services, and events.

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The Auburn Hills Senior Citizens Services Department is pleased to provide this resource guide of community services available to older adults in this area of Oakland County.

This list is non-exclusive. It is just a starting point to help guide you in finding assistance for your needs. The City of Auburn Hills and its affiliates do not endorse any of the contractors or companies listed. This listing is for informational purposes only.

Your input will be appreciated in helping us improve future publications. If you do find a phone number or agency that is incorrect, please let us know. Thank you.

Notes

# Nutrition Programs

## Meals—Congregate

### **Auburn Hills Senior Center:**

248-370-9353

[www.auburnhills.org](http://www.auburnhills.org)

### **Home Delivery (Auburn Hills Residents only)**

### **Meals on Wheels (OPC):**

248-608-0264

[www.opcseniorcenter.org](http://www.opcseniorcenter.org)

## Food Assistance

### **Food Stamps:**

**1-888-678-8914**    [www.ebt.acs-inc.com](http://www.ebt.acs-inc.com)

### **The Emergency Food Assistance Program**

### **(TEFAP):**

<http://www.fns.usda.gov/fdd/programs/tefap/>

### **Gleaners Community Food Bank:**

**1-313-923-3535**    [www.gcfb.org](http://www.gcfb.org)

**Focus Hope:**    313-494-4600

**Food Pantry (AH Res. only):**    [foodpantries.org](http://foodpantries.org)

248-370-9353

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Auburn Hills Community Center  
 Senior Services Department  
Hours of Operation

Monday-Friday: 8:00 am to 9:00 pm  
 Saturday: 10:00 am to 9:00 pm

Address, Phone Number & Web Site

1827 North Squirrel Road  
 Auburn Hills, MI 48326

**248-370-9353**

[www.auburnhills.org/departments/senior\\_services](http://www.auburnhills.org/departments/senior_services)

***Travel:***

- Day Trips
- Restaurant Trips
- Extended Travel

***Fitness Programs:***

- Chair Dancing
- Swimming
- Pickleball
- Walking Club
- Volleyball

***Nutrition:***

- Meals on Wheels
- Site Meals
- Monthly Potluck

***Fitness Facilities:***

- Fitness Room
- Gymnasium

***Arts & Culture:***

- Woodworking
- Card Games
- Art Classes
- Men's Billiards
- Foreign Language
- Cooking Classes

***Senior Bus Transportation:***

- Medical Appointments
- Senior Lunches & Programs
- Business
- Shopping

# Prescription Assistance

**Area Agency on Aging:**

1-800-852-7795, [www.aaa1b.org](http://www.aaa1b.org)

**Lighthouse Emergency Services:**

248-920-6100, [www.lighthouseoakland.org](http://www.lighthouseoakland.org)

**Medicare Part D:**

1-800-633-4227, [www.medicare.gov/part-d](http://www.medicare.gov/part-d)

**OPC:**

248-656-1403, [www.opcseniorcenter.org](http://www.opcseniorcenter.org)

**Senior Prescription Discount**

**Card Program:**

1-877-321-2652

[www.oakgov.com/pdc](http://www.oakgov.com/pdc)

**Waterford Senior Center:**

248-682-9450

[www.waterford.k12.mi.us/seniorcenter](http://www.waterford.k12.mi.us/seniorcenter)

**World Medical Relief:**

1-313-866-5333

[www.worldmedicalrelief.com](http://www.worldmedicalrelief.com)

Many pharmacy companies also provide financial assistance to obtain prescriptions that you might not otherwise be able to provide. Check with your local health care provider or pharmacist.

## Assisted Living & Nursing Homes & Home Health Care Agencies

**Assisted Living:** Assisted living provides a place to live and prepared meals. For additional fees, help with bathing, laundry, hair dressing and other personal hygiene can be provided. Assisted living communities can be helpful for people who are not bed ridden, and still can maintain some independence, but are unable to safely live on their own. Assisted living is most often private pay unless you carry long term care insurance coverage.

**Nursing Homes:** Nursing homes provide complete twenty-four hour care for you or your loved one. They are for patients who are unable to care for even their own basic needs. Often nursing home care is covered by insurance.

**Home Health Care Agencies:** Provide in home companion care, assistance with activities of daily living and/or medical support. Contact your local health care provider for referrals. Often, personal referrals can be helpful in this area. Always check references and the Better Business Bureau when deciding.

## City Services Directory

**City of Auburn Hills Main Number:**

248-370-9400

**[www.auburnhills.org](http://www.auburnhills.org)**

**Assessing:** 248-370-9436

**City Manager:** 248-370-9440

**Clerk:** 248-370-9402

**Community Development:** 248-364-6900

**Fieldstone Golf Club:** 248-370-9354

**Finance Department:** 248-370-9341

**Fire (Non-emergency):** 248-370-9444

**IT Department:** 248-370-9400

**Library:** 248-370-9466

**Parks & Recreation:** 248-370-9353

**Police (Non-emergency):** 248-370-9444

**Public Works:** 248-391-3777

**Senior Services:** 248-370-9353

**Treasurer:** 248-370-9420

# Emergency Services & Hospitals

**Ambulance, Fire, & Police.....911**

**Domestic Violence or Rape:**

- Haven: 248-334-1274, [www.haven-oakland.org](http://www.haven-oakland.org)

**Elder Abuse Services:**

- Adult Protective Services:

248-975-5400, [www.cbcmi.org](http://www.cbcmi.org)

- Citizens for Better Care:

1-800-833-9548, [www.cbcmi.org](http://www.cbcmi.org)

**Beaumont Hospital (Troy & Royal Oak):**

**Troy:** 248-964-5000,

[www.beaumont.edu](http://www.beaumont.edu)

**Royal Oak:** 248-898-5000,

[www.beaumont.edu](http://www.beaumont.edu)

**Crittenton Hospital (Rochester):**

248-652-5000, [www.crittenton.com](http://www.crittenton.com)

**Doctor's Hospital of Michigan (Pontiac):**

248-857-7200, [www.dhofm.com](http://www.dhofm.com)

**POH Medical Center (Pontiac):**

248-338-5000

**St. Joseph Mercy-Oakland (Pontiac):**

248-858-3000, [www.stjoesoakland.org](http://www.stjoesoakland.org)

**University of Michigan Health System:**

# Transportation

**Auburn Hills Senior Citizen**

**Transportation:**

248-370-9353, [mleonard@auburnhills.org](mailto:mleonard@auburnhills.org)

**American Cancer Society:**

1-877-499-4673, [www.cancer.org](http://www.cancer.org)

3 Day notice for Chemotherapy/Radiation

**Lighthouse:**

248-920-6100, [www.lighthouseoakland.org](http://www.lighthouseoakland.org)

**Michigan Department of**

**Transportation:**

1-517-373-2090, [www.michigan.gov/mdot](http://www.michigan.gov/mdot)

**SMART Bus:**

1-866-962-5515, [www.smartbus.org](http://www.smartbus.org)

**Veteran's Transportation:**

248-858-0785, [www.oakgov.com/veterans](http://www.oakgov.com/veterans)

**Neighborhood House**

248-651-5836, [www.ranh.org](http://www.ranh.org)

## Medicare & Medicaid

### **Medicare Hotline:**

1-800-633-4227, [www.medicare.gov](http://www.medicare.gov)

### **Medicare—Social Security Administration:**

1-800-772-1213 [www.ssa.gov](http://www.ssa.gov)

### **Medicare/Medicaid Assistance Program (MMAAP):**

1-800-852-7795, [www.aaa1b.com](http://www.aaa1b.com)

### **MMAAP Volunteer (Auburn Hills):**

248-370-9353, [www.auburnhills.org](http://www.auburnhills.org)

### **Michigan Peer Review Organization:**

1-800-365-5899, [www.mpro.org](http://www.mpro.org)

## Seniors Driving Courses

### **AARP Driving Safety Program:**

1-888-227-7669, [www.aarp.com](http://www.aarp.com)

### **AAA Foundation for Traffic Safety:**

1-800-305-7233, [www.aaafoundation.org](http://www.aaafoundation.org)

### **Traffic Improvement Association (TIA):**

248-334-4971, [www.tiami.us](http://www.tiami.us)

## Health & Medical Services

### **Adult Day Care/Respite Programs:**

**Alzheimer's Association:** 1-800-272-3900,  
[www.alz.org](http://www.alz.org)

**Area Agency on Aging:** 1-800-852-7795,  
[www.aaa1b.com](http://www.aaa1b.com)

**Encore Adult Day Care (Waterford):** 248-682-9450

**Oakland County Health Department:** 248-858-1280,  
[www.oakgov.com/health](http://www.oakgov.com/health)

**Older Persons Commission Adult Day Care (Rochester):** 248-656-1403, [www.opcseniorcenter.org](http://www.opcseniorcenter.org)

**Quality of Life Adult Day Center (Auburn Hills):**  
248-364-4064

**Catholic Social Services Adult Day Care (Pontiac):** 248-333-3700, [www.cssoc.org](http://www.cssoc.org)

### **Geriatric Assessment Centers:**

#### **Beaumont Geriatric Evaluation Clinic:**

248-551-8305, [www.beaumont.edu](http://www.beaumont.edu)

#### **Crittenton Geropsychiatric Program:**

248-652-5797, [www.crittenton.com](http://www.crittenton.com)

#### **Turner Geriatric Center (U of M):**

734-764-6831, [www.med.umich.edu/geriatrics/patient/turner.htm](http://www.med.umich.edu/geriatrics/patient/turner.htm)

## Hospice

Hospice offers comprehensive health care services for those with terminal illnesses, along with comfort and support for their loved ones. For more information or for recommendations, contact your health care provider.

## Health & Medical Services

### Dental Care:

**Baker College Dental Clinic:**

248-276-6664, [www.baker.edu](http://www.baker.edu)

**Michigan Dental Association:**

1-800-589-2632, [www.smilemichigan.com](http://www.smilemichigan.com)

**Michigan Donated Dental Services:**

1-800-850-5913, [www.michigan.gov/mdch](http://www.michigan.gov/mdch)

**Oakland County Dental Services:**

248-858-1307,  
[www.oakgov.com/health/pages/program\\_service/dental\\_about.aspx](http://www.oakgov.com/health/pages/program_service/dental_about.aspx)

### House Call Physicians:

**Mobile Doctors:**

248-228-8706, [www.mobiledoctors.com](http://www.mobiledoctors.com)

**Residential Home Care, Inc.:**

1-800-453-6286

**Visiting Physicians Association:**

248-352-2000, [www.visitingphysicians.com](http://www.visitingphysicians.com)

### Vision & Hearing:

**Lions Club –Rochester**

Rochester Lions Club  
P.O. Box 80393  
Rochester, MI 48308

## Local Government Agencies

**Auburn Hills City Hall:**

248-370-9400, [www.auburnhills.org](http://www.auburnhills.org)

**Auburn Hills Post Office:**

1-800-275-8777, [www.usps.com](http://www.usps.com)

**Auburn Hills Public Library:**

248-370-9466, [auburn-hills.lib.mi.us](http://auburn-hills.lib.mi.us)

**Department of Human Services**

**(Pontiac):** 248-975-4800

<http://www.michigan.gov/dhs>

**Oakland County Veteran's Services:**

Pontiac: 248-858-0785

Southeast Oakland: 248-655-1250

[www.oakgov.com/veterans](http://www.oakgov.com/veterans)

**Oakland County Health Department:**

248-424-7000, [www.oakgov.com/health](http://www.oakgov.com/health)

**Secretary of State (Pontiac):**

1-888-767-6424, [www.michigan.gov/sos](http://www.michigan.gov/sos)

## National Government Agencies

**Internal Revenue Service:**

1-800-829-1040, [www.irs.gov](http://www.irs.gov)

**Social Security Administration:**

1-800-772-1213, [www.ssa.gov](http://www.ssa.gov)



# Utilities

**Auburn Hills Water Department:**

**248-391-3777**

**Comcast: 1-800-266-2278**

www.comcast.com

**Consumer's Energy: 1-800-477-5050**

www.consumersenergy.com

**DTE: 1-800-477-4747**

www.mydteenergy.com

**Utility Shut-off Assistance (OLHSA):**

**1-800-482-9250**

www.olsha.org

**Lighthouse—Emergency Assistance:**

**248-920-6100**

www.lighthouseoakland.org

**Public Service Commission:**

**1-800-292-9555**

www.michigan.gov/mpsc

**Project Warmth Weatherization**

**Program (OLHSA): 248-209-2760**

www.olhsa.org

# Home Improvement Programs

**SHARP**

Volunteers provide free labor for minor repairs around the home.

Materials are paid for by clients.

Auburn Hills Senior Services Department

248-370-9353

**City of Auburn Hills CDBG**

**Minor Home Repair Program**

Income eligible homeowners can receive free home repairs. This is a grant program so, age and income guidelines apply.

City of Auburn Hills

248-370-9353

**Oakland County Community Home Improvement Loan Program**

Low interest home improvement loans for Oakland County homeowners who income qualify.

Must be a homeowner in Oakland County.

248-858-0493

www.oakgov.com/peds

## Housing Information

**Area Agency on Aging:**

1-800-852-7795, [www.aaa1b.org](http://www.aaa1b.org)

**Heritage in the Hills:**  
**(Active Adult Community)**

248-276-1943, [www.heritageinthehills.com](http://www.heritageinthehills.com)

**Housing for Seniors in Auburn Hills:**  
**(Independent Apartments)**

Meadows of Auburn Hills: 248-370-9393

Meadow creek Village: 248-253-8640

**Assisted Living Facility**

Harbor Chase—Assisted Living

248-340-9296

**Office of the State Long-Term Care**  
**Ombudsman Program:**  
**(Advocate for Nursing Home Residents)**

1-866-485-9393, [www.michigan.gov/itc](http://www.michigan.gov/itc)

**Oakland County Housing Counseling**

248-858-5402, [www.oakgov.com/chi](http://www.oakgov.com/chi)

**Subsidized Housing—Section 8**

313-226-7900, [www.hud.gov](http://www.hud.gov)

## Legal Services

**Area Agency on Aging:**

**1-800-852-7795** [www.aaa1b.org](http://www.aaa1b.org)

**Auburn Hills Senior Center:**

(Free monthly assistance; Call for appt.)

**248-370-9353** [www.auburnhills.org](http://www.auburnhills.org)

**Cooley Law School:**

**248-370-9353** (Call for appt.)

**Common Ground Legal Clinic:**

**248-456-0909, 1-800-231-1127**

[www.commongroundhelps.org](http://www.commongroundhelps.org)

**Elder Law Answers—National Network:**

**1-866-267-0947**

[www.elderlawanswers.com](http://www.elderlawanswers.com)

**Legal Hotline for Seniors:**

**1-800-347-5297** [www.legalhotlines.org](http://www.legalhotlines.org)

**Michigan Attorney General:**

(Consumer Protection)

**1-517-373-1140**, [www.michigan.gov/ag](http://www.michigan.gov/ag)

**Oakland County Probate Court:**

(Guardianship/Estates)

**248-858-0260**, [www.oakgov.com/probate](http://www.oakgov.com/probate)

# Counseling Services

**Alcoholics Anonymous:**

**248-332-3521**

[www.aa.org](http://www.aa.org)

**Catholic Social Services:**

**248-333-3700**

[www.cssoc.org](http://www.cssoc.org)

**Common Ground Crisis Line:**

**1-800-231-1127**

[www.commongroundhelps.org](http://www.commongroundhelps.org)

**Credit Counseling:**

**248-553-5400**

[www.greenpath.com](http://www.greenpath.com)

**Narcotics Anonymous:**

**248-543-7200**

[www.na.org](http://www.na.org)

**Oakland County Housing Counseling:**

**248-858-5402**

[www.oakgov.com/chi](http://www.oakgov.com/chi)

**Oakland Family Services**

**(Rochester Hills): 248-853-0750**

[www.oaklandfamilyservices.org](http://www.oaklandfamilyservices.org)

**Suicide Hotline (Open 24 hours):**

**1-800-237-8255**

[www.suicidepreventionlifeline.com](http://www.suicidepreventionlifeline.com)

# Senior Activities & Programs

## ***Volunteer Opportunities***

**Auburn Hills Senior Services:**

248-370-9353

[www.auburnhills.org](http://www.auburnhills.org)

**Michigan Foster Grandparents:**

248-333-3700, Ext. 3424

[www.cssoc.org](http://www.cssoc.org)

**Retired Senior Volunteer Program:**

248-333-3700, Ext. 3435

[www.cssoc.org](http://www.cssoc.org)

**Senior Companion Program:**

248-333-3700, Ext. 3437

[www.cssoc.org](http://www.cssoc.org)

# Senior Activities & Programs

## Employment for Seniors:

**Operation ABLE—Employment Assistance Information (45 and older):**

313-832-0922, [www.operationable.org](http://www.operationable.org)

**Senior Aides Program (OLHSA):**

248-209-2600, [www.olsha.org](http://www.olsha.org)

## Services for Seniors:

**Oakland County Health Division**

**Senior Services - Nurse on Call:**

248-858-1406 or 1-800-848-5533

***Contact the Auburn Hills***

***Senior Center for more information  
on services for seniors***

***248-370-9353***

# Supportive Organizations

**AARP:** 1-888-687-2277, [www.aarp.org](http://www.aarp.org)

**Alzheimer's Association:**

1-800-272-3900, [www.alz.org](http://www.alz.org)

**American Cancer Society:**

248-557-5353, [www.cancer.org](http://www.cancer.org)

**American Diabetes Association:**

1-800-342-2383, [www.diabetes.org](http://www.diabetes.org)

**American Lung Association:**

1-800-586-4872, [www.lung.org](http://www.lung.org)

**Michigan Parkinson's Foundation:**

248-433-1011, [www.parkinsonsmi.org](http://www.parkinsonsmi.org)

**National Council on Aging:**

202-479-1200, [www.ncoa.org](http://www.ncoa.org)

**National Kidney Foundation of Michigan:**

1-800-482-1455, [www.nkfm.org](http://www.nkfm.org)

**National Stroke Association:**

1-800-787-6537, [www.stroke.org](http://www.stroke.org)

**National Institute of Mental Health Information:**

301-443-4513, [www.nimh.nih.gov](http://www.nimh.nih.gov)