Auburn Hills
Older Adult
Resource Guide

Courtesy of
The City of Auburn Hills
Senior Citizens Services Department
1827 North Squirrel Road
Auburn Hills, MI 48326
248-370-9353
www.auburnhills.org

Seniors Living Life to the Fullest
City of Auburn Hills Senior Services

Department Mission Statement

The mission of the City of Auburn Hills Senior Citizens Services Department is to act as a community focal point on aging, where seniors, families, caregivers, and the community can come for services, information, and support in relation to aging. The Senior Services Department will strive to provide effective, informative, current, and friendly programs, services, and events.

The Auburn Hills Senior Citizens Services Department is pleased to provide this resource guide of community services available to older adults in this area of Oakland County.

This list is non-exclusive. It is just a starting point to help guide you in finding assistance for your needs. The City of Auburn Hills and its affiliates do not endorse any of the contractors or companies listed. This listing is for informational purposes only.

Your input will be appreciated in helping us improve future publications. If you do find a phone number or agency that is incorrect, please let us know. Thank you.
Nutrition Programs

Meals—Congregate

**Auburn Hills Senior Center:**
248-370-9353  
www.auburnhills.org

Home Delivery
(Auburn Hills Residents only)

**Meals on Wheels (OPC):**
248-608-0264  
www.opcseniorcenter.org

Food Assistance

**Food Stamps:**
1-888-678-8914  www.ebt.acs-inc.com

**The Emergency Food Assistance Program (TEFAP):**

**Gleaners Community Food Bank:**
1-313-923-3535  www.gcfb.org

**Focus Hope:**
313-494-4600

**Food Pantry (AH Res. only):**
foodpantries.org  
248-370-9353

Table of Contents

- Auburn Hills Community Center 04
- City Services Directory 05
- Emergency Services & Hospitals 06
- Health & Medical 07 & 08
- Home Improvement Programs 09
- Housing Information 10
- Volunteer Opportunities 11
- Senior Employment & Services 12
- Supportive Organizations 13
- Counseling Services 14
- Legal Services 15
- Utilities 16
- Local Government Agencies 17
- Medicare & Medicaid / Senior Driving Classes 18
- Transportation 19
- Assisted Living & Nursing Homes 20
- Prescription Assistance 21
- Nutrition & Food Programs 22
- Notes 23
Auburn Hills Community Center
Senior Services Department

**Hours of Operation**
Monday-Friday: 8:00 am to 9:00 pm
Saturday: 10:00 am to 9:00 pm

**Address, Phone Number & Web Site**
1827 North Squirrel Road
Auburn Hills, MI  48326
248-370-9353
www.auburnhills.org/departments/senior_services

**Nutrition:**
- Meals on Wheels
- Site Meals
- Monthly Potluck

**Travel:**
- Day Trips
- Restaurant Trips
- Extended Travel

**Arts & Culture:**
- Woodworking
- Card Games
- Art Classes
- Men’s Billiards
- Foreign Language
- Cooking Classes

**Fitness Programs:**
- Chair Dancing
- Swimming
- Pickleball
- Walking Club
- Volleyball

**Fitness Facilities:**
- Fitness Room
- Gymnasium

**Senior Bus Transportation:**
- Medical Appointments
- Senior Lunches & Programs
- Business
- Shopping

**Area Agency on Aging:**
1-800-852-7795, www.aaa1b.org

**Lighthouse Emergency Services:**
248-920-6100, www.lighthouseoakland.org

**Medicare Part D:**
1-800-633-4227, www.medicare.gov/part-d

**OPC:**

**Senior Prescription Discount Card Program:**
1-877-321-2652
www.oakgov.com/pdc

**Waterford Senior Center:**
248-682-9450
www.waterford.k12.mi.us/seniorcenter

**World Medical Relief:**
1-313-866-5333
www.worldmedicalrelief.com

Many pharmacy companies also provide financial assistance to obtain prescriptions that you might not otherwise be able to provide. Check with your local health care provider or pharmacist.
Assisted Living: Assisted living provides a place to live and prepared meals. For additional fees, help with bathing, laundry, hair dressing and other personal hygiene can be provided. Assisted living communities can be helpful for people who are not bed ridden, and still can maintain some independence, but are unable to safely live on their own. Assisted living is most often private pay unless you carry long term care insurance coverage.

Nursing Homes: Nursing homes provide complete twenty-four hour care for you or your loved one. They are for patients who are unable to care for even their own basic needs. Often nursing home care is covered by insurance.

Home Health Care Agencies: Provide in home companion care, assistance with activities of daily living and/or medical support. Contact your local health care provider for referrals. Often, personal referrals can be helpful in this area. Always check references and the Better Business Bureau when deciding.
Emergency Services & Hospitals

Ambulance, Fire, & Police........911

Domestic Violence or Rape:

Elder Abuse Services:
- Adult Protective Services:
  248-975-5400, www.cbcmi.org
- Citizens for Better Care:
  1-800-833-9548, www.cbcmi.org

Beaumont Hospital (Troy & Royal Oak):
  Troy: 248-964-5000, www.beaumont.edu
  Royal Oak: 248-898-5000, www.beaumont.edu

Crittenton Hospital (Rochester):

Doctor’s Hospital of Michigan (Pontiac):

POH Medical Center (Pontiac):
  248-338-5000

St. Joseph Mercy-Oakland (Pontiac):
  248-858-3000, www.stjoesoakland.org

University of Michigan Health System:

Transportation

Auburn Hills Senior Citizen
  Transportation:
  248-370-9353, mleonard@auburnhills.org

American Cancer Society:

3 Day notice for Chemotherapy/Radiation

Lighthouse:
  248-920-6100, www.lighthouseoakland.org

Michigan Department of
  Transportation:
  1-517-373-2090, www.michigan.gov/mdot

SMART Bus:
  1-866-962-5515, www.smartbus.org

Veteran’s Transportation:

Neighborhood House:
  248-651-5836, www.ranh.org
### Medicare & Medicaid

**Medicare Hotline:**
1-800-633-4227, www.medicare.gov

**Medicare—Social Security Administration:**
1-800-772-1213 www.ssa.gov

**Medicare/Medicaid Assistance Program (MMAP):**
1-800-852-7795, www.aaa1b.com

**MMAP Volunteer (Auburn Hills):**
248-370-9353, www.auburnhills.org

**Michigan Peer Review Organization:**
1-800-365-5899, www.mpro.org

### Seniors Driving Courses

**AARP Driving Safety Program:**
1-888-227-7669, www.aarp.com

**AAA Foundation for Traffic Safety:**
1-800-305-7233, www.aaafoundation.org

**Traffic Improvement Association (TIA):**
248-334-4971, www.tiami.us

### Hospice

Hospice offers comprehensive health care services for those with terminal illnesses, along with comfort and support for their loved ones. For more information or for recommendations, contact your health care provider.

### Health & Medical Services

#### Adult Day Care/Respite Programs:

**Alzheimer’s Association:** 1-800-272-3900, www.alz.org

**Area Agency on Aging:** 1-800-852-7795, www.aaa1b.com

**Encore Adult Day Care (Waterford):** 248-682-9450

**Oakland County Health Department:** 248-858-1280, www.oakgov.com/health

**Older Persons Commission Adult Day Care (Rochester):** 248-656-1403, www.opcseniorcenter.org

**Quality of Life Adult Day Center (Auburn Hills):**
248-364-4064

**Catholic Social Services Adult Day Care (Pontiac):** 248-333-3700, www.cssoc.org

#### Geriatric Assessment Centers:

**Beaumont Geriatric Evaluation Clinic:**
248-551-8305, www.beaumont.edu

**Crittenton Geropsychiatric Program:**

**Turner Geriatric Center (U of M):**
## Health & Medical Services

### Dental Care:

<table>
<thead>
<tr>
<th>Clinic/Association</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Baker College Dental Clinic</strong></td>
<td>248-276-6664</td>
<td><a href="http://www.baker.edu">www.baker.edu</a></td>
</tr>
<tr>
<td><strong>Michigan Dental Association</strong></td>
<td>1-800-589-2632</td>
<td><a href="http://www.smilemichigan.com">www.smilemichigan.com</a></td>
</tr>
<tr>
<td><strong>Michigan Donated Dental Services</strong></td>
<td>1-800-850-5913</td>
<td><a href="http://www.michigan.gov/mdch">www.michigan.gov/mdch</a></td>
</tr>
<tr>
<td><strong>Oakland County Dental Services</strong></td>
<td>248-858-1307</td>
<td><a href="http://www.oakgov.com/health/pages/program_service/dental_about.aspx">www.oakgov.com/health/pages/program_service/dental_about.aspx</a></td>
</tr>
</tbody>
</table>

### House Call Physicians:

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mobile Doctors</strong></td>
<td>248-228-8706</td>
<td><a href="http://www.mobiledoctors.com">www.mobiledoctors.com</a></td>
</tr>
<tr>
<td><strong>Residential Home Care, Inc.</strong></td>
<td>1-800-453-6286</td>
<td></td>
</tr>
</tbody>
</table>

### Vision & Hearing:

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Lions Club – Rochester</strong></td>
<td>Rochester Lions Club P.O. Box 80393 Rochester, MI 48308</td>
</tr>
</tbody>
</table>

## Local Government Agencies

<table>
<thead>
<tr>
<th>Agency/Location</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Auburn Hills City Hall</strong></td>
<td>248-370-9400</td>
<td><a href="http://www.auburnhills.org">www.auburnhills.org</a></td>
</tr>
<tr>
<td><strong>Auburn Hills Post Office</strong></td>
<td>1-800-275-8777</td>
<td><a href="http://www.usps.com">www.usps.com</a></td>
</tr>
<tr>
<td><strong>Auburn Hills Public Library</strong></td>
<td>248-370-9466</td>
<td><a href="http://auburn-hills.lib.mi.us">auburn-hills.lib.mi.us</a></td>
</tr>
<tr>
<td><strong>Oakland County Health Department</strong></td>
<td>248-424-7000</td>
<td><a href="http://www.oakgov.com/health">www.oakgov.com/health</a></td>
</tr>
<tr>
<td><strong>Secretary of State (Pontiac)</strong></td>
<td>1-888-767-6424</td>
<td><a href="http://www.michigan.gov/sos">www.michigan.gov/sos</a></td>
</tr>
</tbody>
</table>

## National Government Agencies

<table>
<thead>
<tr>
<th>Agency/Location</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Internal Revenue Service</strong></td>
<td>1-800-829-1040</td>
<td><a href="http://www.irs.gov">www.irs.gov</a></td>
</tr>
<tr>
<td><strong>Social Security Administration</strong></td>
<td>1-800-772-1213</td>
<td><a href="http://www.ssa.gov">www.ssa.gov</a></td>
</tr>
</tbody>
</table>
Utilities

**Auburn Hills Water Department:** 248-391-3777

**Comcast:** 1-800–266-2278
www.comcast.com

**Consumer’s Energy:** 1-800-477-5050
www.consumersenergy.com

**DTE:** 1-800-477-4747
www.mydteenergy.com

**Utility Shut-off Assistance (OLHSA):** 1-800-482-9250
www.olsha.org

**Lighthouse—Emergency Assistance:** 248-920-6100
www.lighthouseoakland.org

**Public Service Commission:**
1-800-292-9555
www.michigan.gov/mpsc

**Project Warmth Weatherization Program (OLHSA):** 248-209-2760
www.olhsa.org

---

Home Improvement Programs

**SHARP**
Volunteers provide free labor for minor repairs around the home.
Materials are paid for by clients.
Auburn Hills Senior Services Department
248-370-9353

**City of Auburn Hills CDBG Minor Home Repair Program**
Income eligible homeowners can receive free home repairs. This is a grant program so,
age and income guidelines apply.
City of Auburn Hills
248-370-9353

**Oakland County Community Home Improvement Loan Program**
Low interest home improvement loans for Oakland County homeowners who income qualify.
Must be a homeowner in Oakland County.
248-858-0493
www.oakgov.com/peds
**Housing Information**

*Area Agency on Aging:*
1-800-852-7795, www.aaa1b.org

*Heritage in the Hills:*
(Active Adult Community)

*Housing for Seniors in Auburn Hills:*
(Independent Apartments)
Meadows of Auburn Hills: 248-370-9393
Meadow creek Village: 248-253-8640

*Assisted Living Facility*
Harbor Chase—Assisted Living
248-340-9296

*Office of the State Long-Term Care Ombudsman Program:*
(Advocate for Nursing Home Residents)

*Oakland County Housing Counseling*

*Subsidized Housing—Section 8*

**Legal Services**

*Area Agency on Aging:*
1-800-852-7795 www.aaa1b.org

*Auburn Hills Senior Center:*
(Free monthly assistance; Call for appt.)
248-370-9353 www.auburnhills.org

*Cooley Law School:*
248-370-9353 (Call for appt.)

*Common Ground Legal Clinic:*
248-456-0909, 1-800-231-1127
www.commongroundhelps.org

*Elder Law Answers—National Network:*
1-866-267-0947
www.elderlawanswers.com

*Legal Hotline for Seniors:*
1-800-347-5297 www.legalhotlines.org

*Michigan Attorney General:*
(Consumer Protection)
1-517-373-1140, www.michigan.gov/ag

*Oakland County Probate Court:*
(Guardianship/Estates)
Counseling Services

Alcoholics Anonymous:
248-332-3521
www.aa.org

Catholic Social Services:
248-333-3700
www.cssoc.org

Common Ground Crisis Line:
1-800-231-1127
www.commongroundhelps.org

Credit Counseling:
248-553-5400
www.greenpath.com

Narcotics Anonymous:
248-543-7200
www.na.org

Oakland County Housing Counseling:
248-858-5402
www.oakgov.com/chi

Oakland Family Services
(Rochester Hills): 248-853-0750
www.oaklandfamilyservices.org

Suicide Hotline (Open 24 hours):
1-800-237-8255
www.suicidepreventionlifeline.com

Volunteer Opportunities

Auburn Hills Senior Services:
248-370-9353
www.auburnhills.org

Michigan Foster Grandparents:
248-333-3700, Ext. 3424
www.cssoc.org

Retired Senior Volunteer Program:
248-333-3700, Ext. 3435
www.cssoc.org

Senior Companion Program:
248-333-3700, Ext. 3437
www.cssoc.org
Employment for Seniors:

**Operation ABLE—Employment Assistance Information (45 and older):**
313-832-0922, www.operationable.org

**Senior Aides Program (OLHSA):**
248-209-2600, www.olsha.org

Services for Seniors:

**Oakland County Health Division**

**Senior Services - Nurse on Call:**
248-858-1406 or 1-800-848-5533

Contact the Auburn Hills
Senior Center for more information on services for seniors
248-370-9353

Supportive Organizations

**AARP:** 1-888-687-2277, www.aarp.org

**Alzheimer’s Association:**
1-800-272-3900, www.alz.org

**American Cancer Society:**

**American Diabetes Association:**
1-800-342-2383, www.diabetes.org

**American Lung Association:**
1-800-586-4872, www.lung.org

**Michigan Parkinson’s Foundation:**

**National Council on Aging:**

**National Kidney Foundation of Michigan:**
1-800-482-1455, www.nkfm.org

**National Stroke Association:**
1-800-787-6537, www.stroke.org

**National Institute of Mental Health Information:**