

# PARKS & RECREATION

PARKS + RECREATION DEPARTMENT  
1827 N. Squirrel Rd. | Auburn Hills 48326

PHONE 248-370-9353  
FAX 248-370-9357

HOURS OF OPERATION  
Monday - Friday | 8:00AM - 9:00PM  
Saturday | 10:00AM - 9:00PM

## ABOUT

The Auburn Hills park system has been carefully planned and developed over the years, and the facilities, along with community special events and recreational programs, have become a source of pride for residents. Recreational opportunities are available close to home in one of the four major city parks and in a variety of our programs and special events for youth, adults and families. If you are new to the area, stop by the Community Center for a tour of the facility and its features.



### OUR MISSION

To improve the quality of life in Auburn Hills by providing quality parks and recreation opportunities with a variety of year-round programs, special events, and facilities for people of all ages and abilities.



### SCHOLARSHIPS

We offer scholarships to Auburn Hills youth to help with program fees. Please call with your confidential inquiry.



### YOUR IDEAS NEEDED

We're always looking for new recreation ideas to offer to our residents. If you have any suggestions or are considering sharing your talents with others as an instructor, please contact us.

**PLEASE NOTE:** The City of Auburn Hills takes photos at some of our events and programs. By registering for and participating in any City of Auburn Hills sponsored event or activity, you agree to allow the City to utilize these photos for advertising purposes.

## HOW TO REGISTER

### ONLINE

Go to [WWW.AUBURNHILLS.ORG](http://WWW.AUBURNHILLS.ORG), select DEPARTMENTS and in the drop-down menu, click on PARKS & RECREATION then click "Register Now!" and follow the quick easy instructions.

### MAIL-IN

Print the registration form from our website and mail it in with your payment, if needed. Make check or money order payable to: City of Auburn Hills. Mail to Parks & Recreation Department, 1827 N. Squirrel Rd., Auburn Hills, MI 48326

### IN PERSON

Register in person at the Community Center during hours of operation. We accept cash, check, Visa and Mastercard.

## COMMUNITY CENTER CARD

Stop by the Community Center to receive a "Community Center Card" or renew your current Community Center card. Proof of residency required. Cards are renewed annually. Cardholders can participate in a variety of city-sponsored senior programs, special events and other programs. Your FREE Community Center Card may be obtained only at the Community Center. Monday-Friday, 8:00AM - 9:00PM, Saturday, 10:00AM - 9:00PM.

## FITNESS OPPORTUNITY

Residents of Auburn Hills with a Community Center Card can use the Fitness Room at the Community Center FREE OF CHARGE. Non-resident: Individual \$250.00 /Family \$400.00 Locker room with showers available. Bring your own lock/shower supplies. Monday- Friday, 8:00AM - 9:00 PM and Saturdays, 10:00 AM - 9:00PM. Fitness Room check-in no later than 8:30PM.

## TEEN PROGRAMS

### TEEN COUNCIL (AGES 13-18)

Learn leadership skills by designing and planning fun activities, have access to special events and earn valuable community service hours. Join the Remind group to get updates by texting @ahteencncl to 81010. Students must be in grades 8 through 12. Stop by the Community Center or check out our website for an application. Advisor: Jaclyn Corio

Location: Community Center Wesson Room  
Date: Meetings 1st and 3rd Tuesday of each month during the school year, includes pizza!  
Time: 6:30PM - 7:30PM

## OUR CITY PARKS



### CIVIC CENTER PARK | 1827 N. SQUIRREL ROAD

Nature Trails, fishing pond, ball-diamond, multi-sport athletic field, nine hole disc golf course, tennis courts, play structures and swings, covered picnic pavilion, barbeque grills, picnic tables, restrooms (in season).

### CLINTON RIVER TRAIL

The trail in Auburn Hills is 2.1 miles in length and runs east-west between Adams and Opdyke. The trail is part of a larger 16-mile trail that connects to the West Bloomfield trail near Sylvan Lake and the Paint Creek trail in Rochester.

### RIVERSIDE PARK | 3311 SQUIRREL COURT

Located on the banks of the Clinton River, river path, play structure with swings, canoe launch, covered picnic pavilion, barbecue grills, picnic tables, restrooms.

### RIVER WOODS PARK | 300 RIVER WOODS DR.

Located along the Clinton River, covered picnic pavilion, heated restrooms, paved pathway system, play structure with swings and climbers, basketball court, picnic areas with barbecue grills, open spaces.

### SKATE PARK | 202 N. SQUIRREL ROAD

Free - Public welcome, unsupervised park for use by skateboarders, inline skaters, and BMX bikes.

### DENNIS DEARING JR. MEMORIAL PARK 2058 PHILLIPS ROAD

A neighborhood park including a fireman-themed tot-lot, swings, picnic tables, open play space.

### MANITOBA PARK | 4220 MANITOBA ROAD

Play structure, sand volleyball court, benches, paved play area, open space.

### E. DALE FISK HAWK WOODS NATURE CENTER 3799 BALD MOUNTAIN ROAD

Groomed nature trails, marsh boardwalk, heated restroom/shower facility, covered picnic pavilion, two story log cabin lodge, six overnight camping cabins.

### TEEN COOKIE DECORATING PARTY (AGES 13-18)

Auburn Hills Teen Council will be hosting their 2nd Annual Teen Holiday Cookie Decorating Party! All supplies will be provided.

Location: Community Center Wesson Room  
Date: Friday, 12/21/18 #125131  
Time: 6:00PM - 8:00PM  
Fee: \$5 Resident / \$7 Regular

### HOW TO ADULT SERIES (AGES 13-18)

Learn basic "adulting" skills in this three part educational series brought to you by the Auburn Hills Teen Council. During these sessions, you will learn a basic overview of the selected topics from trained professionals. All supplies are provided. Free pizza and pop will be served!

Location: Community Center Wesson Room  
Time: 6:30PM-7:30PM

### FILING A 1040EZ

Date: 1/22/19 #114018A

### APPLYING TO JOBS AND THE INTERVIEW PROCESS

Date: 2/19/2019 #114018B

### OPENING A BANK ACCOUNT AND BUDGETING YOUR MONEY

Date: 3/19/2019 #114018C

### BE FIT! (AGES 13-17)

You can stay fit and begin your lifelong journey of leading a healthy lifestyle using our Fitness Room and equipment. Equipment includes treadmills, elliptical machines, multi-station strength machine, hand-weights, balance & medicine ball, stationary bike and more. Must be signed up by parent or legal guardian.

Location: Community Center Fitness Room #138050  
Date: Year Round  
Time: Monday -Friday, 8AM-8:30PM  
Saturdays, 10AM - 8:30PM  
Fee: Free for Resident with Community Center Card  
\$100 Regular

### AUBURN HILLS TEEN COUNCIL SOCK DRIVE

Please help The Auburn Hills Teen Council collect the most socks as we compete with Teen Councils in surrounding communities for lifelong bragging rights! We will be hosting a sock drive beginning in January and ending in February and donating all collections to homeless shelters. Donations can be made at the Auburn Hills Community Center. All socks must be new. Thank you for the support!

# 3<sup>RD</sup> ANNUAL BRUCE HOWELL MEMORIAL FREE THROW CONTEST

FEBRUARY 23<sup>RD</sup>, 2019 @ 2PM  
AUBURN HILLS COMMUNITY CENTER

QUESTIONS? 248-370-9353

**ALL DONATIONS GO TO THE AMERICAN CANCER SOCIETY**



## YOUTH PROGRAMS

### ATHLETICS



#### BASKETBALL LEAGUES

Auburn Hills Parks & Recreation & Avondale Basketball are partnering again to present this instructional basketball league that focuses on fundamentals, sportsmanship, teamwork, equal playing time and fun. Boys and girls will develop their basketball skills through practices and weekly games. Each team will have one practice a week, Grades 1st-4th will practice on Monday or Wednesday. Grades 5th-8th will practice on Saturdays, the hour prior to their game. All games will be played Saturdays. The first two weeks will focus on player skill development and the formation of balanced, competitive teams. Volunteer coaches are needed!

Location: Auburn Hills Community Center Gym and Avondale High School

Date: See above, 1/5/19 – 3/2/19

Divisions: Grades 1st -2nd #113050

Grades 3rd-4th #112020

Grades 5th-6th Boys #112030

Grades 5th-6th Girls #112031

Grades 7th-8th Boys #112040

Grades 7th-8th Girls #112041

Fee: \$75.00 Resident / \$85.00 Regular (First Child)

\$70.00 Resident / \$80.00 Regular (Additional Child)

#### NFL YOUTH FLAG FOOTBALL EXPERIENCE THE DIFFERENCE

Ages 4-14 • Presented by: National Flag Football

This is a 5 vs. 5, non-contact, recreational, co-ed format. Teams are limited to 10 players to maximize playing time. This is an exceptional program for first time players who want to learn the fundamentals of football. This is also a wonderful opportunity for players who may want to continue to enhance their skills before taking the next leap into tackle football. Games are played at a Rochester Community Schools High School on Sunday afternoons. Practices take place one hour prior to game time each week to ensure a convenient and fun experience for all. Participants will receive an NFL reversible jersey, flag belt, and individual participation award. Games are officiated by MHSAA referees. The season begins mid-April and runs through the end of June. There are no try-outs! Everyone participates! Children are placed on teams according to their age.

For more information call **(248) 454-9700**

Registration Deadline: March 1, 2019

Register online at: [www.NationalFlagFootball.com](http://www.NationalFlagFootball.com)



#### SOCCER LEAGUES (Grades 1-6)

Auburn Hills Parks & Recreation is partnering with Rochester Soccer Club for a fun soccer season! League starts on Wednesday, April 10 with skills and drills to help form fair and balanced teams. Weekday practices on Wednesday and Saturday games starting April 27. Volunteer coaches needed.

Location: Civic Center Multi-Sport Athletic Field

Date: See above, 04/10/19 – 06/1/19

Divisions: Grades 1st -6th #216680A-F

Fee: \$65.00 Resident / \$75.00 Regular

(Returning Player w/uniform)

\$100.00 Resident / \$110.00 Regular (New Player)



#### GYMNASTICS (Ages 4-5)

Enjoy a fun beginner gymnastic class with little or no experience necessary. Experience 4 events as well as the trampoline, foam pits, and rock wall. Parent viewing area available.

Location: Gymnastics Training Center

1813 Northfield Dr., Rochester Hills

Fee: \$44.00 Resident / \$54.00 Regular (4 sessions)

Time: 6:30PM – 7:15PM

Date: Mondays, 1/7/19 – 1/28/19 #134006A

Date: Mondays, 2/4/19 – 2/25/19 #134006B

Date: Mondays, 3/4/19 – 3/25/19 #134006C

## PLAN AHEAD

#### SUMMER CAMP

Children in grades 1-8 (2019/2020 school year) can experience the great outdoors with a variety of age-appropriate recreational activities designed to create a lifetime of memories. Activities will include crafts, sports, cooperative games, gym games, library visits, nature and more! Camp T-shirt provided. Bring a water bottle and nut-free snack (non-refrigerated) each day. See the Before & After Care program and the Lunch Buddies program for details on how to make it a full-day at camp!

**Week 1: 6/24/19-6/28/19**

Theme: Four Seasons

**Week 2: 7/1/19-7/3/19**

Theme: Ancient Egypt

**Week 3: 7/8/19-7/12/19**

Theme: Animal Planet

**Week 4: 7/15/19-7/19/19**

Theme: Fear Factor

**Week 5: 7/22/19-7/26/19**

Theme: Inventors Workshop

**Week 6: 7/29/19-8/2/19**

Theme: Wizards Week

#### BEFORE & AFTER CARE

The Before & After Care program is offered to families who need supervision before and after camp. The hours for the Before Care are 7:30AM-9:00AM, and After Care, 4:30PM-6:00PM. Families must register prior to using this service.

#### LUNCH BUDDIES

This program is offered to families who need supervision during the lunch hour before afternoon camp starts. Lunch Buddies will run from 12:00PM-1:00PM, please bring a non-refrigerated, nut-free lunch. Families must register prior to using this service.

## FITNESS

#### MARTIAL ARTS (Ages 5-15)

Classes will emphasize self-discipline, focus, awareness of one's environment, along with studying basic movements and the theory of defending oneself.

Instructor: Master Kirk Rehn

Location: Community Center

**Level: Beginner – white belt**

Date: Saturdays, 01/19/19 – 03/23/19

Time: 10:30AM – 11:15AM #113251C

Fee: \$40.00 Resident / \$50.00 Regular (10 sessions)

**Level: Advanced Beginner – yellow belt or higher**

Date: Saturdays, 01/19/19 – 03/23/19

Time: 11:30AM – 12:15PM #113251D

Fee: \$40.00 Resident / \$50.00 Regular (10 sessions)

**Level: Intermediate – orange/blue belt**

Date: Wednesdays, 01/23/19 – 03/27/19

Time: 6:15PM – 7:05PM #113251A

Fee: \$40.00 Resident / \$50.00 Regular (10 sessions)

**Level: Advanced – red/purple/green belt**

Date: Wednesdays, 01/23/19 – 03/27/19

Time: 7:15PM – 8:05PM #113251B

Fee: \$40.00 Resident / \$50.00 Regular (10 sessions)



## VARIETY

### AFTER SCHOOL ACTIVITIES (Grades 3-5)

Boys and girls stay active after school participating in a variety of organized activities right after school. Everyone plays!

Location: Auburn Elementary School Gym  
Day/Date: Wednesdays 1/23/19 – 3/20/19 (no 2/13)  
Time: 3:40PM – 5:10PM #111220  
Fee: \$15 Resident / \$20 Regular

Location: Graham Elementary School Gym  
Day/Date: Thursdays 1/24/19 – 3/21/19 (no 2/14)  
Time: 3:40PM – 5:10PM #111230  
Fee: \$15 Resident / \$20 Regular

### PARENT TOT GYM TIME

We will have a variety of recreational equipment set up in the gym for parents and tots to utilize. This is a drop-in program without an instructor. Come on in and enjoy meeting other parents and watch the children play with the parachute, balance beam, scooters, playground balls and more! Ages 3-5.

Location: Community Center Gym  
Day/Date: Tuesdays 01/08/19 – 03/26/19  
Time: 10:00AM – 12:00PM  
Fee: Free Resident / \$5 Drop In



## ADULT PROGRAMS

### MAKERS CLASSES

#### OPEN STUDIO TIME

Use our pottery wheel or tables to create with your own clay. Once your piece is complete you can have it fired by us on scheduled days.

Location: Community Center Craft/Woodshop  
Fee: Free Resident / \$5.00 Regular per visit  
Note: No Open Studio during scheduled classes  
Time: Tuesdays, 8:30AM-8:00PM  
Saturdays, 4:30PM-8:00PM

#### OPEN WOODSHOP

The Woodshop will be open for your small repairs and projects. We have a variety of tools and supplies that you can use to complete your projects. Prerequisite: Woodshop Safety Certification

Location: Community Center Craft/Woodshop  
Fee: Free Resident / \$10.00 Regular per visit  
Note: No Open Woodshop during scheduled classes  
Time: Thursdays, Fridays, 8:30AM – 8:00PM  
Saturdays 8:30AM – 4:00PM

#### WOODSHOP SAFETY CERTIFICATION

Have you ever wanted to work with wood and learn how to use a variety of power tools? Attend this training class and become certified to use our woodshop. You will get trained on all of the equipment in our woodshop. Class includes safety certification so you can come back and use the wood shop for your future projects. Limited to 5 students. The January and February footstool classes also include safety certification.

Location: Community Center Craft/Woodshop  
Time: 6:00PM – 8:00PM  
Date: Thursday 1/10/19 #123513A  
Date: Thursday 2/21/19 #123513B  
Fee: \$5.00 Resident / \$10.00 Regular

#### BUILD A FABULOUS FOOT STOOL

You'll learn to use nearly every tool in the shop while building a fabulous foot stool by hand! Expert woodworkers will lead and instruct for every step of the way. This stool is sturdy yet easy to maneuver and will last for years. Class includes safety certification so you can come back and use the wood shop for your future projects. Limited to 5 students.

Location: Community Center Woodshop  
Date: Thursdays, 01/31/19 & 02/07/19  
Time: 6:00PM – 9:00PM #123512  
Fee: \$20.00 Resident / \$25.00 Regular

#### CREATE YOUR OWN - PEN

Looking for a fun and rewarding introductory wood turning experience? By the end of the class you'll have a nice handmade pen that's ready to use or share as a gift. No Prerequisites needed. Instructor: Michael Evans.

Location: Community Center Craft/Woodshop  
Time: 5:30PM – 8:30PM  
Fee: \$10.00 Resident / \$15.00 Regular

Date: Thursday, 12/27/18 #123659A  
Wednesday, 1/23/19 #123659B  
Wednesday, 2/27/19 #123659C

#### WOODSHOP 2.0

Bring your workshop game to the next level! If you are already safety certified, you can take the next step to creating your own pieces. Learn how to set up the equipment, or get expert guidance on your project while you work.

Prerequisite: Woodshop Safety Certification  
Location: Community Center Craft/Woodshop  
Fee: \$10.00 Resident / \$20.00 Regular  
Time: 6:00PM – 8:30PM  
Date: Wednesday, 2/13/19 #123660A  
Date: Wednesday, 3/13/19 #123660B  
Date: Wednesday, 4/10/19 #123660C



# THE CITY OF AUBURN HILLS 28<sup>TH</sup> ANNUAL EASTER EGG HUNT & BONNET CONTEST

**SATURDAY, APRIL 20<sup>TH</sup>**  
AUBURN HILLS CIVIC CENTER PARK  
**12 - 2 PM | \$2 PER CHILD**  
QUESTIONS? 248-370-9353



## ATHLETICS

### MARTIAL ARTS (Ages 14+)

Tang Soo Do style classes will emphasize self-discipline, focus, physical fitness along with basic movements and self-defense. Please wear loose-fitting athletic clothing.

Instructor: Master Kirk Rehn.

Location: Community Center Studio

Date: Thursdays, 01/24/19 – 03/28/19

Time: 6:25PM - 7:25PM #125080

Fee: \$40.00 Resident / \$50.00 Regular (10 sessions)

### CO-REC SOFTBALL LEAGUE

Teams play early weeknight games during the 14 game season. Top four teams advance to the playoff round. Team fee includes: game balls, playoff officials, sponsor trophies & custom t-shirts for league and playoff champions. Call to receive packet/ registration information.

Location: Civic Center Park Ball Diamond

Fee: \$488 (includes \$48 forfeit bond) + additional fees:

\$15 per team, per game to umpire #222390

Tuesday or Thursday games (6:00 PM & 7:15PM)

Starting May 7



## FITNESS



### WELL-BEING CHALLENGE

Start the New Year out right by getting involved in our NEW, 12 week, Well-Being Challenge with Applied Fitness Solutions. Attend the kick off lecture to get started with all your tips and tools as well as your beginning stats. Included in the fee are weekly videos, workbook, pedometer, body composition check-ins, and more. Kick-off lecture on 1/14/19 from 6-7 p.m.

### OPTIONAL INFORMATIONAL Q&A

Fee: Free

Date: Thursday, 12/20/18

Time: 6:00PM-6:15PM Seyburn A

Date: Wednesday, 1/9/19

Time: 11:00AM-11:15AM Wesson Room

Time: 6:00PM-6:15PM Seyburn A

### CHALLENGE

Location: Seyburn B

Fee: \$125 Resident / \$150 Regular

Date: Monday, 1/14/19 – 4/5/19 #113491

### BARRE TOTAL BODY WORKOUT

With low weights and high reps, this class will sculpt your arms, thighs, abs and glutes. Please bring mat. Conducted by Fitness Rx Instructor, Carrie Scoville.

Location: Community Center Studio

Drop In: \$10.00

Date: Mondays, 01/07/19 – 03/25/19

Time: 5:45PM - 6:45PM #125091

Fee: \$69.00 Resident / \$79.00 Non-Resident (12 sessions)

### CORE & TONING

An intense workout for your midsection, this class focuses on toning and strengthening the body's core abdominal and back muscles. Mat required for class. Conducted by Fitness Rx Instructor, Carrie Scoville.

Location: Community Center Studio

Drop In: \$10.00

Date: Tuesdays, 01/08/19 – 03/26/19

Time: 5:45PM - 6:45PM #123662

Fee: \$69.00 Resident / \$79.00 Regular (12 sessions)

### YOGA WITH LISA

Improve your strength and flexibility, alignment, balance, and self-confidence, as you decrease muscle tension and learn to relax. All levels of experience are welcome. Wear loose, comfortable clothing and bring a yoga mat. Poses can be modified as needed. Certified Instructor: Lisa Calice.

Location: Community Center Seyburn B

Drop In: \$10.00

Date: Mondays, 01/07/19 – 03/25/19

Time: 6:30PM - 7:30PM #125081

Fee: \$72.00 Resident / \$82.00 Non-Resident (12 sessions)

### RELAX & RESTORE YOGA

This class will focus on breathing and gentle yoga practice designed to help you relax tight and tense muscles, and restore your mind, body and spirit. Great choice for beginning or intermediate students. Wear loose, comfortable clothing and bring a yoga mat. Certified Instructor: Lisa Calice.

Location: Community Center Seyburn B

Drop In: \$10.00

Date: Tuesdays, 01/08/19 – 03/26/19

Time: 6:30PM - 7:30PM #125090

Fee: \$72.00 Resident / \$82.00 Non-Resident (12 sessions)

### ZUMBA FITNESS

Using Latin inspired rhythms and up tempo, catchy beats, this fitness class will have you wanting more! The routines feature interval training sessions with fast and slow rhythms, along with resistance training that will tone and sculpt your body. Certified Instructor: Candace Hayden

Location: Community Center Studio

Time: 7:30PM - 8:30PM

Fee: \$72.00 Resident / \$90.00 Regular (12 sessions)

Drop In: \$10.00

Date: Tuesdays, 01/08/19 – 03/26/19 #125111A

Date: Wednesdays, 01/09/19 – 03/27/19 #125111B



### POUND® ROCKOUT. WORKOUT.

Transform drumming into an effective way of working out. You become the music in this fitness class designed for all levels.

Instructor: Candace Hayden

Location: Community Center Studio

Drop In: \$10.00

Date: Fridays, 01/11/19- 03/29/19 #123790

Time: 6:30PM – 7:30PM

Fee: \$72.00 Resident / \$90.00 Regular (12 sessions)

## FAMILY & ALL AGES / VARIETY

### FAMILY GAME NIGHT

Drop in for some old fashioned family game night fun! We will have some games for all levels available or bring your own to share. Patty Hassett will facilitate a different strategic board game each week for anyone interested in joining.

Location: Community Center Wesson Room

Date: Wednesdays, 01/23/19 – 03/13/19

Fee: Free Drop In Program

Time: 6:30PM-7:30PM

### JAPANESE SWORDSMANSHIP (Ages 14+)

Learn traditional Toyama Ryu laido swordsmanship taught by Rick Brady Sensei. Classes focus on martial arts principles, self-discipline, balance and control.

Location: Community Center Studio

Date: Thursdays, 01/24/19 – 03/28/19

Fee: \$50.00 Resident / \$60.00 Regular (10 sessions)

Time: 7:30PM-8:30PM #113620

### SPINNERS FROLIC

Do you have an interest in learning to spin fluff into useable yarn for needlework or weaving projects? Spinners Frolic is a group of passionate fiber artists that love teaching and learning the ancient art of spinning. No experience needed. No equipment needed. A light dinner is provided but bring your own non-alcoholic beverage.

Location: Community Center Wesson Room

Date: 2nd Tuesday of the month

Time: 6:00PM – 9:00PM

### JUMPSTART UKULELE (AGES 9+)

Do you dream of sitting on the beach, playing your ukulele, during our long Michigan winter? We can help with that. Jumpstart Ukulele is an 8-week class that gets you playing, right away, on a beach bum's budget. Includes music book.

Location: Community Center Wesson Room

Time: 6:00PM-7:00PM

Date: Mondays, 1/7/19 – 2/25/19 #114017A (8 sessions)

Fee: \$170.00 Resident / \$190.00 Regular

#114017C (Ukulele included)

Date: Mondays, 3/4/19 – 4/22/19 #114017B (8 sessions)

\$120.00 Resident / \$140.00 Regular #114017D

(Provide your own ukulele)



## HOW TO WRITE A BOOK IN 30 DAYS

Have you ever imagined writing a book? This course is designed for those writers who would like to break into the publishing world. Learn simple ideas and methods to get started writing and sticking with it. \$25 materials fee paid to instructor.

Instructor: Author, Don Staley

Location: Community Center Carriage Room

Fee: \$35 Resident / \$45 Regular

Date: Monday 2/11/19 #125114

Time: 6:00- 9:00PM

## KIDS' MUSICROUND

A singing, laughing, giggling, jiggling, clapping, dancing, bouncing, fun-filled, award-winning music and movement experience for infants and children to age five! This young age is when your child's innate music potential is actively developing. With the KMR children's music program, parents can help bring out a child's natural curiosity about music in a playful, encouraging class environment. Parent, guardian, or caretaker is required to stay but there is no charge for you.

Location: Community Center Studio

Fee: \$175 resident / \$180 regular per first student  
#111240A

\$90 resident/ \$100 regular per each additional student  
#111240B

Free under 12 months #111240C

Date: Thursdays 1/17/19 - 3/21/19 (10 sessions)

Time: 10:00AM-10:45AM

## FITNESS ROOM

Auburn Hills residents can work out in the fitness room for free! Hours of operation are Monday- Friday, 8AM- 8:30PM and Saturday, 10AM- 8:30PM. The Fitness Room includes treadmills, elliptical machines, a multi-station strength machine, stationary bike and more. Showers and lockers are available-please bring your own lock. Children 12 and under are not allowed in the Fitness Room. 13- 17 year olds must be signed up for the Teen Fitness Program to participate. Corporate Fitness Card available for those who work in Auburn Hills for \$100 annually.

## CPR / FIRST AID COURSES (AGES 14+)

Learn valuable life-saving skills that you could use to help a friend or family member by taking a CPR or First Aid course taught by an instructor from the Auburn Hills Fire Department. Courses are three hours in length and include American Heart Association certification card. Limited to 10 participants/must have minimum of 5 to run class.

Location: Auburn Hills Public Safety

Dates: Saturday, 01/05/19 - Basic First Aid #133280

Saturday, 02/02/19 - Adult/Child CPR #133260

Time: 9:00AM - 12:00PM

Fee: \$25.00 Resident / \$40.00 Regular

## GYMNASIUM ACTIVITIES

Stop by the Community Center to participate in the following gym activities: Court Games (badminton, basketball, volleyball), Pickleball 55+, Pickleball 16+, Open Walking, and Basketball. Schedules are available online and at the Community Center. The cost is free to residents and \$5 per non-resident guest. 2 guest limit per resident, per visit for basketball. Check in required at the front desk.

### TABLE TENNIS & PING PONG

Stop by the front desk to sign in and sign out the equipment.

Fee: FREE Resident / \$5 Regular

Time: Thursdays, 12:00PM - 4:00PM

Fridays, 2:00PM - 5:30PM

Saturdays, 2:00PM - 6:00PM

### PICKLEBALL

One indoor court available for play. Players must sign in at the front desk before entering the gym. Regular gym fees apply. Bring your own equipment or use ours.

Dates: Wednesdays 1/2/19 - 3/27/19

Time: Wednesday nights, see the gym schedule  
for details



## OUTDOOR EDUCATION & NATURE PROGRAMS

All programs are held at the Auburn Hills Community Center while the new Lodge is being constructed at the E. Dale Fisk Hawk Woods Nature Center.

### SNOWMOBILE SAFETY

Open to persons of all ages, but is required for students 12-16 who wish to operate a snowmobile without direct adult supervision. This course is designed to teach you how to be a safe and responsible snowmobiler and includes the latest laws. To earn your certificate, you must attend the full 7 hours of instruction and pass a written state exam and be 12 years of age by March 31, 2019. \$9 material fee due to instructor at first meeting.

Location: Community Center Wesson Room

Dates: Tuesday 1/15/19 & Thursday 1/17/19 #134007

Time: 5:30PM - 9:00PM

Fee: \$12.00 Resident / \$17.00 Regular

### BOY SCOUT MERIT BADGES - SINGLE SESSIONS

Mr. Mike is continuing our Boy Scout merit badge sessions. Sessions meet on Wednesday evenings or Saturday mornings through the season, check online for the full listing. Scouts should bring Blue Cards and Worksheets, and are encouraged to begin with the merit badge booklet or online readings.

Location: Community Center Carriage Room

Date: Varies, please check the website

Time: Varies, please check the website #134008

Fee: \$5 Resident / \$8 Regular

### YOUR NOSE KNOWS

We will begin this activity indoors with an introduction into animal senses, asking questions like, "can you find your mother by her scent?" We will learn how much greater most animals can smell than humans. Includes an outdoor hike along a path with several scents placed in film canisters to test what you learned. When we return to the warm indoors for hot chocolate and a debriefing about animals' scents and other fun things to do outdoors in the winter.

Location: Community Center, Seyburn A

Date: Saturday, 3/9/19

Time: 10:00 AM - 12:00 PM #134004A

1:00 PM - 3:00 PM #134004B

### STEM ACTIVITY: BUILD A MODEL

Learn how to follow directions and build a model using a kit supplied by Home Depot. Work as a team of two as you assemble one of the kits: a wheelbarrow, helicopter, truck, and others.

Location: Community Center, Craft Room

Date: Saturday, 2/9/19

Time: 10:00 AM 11:00 AM #134009

## PROGRAMS FOR SCHOOLS

We will bring the following science programs to your classroom! Each program will take 45 minutes with your class. All the programs are based on the Next Generation Science Standards and Michigan's Objectives. Please call Parks and Recreation at 248-370-9353 to schedule your program and get more information.

### WIGGLE WORMS

This is an early elementary activity wherein students examine live night crawlers using magnification tools, including a digital microscope projected on your screen. Groups of two students will work together to examine the bodies and movement of worms. We will also discuss the habitat of worms!

### ALL ABOUT FLOWERS

Understanding flowers is a critical step in learning about plants and their role in our ecosystem. We will examine freshly cut flowers and focus on identifying the different parts of them.

### GHOST CRYSTALS

Explore these fascinating man-made polymers and their changes from solid to liquid that are invisible in water. Each student will be able to take their own crystals home with the possibility of demonstrating this experiment to their parents and siblings. This activity requires two 45-minute visits to your classroom.

### RALLY ROUND THE ROOM WITH HOT WHEELS CARS FROM AIMS SCIENCE

Bring excitement to Newton's theories while students are challenged to weigh and run their own NEW Hot Wheels Car on a designed challenge in motion. This is a classic activity that requires, a few electronic scales, flat tables and space for the races. We provide NEW cars that the students get to keep!

### DISSECTING OWL PELLETS

Join Mr. Mansour as he challenges your students to dissect Barn Owl pellets and assemble them back into a model display. This hands-on activity helps students to learn and understand the food web of a Barn Owl.

