

City of Auburn Hills Community Center Winter Gym Schedule - 2021

Jan – March 2020	Morning (8AM-12PM)	Afternoon (12PM – 5PM)	Evening (5PM – 9PM)
Monday	Open Walking 8:00A – 9:00A 55+ Pickleball 9:30A – 12:30P	Exercise with Amanda 1:00pm-2:00pm Basketball by HH 3:00P – 5:00P	Basketball by HH 5:00P – 8:30P
Tuesday	Open Walking 8:00A – 9:00A Parent/Tot Gym 10:00A – 12:00P	Open Walking 12:00P-3:00P Basketball by HH 3:00P – 4:00P	Gym Rentals/Fencing 5pm - 7pm
Wednesday	Open Walking 8:00A – 9:00A 55+ Pickleball 9:30A – 12:00P	Line Dancing 12:00P-1:00P Exercise with Amanda 1:00pm-2:00pm Rentals/Fencing 3:00P – 5:00P	Open Walking 5:30P-7:00P Swords Class 7:30P-8:30P
Thursday	Open Walking 8:00A – 9:00A 55+ Pickleball 9:30A – 12:30P	Basketball by HH 2:00P – 4:30P	
Friday	Open Walking 8:00A – 9:00A 55+ Pickleball 9:30A – 12:30P	Exercise with Amanda 1:00pm-2:00pm Basketball by HH 3:30P – 4:30P	
Saturday	ForeverFit 9:15A – 10:15P Basketball by HH 11:00A – 12:00P		

**Call or visit the Auburn Hills Community Center for details
1827 N. Squirrel Rd. (248) 370-9353**

www.auburnhills.org

Winter Gym Schedule

January – March, 2021 (see reverse side for schedule)

Basketball

Specific days/times to play basketball with your household members only. You must call ahead or visit the front desk to reserve your one hour time block. Please bring your own ball if you have one or use one of ours. Residents: FREE with Community Center Card/Regular: \$10 per household per visit

Senior Recreational Pickleball (Ages 55+)

Three indoor courts are available at the Community Center for open, non-competitive play. This is an open play format with no moderator.

Mon/Wed/Thu/Fri. Drop-in Residents: \$3 / Drop-in Regular: \$4

Fitness Classes

You must pre-register to attend the fitness classes listed on the schedule.

Open Walking

Mon-Fri. Walk or jog your way to good health! Resident: Free / Drop-in Regular: \$5

