Create an Email
You can make an email address on any email server (gmail, yahoo, outlook), but make sure you choose an email server with good security. Gmail is through Google, is easy to use, and has great security. Here's how to set up a gmail account:

- Go to accounts.google.com/SignUp
- Fill your first and last name in
- Choose an email address
  - This can be your name, your name and some numbers, or anything you like!
- Choose a password
  - Make sure you make a strong password!
  - Do not make your password your name or anything easy to guess. Add in some numbers and special characters like !, #, or % to make it stronger. Feel free to write your password down in a safe place so that you will remember it.
- Next, enter your phone number. You will receive a text message with a verification code that you will type in the box
- Enter your birthday
- Click "I Agree" to the terms & conditions
- You're all set!

To sign in, go to www.gmail.com and type in your user name, which is the full email address you created (email@gmail.com), click next, then enter your password, click next, and you are logged in and ready to go! You can use this email to sign up for accounts or to keep in touch with friends!

These are the instructions for Gmail and the sign up process for other servers is quite similar. Just do your research & make sure it is secure and a good fit for you!